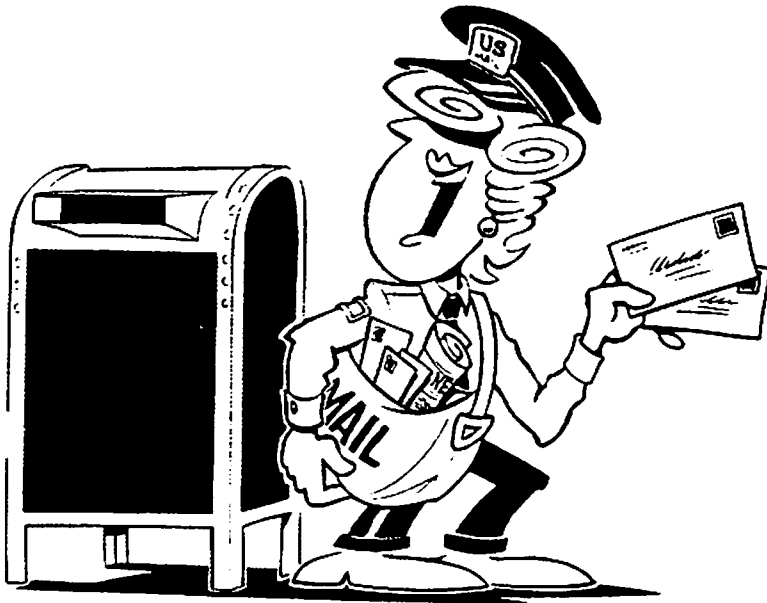


# ENCOURAGEMENT CARDS

OLYMPIAN'S NAME \_\_\_\_\_

GRADE \_\_\_\_\_



**INDIVIDUAL  
CHRISTIAN SERVICE**

## **PURPOSE**

AN OPPORTUNITY TO SHOW  
YOUR APPRECIATION AND  
ENCOURAGE THE LEADERS  
WHO MINISTER TO YOU  
EACH WEEK.

## **PROCEDURE**

Make or purchase a card for at least 3 of your Olympian Leaders. Share something you appreciate about them and thank them for the work they do.

I SENT ENCOURAGEMENT CARDS TO THE FOLLOWING LEADERS:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

\_\_\_\_\_  
PARENT'S OR LEADER'S SIGNATURE

# GET WELL CARDS

OLYMPIAN'S NAME \_\_\_\_\_

GRADE \_\_\_\_\_



**INDIVIDUAL  
CHRISTIAN SERVICE**

## **PURPOSE**

TO SHOW LOVE AND  
CONCERN FOR A SICK FRIEND.



## **PROCEDURE**

Make and decorate/color a Get Well card for a sick friend. Put it in the mail or take it to their home. Also be sure to pray each day for your friend.

I MADE A CARD FOR

\_\_\_\_\_

PARENT'S OR LEADER'S SIGNATURE \_\_\_\_\_

# GIVING THANKS

OLYMPIAN'S NAME \_\_\_\_\_

GRADE \_\_\_\_\_



**INDIVIDUAL  
CHRISTIAN SERVICE**

## **PURPOSE**

TO GUIDE YOU IN TEACHING  
YOUR FAMILY THE  
IMPORTANCE OF GIVING  
THANKS TO GOD FOR **ALL**  
THAT HE HAS DONE FOR  
YOU.

## **PROCEDURE**

Gather your family together for a lesson on thankfulness.

1. Have each person name at least 3 things for which they are thankful.
2. Read Ephesians 5:20 and ask what command is given in the verse.

Should we be thankful for the hard times as well as the good times?

3. Choose someone to read James 1:2 & 3.

Have each person give an example of a trial or test. Are we thankful for this trial or test? Should we be thankful for trials and testing?

4. Read Proverbs 3:5 & 6

We are to give thanks in **EVERYTHING!**

MY CHILD(REN) LED IN A NIGHT OF THANKSGIVING.

\_\_\_\_\_  
PARENT'S SIGNATURE

# HELPING HANDS AT HOME

OLYMPIAN'S NAME \_\_\_\_\_

GRADE \_\_\_\_\_



**INDIVIDUAL  
CHRISTIAN SERVICE**

## **PURPOSE**

TO MINISTER TO OTHERS  
BY USING OUR HANDS.



## **PROCEDURE**

- \_\_\_\_\_ ACTIVITY 1: Serve a snack or meal to your family.
- \_\_\_\_\_ ACTIVITY 2: Help with outdoor work for 15 minutes.
- \_\_\_\_\_ ACTIVITY 3: Ask your parent, "How can I help you?" Then do what they ask you to do.
- \_\_\_\_\_ ACTIVITY 4: Put away 5 different things around your house that are not where they belong.
- \_\_\_\_\_ ACTIVITY 5: Help someone else clean their room or make their bed.

