



300-hour Application

for the Seattle Yoga Arts Advanced Teacher Training Program

Name _____ Today's Date _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

We are so honored you are choosing Seattle Yoga Arts to complete your 300-hour Advanced Teacher Training! By signing below, you will be joining the program and acknowledging the following:

1. You have four (4) years from the date of this application to complete your 300 hours of training.
2. You can choose modules as you like, but must complete hours in each category as outlined in the Seattle Yoga Arts **300-hour Requirements Guide**. These requirements are set by Yoga Alliance.
3. You are responsible for tracking your own hours in each of the categories required.
4. You are required to complete 30 hours of practicum, which can be earned through practice teaching, observing others teach, receiving and giving feedback, and assisting while others are teaching.
5. Please submit a copy of your 200-hour Yoga Alliance certification along with this application. Upon completion of this program, you will be eligible to receive your 500-hour RYT certification through Yoga Alliance.

Signed: _____ Date: _____

PLEASE ENCLOSE A NONREFUNDABLE DEPOSIT OF \$100*

**We will apply \$50 of your deposit toward your first 300-hour workshop!*

- Check enclosed. Mail to address below.
- Paying with credit card (*circle one*): Mastercard Visa

Credit Card # _____ Exp Date _____ CVV Code _____

Billing address associated with CC (*if not same as above*): _____

Questions? Contact us! We're here to help!