

Attention East Sacramento Neighbors

On Thanksgiving morning, Sacramento Food Bank & Family Services will host the 30th annual Run to Feed the Hungry.

Please be advised that over 28,000 runners and walkers will run/walk through our East Sacramento streets between **8:15am and 11:00am on race morning**. We cordially invite you to be a part of this event as a participant or spectator. If you do not want to join us, for the safety of the participants, we respectfully ask that you avoid driving on your street during this time and park your car on your driveway if possible. A map of the course is on the reverse of this sheet and more information may be found at www.runtofeedthehungry.com The following areas will be affected on race morning:

Area 1

1

Your area will be affected between 8:24am – 10:30am. Please avoid driving during this period. If you must leave, please head to the corner of 39th and McKinley Blvd. A police officer will guide you across McKinley Blvd to C St. once there is a gap in runners. C St. and Elvas Ave. are open both directions during the event. **(Note: Runners will arrive at the corner of 39th St. and McKinley Blvd. at approximately 8:32am)**

Area 2

2

Your area will be affected between 8:24am – 9:30am. Please avoid driving during this period. If you must leave, we suggest pre-parking your car before 8:15am either south of H Street to leave via J Street east or north of McKinley Blvd to exit via C St. or Elvas Ave. Elvas Ave. and C St. are open both directions during the event.

3

Area 3

Exit from any street onto C St. C St. and Elvas Ave. are open both directions during the event.

4

Area 4

Exit from any street to Elvas Ave. Turn right or left on Elvas Ave.

5

Area 5

Your area will be affected between 8:24am – 9:15am. Please exit on to J Street and head west. Neighbors who live on 41st St. between J and H Streets will be most affected. Event participants will be headed down your street from 8:24am – 10:30am. Please consider parking your car on a side street south of J St. and west of 41st St. prior to 8:15am in order to easily leave the area event morning.

6

Area 6

Your area will be affected between 8:20 – 10:20am. Please avoid driving during this time period. If you must drive, consider pre-parking your vehicle west of 41st St. or east of 45th St. prior to 8:15am in order to easily leave the area event morning. If you park west of 4st St. you'll head west on Folsom Blvd. If you park east of 45th St., you'll head east on Folsom Blvd. to leave the area.

7

Area 7

This is a difficult one. Your area will be affected between 8:19 – 10:30am. Please avoid driving during this time. If you must leave during this time, we recommend you pre-park your vehicle on the south side of J Street on 46th Street and leave the area via Folsom Blvd. east or on the south side of J Street on 40th Street and leave the area via Folsom Blvd. west.

8

Area 8

Your area will be affected between 8:15 – 11:00am. Please avoid driving during this time period. If you must drive, please pre-park your vehicle south of J St. (between 47th St. and 56th St. in order to easily leave via Folsom Blvd. east during the event. J St. will open to westbound traffic at approximately 10:30am. Runners and walkers should clear 47th and J Street by 9:40am, at this time you'll be able to head south to Folsom Blvd. to exit east on Folsom Blvd.

9

Area 9

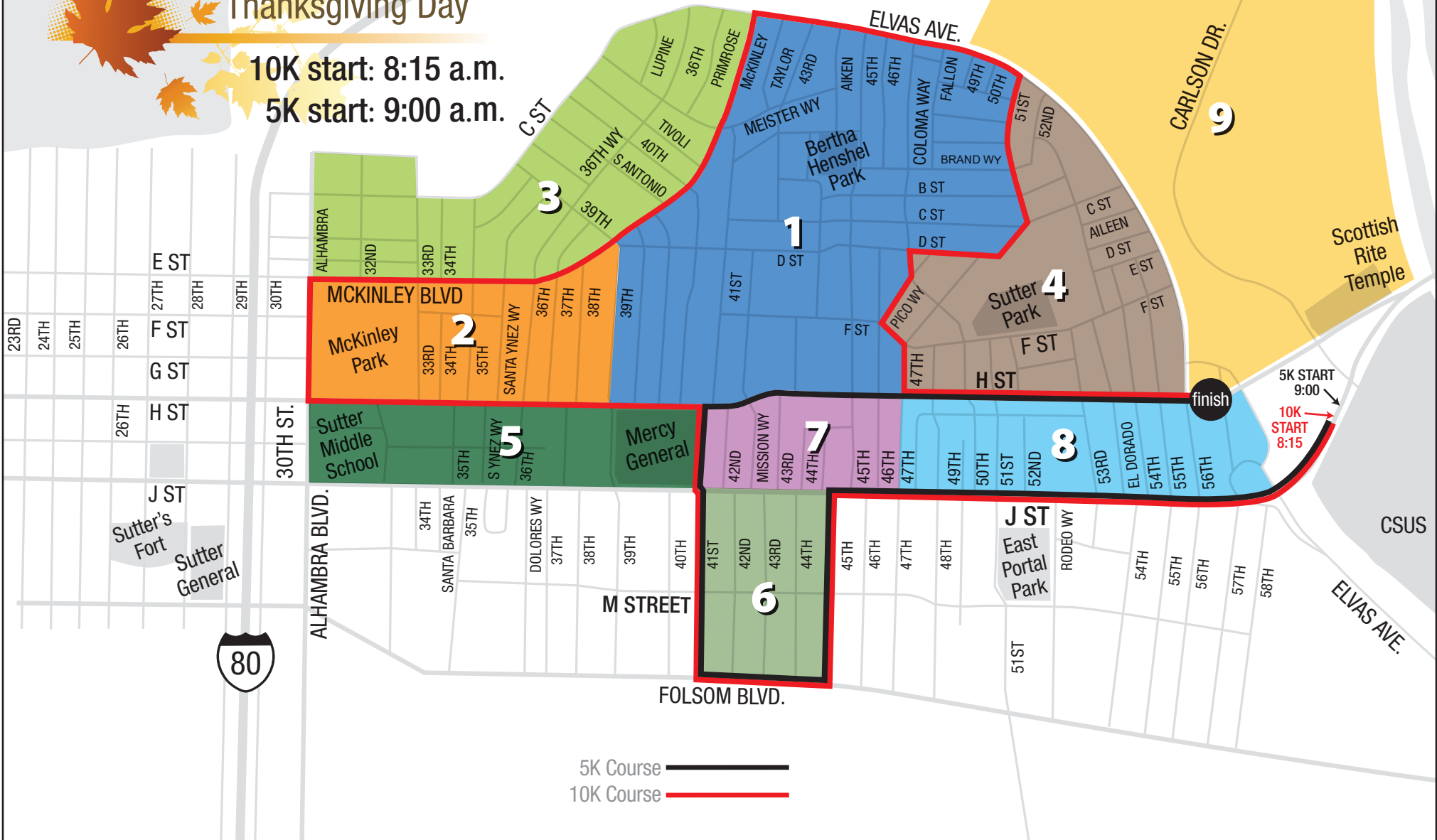
River Park Residents: You may exit from Carlson Dr. to H St. before 7:00am and turn right onto 57th St. to reach Elvas Ave. If leaving River Park after 7:00am, River Park residents must exit via Camellia Ave. and head east over the H St. Bridge. Guests of River Park residents can enter River Park by traveling over the H St. Bridge and entering on Camellia Dr. Guest and River Park resident must tell the police officer stationed at Cadillac Drive (the last street before the H St. Bridge) that they are headed to River Park. The officer is instructed to allow only River Park traffic to cross the H St. Bridge between 7am - 11:30am.

RUN TO FEED THE HUNGRY®

Thanksgiving Day

10K start: 8:15 a.m.

5K start: 9:00 a.m.



5K Course ———
10K Course ———