

# Psalm 103

## Praise the Lord for all his saving benefits!

(*The Lutheran Study Bible*, pages 945–946)

### Look

Psalms 103 and 104 form a pair, with each being a psalm of praise. This psalm praises God primarily for his work of salvation, while Psalm 104 focuses more on God's creation.

Verse 18      *“Those who keep his covenant”*—On the surface, it may sound as if God's love is earned by our keeping his laws. On the contrary, those who know God's love show their love for God by serving him. The psalmist is merely identifying those who love God.

### Discuss

1. In verses 2–13, you see many different ways of talking about God's love. How many different expressions of God's love can you find? Which of those is your favorite, and why?
2. There is one theme that comes through again and again in verses 2–13. Can you identify it? Why might it be the foundation for all the expressions of God's love found in these verses?
3. Verses 14–18 make the same comforting contrast that we noted in Psalm 102. What is that contrast, and why is it comforting?
4. Verse 19 tells us that God's kingdom rules over all. From the first verses of this psalm, describe what God's rule is like?
5. What is creation's response to God's rule?

### Apply

6. The psalmist compares God's love to the love of a good father. The best parent is one who looks at and emulates God. Come up with a “top five” list of things you can learn about parenting from your heavenly Father.

*God's love is expressed in many ways. When we meditate on those ways, we can say only one thing: “Bless the Lord!”*