



THE  
PSALMS  
A WEEKLY READING PLAN

## JANUARY

1-7 Psalm 1-2  
8-14 Psalm 3-4  
15-21 Psalm 5-6  
22-28 Psalm 7-9  
29-Feb 4 Psalm 10-12

## FEBRUARY

5-11 Psalm 13-15  
12-18 Psalm 16-18  
19-25 Psalm 19-21  
26-Mar 4 Psalm 22-24

## MARCH

5-11 Psalm 25-27  
12-18 Psalm 28-30  
19-25 Psalm 31-33  
26-Apr 1 Psalm 34-36

## APRIL

2-8 Psalm 37-39  
9-15 Psalm 40-42  
16-22 Psalm 43-45  
23-29 Psalm 46-48  
30-May 6 Psalm 49-51

## MAY

7-13 Psalm 52-54  
14-20 Psalm 55-57  
21-27 Psalm 58-61  
28-Jun 3 Psalm 62-64

## JUNE

4-10 Psalm 65-67  
11-17 Psalm 68-70  
18-24 Psalm 71-73  
25-Jul 1 Psalm 74-76

## JULY

2-8 Psalm 77-79  
9-15 Psalm 80-82  
16-22 Psalm 83-85  
23-29 Psalm 86-88  
30-Aug 5 Psalm 89-91

## AUGUST

6-12 Psalm 92-94  
13-19 Psalm 95-97  
20-26 Psalm 98-100  
27-Sep 2 Psalm 101-103

## SEPTEMBER

3-9 Psalm 104-106  
10-16 Psalm 107-109  
17-23 Psalm 110-112  
24-30 Psalm 113-115

## OCTOBER

1-7 Psalm 116-118  
8-14 119:1-104  
15-21 119:105-176  
22-28 Psalm 120-122  
29-Nov 4 Psalm 123-125

## NOVEMBER

5-11 Psalm 126-128  
12-18 Psalm 129-131  
19-25 Psalm 132-134  
26-Dec 2 Psalm 135-137

## DECEMBER

3-9 Psalm 138-140  
10-16 Psalm 141-143  
17-23 Psalm 144-146  
24-31 Psalm 147-150