

# OPEN BOOK



## Audience

Teens or Young Adults

## Length

45-60 mins

**“We question ourselves through others by way of stories, advice, and gestures; and we receive our answers from listening to others reactions”**

Our lives tell a story, sometimes the story we tell with our life helps others find their own narrative. Risks we take give others courage to set off on their own adventure. The challenges and obstacles we overcome provide a necessary dose of perseverance and inspire others to push through to the end of the struggle.

Our mistakes, failures, and regrets are lessons from which we can learn. They are footnotes from which others can seek wisdom. Every chapter of our story is significant, not only for ourselves, the writers, but for others who may read us.

In this session, through an unconventional Q&A format, Johan opens up the book of his life and allows you to choose your own adventure as you write your own story.

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