



200-hour Application

for the Seattle Yoga Arts Teacher Training Program

Name _____ Today's Date _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Your answers will be read only by our core faculty: Denise, Beth, and Ellen.

How long have you been practicing yoga? _____

Have you taken at least 5 classes at SYA? YES NO

Have you taken public classes for at least a year? YES NO

What methods have you studied and/or practiced? _____

Do you have any physical limitations or medical conditions that could affect your involvement in the program? If so, please describe. _____

What is your current occupation? _____

Do you have a regular home asana or meditation practice? _____

Do you currently teach yoga? If so, describe style, where you teach, how many classes per week.

What brings you to this program and what are your personal expectations for this program?

PLEASE ENCLOSE A NONREFUNDABLE DEPOSIT OF \$200*

Check enclosed. Mail to address below.

Paying with credit card (*circle one*): Mastercard Visa

Credit Card # _____ Exp Date _____ CVV Code _____

Billing address associated with CC (*if not same as above*): _____

Please sign here to authorize us to charge your credit card for \$200. _____

****Pay only the \$200 application deposit now. You will be notified within 10 days if you've been accepted into the training; you can make further payments then. If you are NOT accepted, deposit will be refunded.***