



APPLICATION FOR 300 HOUR MODULAR TEACHER TRAINING

Name _____ Today's Date _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

We're so glad you're honoring SYA by choosing to complete your 300-hour certification from Yoga Alliance through our studio. By signing below, you'll join the program, and acknowledge the following:

1. You have four (4) years from the date of this application to complete your 300 hours of training.
2. You can choose modules as you like, but must complete hours in each category as outlined on the attached Training Requirements sheet. These requirements are set by Yoga Alliance.
3. You are responsible for tracking your own hours in the categories required, and for obtaining signatures from workshop leaders.
4. You are required to complete 25 hours of practicum, which includes peer teaching, assisting and observation. Seattle Yoga Arts will offer five-hour practicum sessions on selected Saturdays, and we will be informing you about these dates. You may schedule hours for assisting and observing public classes directly with Denise Benitez, Amy Reed, Claudette Evans, Ellen Boyle, and Greta Hill. You will be provided with a form to track your practicum hours. The charge per hour for assisting or observing is \$25.
5. You must account for your 30 non-contact hours by writing a paper on a subject of your choice and/or teaching yoga to an under-served population and writing about it. Teacher fees for reviewing papers with you are \$50 per hour.
6. Please submit a copy of your 200-hour Yoga Alliance certification with this application.

Signed: _____

ENCLOSE NONREFUNDABLE DEPOSIT PAYMENT OF \$50

_____ Check enclosed. Mail to address below.

_____ Paying with credit card. (Mastercard or Visa only: Circle one)

Credit Card # _____ Exp Date _____ Code on Back _____

Billing address if not same as your mailing address: _____

Questions? Contact us! We're here to help!