



Miss Shalni
Prowse

Miss Shalni is a long time member of the British Association of Teachers of Dance, from Glasgow, Scotland. Shalni has been teaching dance for 18 years in both Kamloops and the Kootenays. She currently owns and operates a very successful dance school in Kamloops BC. Her dancers have won many championships, including; City of Vancouver, British Columbia Closed (Provincials), Western Canadian Championship & Premiership, Fraser Valley Open, Chinook Open and British Columbia Open. Shalni has had dancers represent BC at the Canadian Championships the last 4 years placing in the top 10 in Canada. She has been dancing herself for 35 years and still performs with her dancers at many of the local shows. This is her passion and she is looking forward to sharing her joy of dance with all the dancers in our area.

Miss Hali Duncan



Hali has been Highland Dancing since the age of 4, taking her practical exams under the S.D.T.A. and became a member of the B.A.T.D. in 2010. She has a degree in Kinesiology (the study of muscle and movement) from the University of Alberta. Hali has danced with the Alberta Caledonia Pipe Band and the Kimberley Pipe Band, and her training includes dancing in highland, ballet, and hip hop.

*Improve your
dancing
Leaps and
Bounds this
Summer*

Sizzling Sumer Hi-Cuts Dance Camp 2016



Presented by:
**Kimberley Cranbrook Highland
Dance Association**
August 29^h – Sept. 1st,
New Location – Kimberley, BC

Special guest instructors – Shalni Prowse &
Hali Duncan

Space is limited. Registration closes July 1st.



*Sizzling Summer Hi-Cuts
Dance Camp is serious fun
for serious dancers.*

- This program will help install discipline, encourage creativity, and will help guide you to excellence.
- Instruction will be provided for 2017 Championship steps
- Half day program for primaries/new beginners
- Training in all Highlands, Nationals, Jigs, Hornpipes, and also Highland Choreography
- Classes will also include exercises and warm-ups, as well as tips and techniques to help improve your conditioning and practice.
- You will improve leaps and bounds in strength, flexibility, coordination and confidence, all while having fun and making new friends



Cost of the camp

The registration will cover cost of the four days of dance camp, a tank top, a wrap-up party, and a showcase to be held on the Thursday afternoon.

Primary/New Beginners (1/2 days) - \$100.00

Beginners to Premier - \$200.00

Private lessons (space limited, first come first serve) - please inquire for more details

**Limited billeting may be available.
Please contact if interested**

Registration Form

Name: _____

Address: _____

Phone#: _____

Email: _____

Age: _____

Category: _____

Medical Concerns: _____

Health care #: _____

Emergency contact: _____

Emergency contact #: _____

Are you looking for private lessons _____

Please send this portion, along with payment to:

Nicole Fulton
1609 Mt. Pyramid Cres
Cranbrook, BC V1C 6K8
(250) 919 6234
nicofult@gmail.com

Please make cheques out to KCHDA