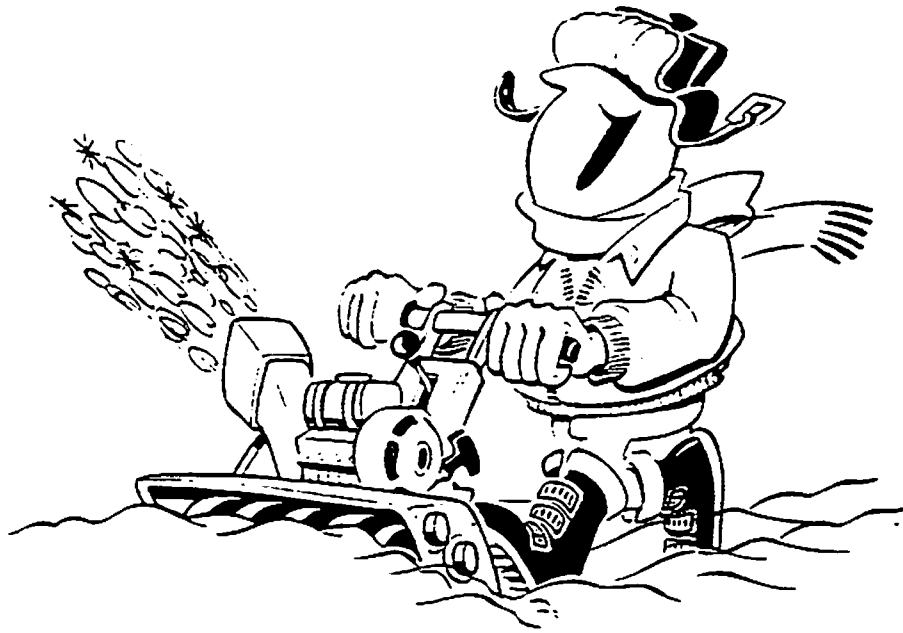
PARENTS: SIGN THE APPROPRIATE ACTIVITY AS YOUR CHILD PERFORMS EACH TASK.

PARENT'S OR LEADER'S SIGNATURE \_\_\_\_\_

# MINISTRY OF HELPS

OLYMPIAN'S NAME \_\_\_\_\_

GRADE \_\_\_\_\_



**INDIVIDUAL  
CHRISTIAN SERVICE**

## **PURPOSE**

TO BE OF HELP TO THOSE  
IN NEED AND SHOW THEM  
CHRIST'S LOVE.

## **PROCEDURE**

Choose one of the items below and do it free of charge.

**Rake Leaves** – Find a person who has lots of leaves in their yard and offer to rake them. Rake and dispose of the leaves for them. Tell them you are doing it because the Lord has told us to help others.

**Shovel Snow** – Find a person who needs their driveway, porch or walks cleared. Make sure you do a good job and tell them you are doing it because the Lord has told us to help others.

**Yard Clean Up** – Find a person who needs some yard work done. This could be raking grass, gathering sticks or stones, weeding flower beds, etc. Tell them you are doing it because the Lord has told us to help others.

**House Work** – Find a person who needs their house swept, dishes washed or other household chores done and do it for them. Tell them you are doing it because the Lord has told us to help others.

DO THE MINISTRY OF HELPS FOR \_\_\_\_\_

\_\_\_\_\_  
PARENT'S OR LEADER'S SIGNATURE

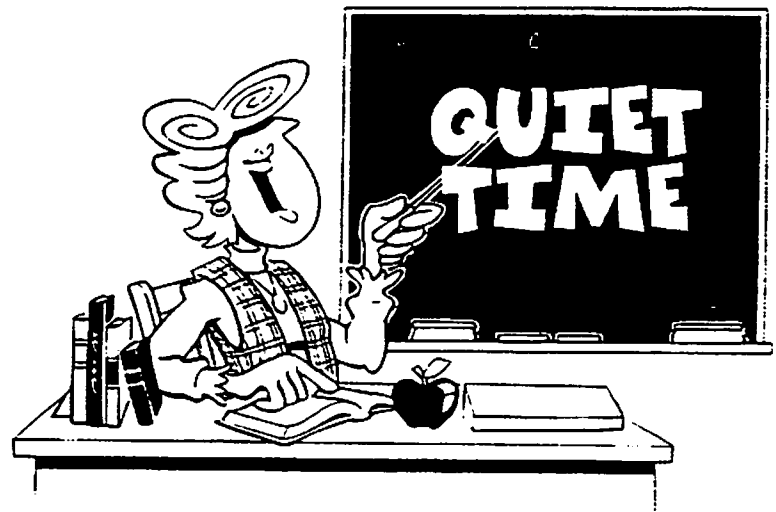
# MINISTRY TO COLLEGE STUDENT

OLYMPIAN'S NAME \_\_\_\_\_

GRADE \_\_\_\_\_



**INDIVIDUAL  
CHRISTIAN SERVICE**



## **PURPOSE**

TO SHOW LOVE AND  
FRIENDSHIP TO A COLLEGE  
STUDENT.

## **PROCEDURE**

Choose a college student from your church who is living away from home.  
Do at least 3 of the following items.

1. Draw a picture.
2. Send a picture of yourself.
3. Write a letter telling what is happening at church.
4. Include a bulletin from the most recent church service.
5. Share with them something that God is teaching you through Club, Sunday School or Church.
6. Share something you learned in your Quiet Time Adventure this week.

I SENT A LETTER TO \_\_\_\_\_

PARENT'S OR LEADER'S SIGNATURE \_\_\_\_\_

# MINISTRY TO ELDERLY

OLYMPIAN'S NAME \_\_\_\_\_

GRADE \_\_\_\_\_



**INDIVIDUAL  
CHRISTIAN SERVICE**

## **PURPOSE**

TO REACH OUT TO THE  
ELDERLY AND BE AN  
ENCOURAGEMENT TO THEM.

## **PROCEDURE**

Visit an elderly person that you can help by reading to them, doing the dishes, taking out the trash or making a gift for them. Be an encouragement to them!

I VISITED (NAME OF PERSON) \_\_\_\_\_

LIST ONE THING YOU DID FOR THEM \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
PARENT'S SIGNATURE

# MISSIONARY LETTER

OLYMPIAN'S NAME \_\_\_\_\_

GRADE \_\_\_\_\_



**INDIVIDUAL  
CHRISTIAN SERVICE**



## PURPOSE

TO WRITE TO A CHILD OF A MISSIONARY YOUR CHURCH SUPPORTS AND LEARN WHAT THEY DO AND WHAT IT IS LIKE BEING A MISSIONARY. ASK THEM FOR SPECIFIC PRAYER REQUESTS.

## PROCEDURE

Get the address of a missionary child who is about your age and write them telling them about yourself. Tell them about your family, school and community. Ask them questions about themselves. For instance, you could ask them about their school, church, about the country they live in, etc.

I WROTE TO (MISSIONARY CHILD'S NAME) \_\_\_\_\_

WHO LIVES IN (NAME OF COUNTRY) \_\_\_\_\_

PARENT'S OR LEADER'S SIGNATURE \_\_\_\_\_



# PRAY FOR AN ADULT

OLYMPIAN'S NAME \_\_\_\_\_

GRADE \_\_\_\_\_



**INDIVIDUAL  
CHRISTIAN SERVICE**

## **PURPOSE**

TO BE CONCERNED FOR OTHERS AND TO PRAY FOR THEM. THIS WILL GIVE YOU A CHANCE TO PRAY FOR THEIR NEEDS AND SEE HOW GOD ANSWERS YOUR PRAYERS.

## **PROCEDURE**

Go to an adult and ask them for prayer requests. Make a list of these requests and pray for them everyday for the next week.

**SUNDAY**

**THURSDAY**

**MONDAY**

**FRIDAY**

**TUESDAY**

**SATURDAY**

**WEDNESDAY**

\_\_\_\_\_  
PARENT'S OR LEADER'S SIGNATURE

# PRAY WITH A FRIEND

OLYMPIAN'S NAME \_\_\_\_\_

GRADE \_\_\_\_\_



**INDIVIDUAL  
CHRISTIAN SERVICE**



## PURPOSE

TO PRAY WITH A FRIEND  
AND SHARE REQUESTS THAT  
YOU CAN PRAY FOR DURING  
THAT WEEK.

## PROCEDURE

Meet with a friend and list their prayer requests below. Circle each day that you prayed for their request.

1. \_\_\_\_\_  
Sunday   Monday   Tuesday   Wednesday   Thursday   Friday   Saturday
2. \_\_\_\_\_  
Sunday   Monday   Tuesday   Wednesday   Thursday   Friday   Saturday
3. \_\_\_\_\_  
Sunday   Monday   Tuesday   Wednesday   Thursday   Friday   Saturday
4. \_\_\_\_\_  
Sunday   Monday   Tuesday   Wednesday   Thursday   Friday   Saturday

PARENT'S OR LEADER'S SIGNATURE \_\_\_\_\_

# TELEPHONE MINISTRY

OLYMPIAN'S NAME \_\_\_\_\_

GRADE \_\_\_\_\_



**INDIVIDUAL  
CHRISTIAN SERVICE**

## **PURPOSE**

TO CALL AND PRAY FOR A  
FRIEND WHO IS ILL OR A  
SHUT-IN WHO IS LONELY.

## **PROCEDURE**

Call a friend or shut-in and ask them for prayer requests. Put them in your Quiet Time Adventure Prayer List and pray for them every day for a week.

I CALLED (NAME OF PERSON) \_\_\_\_\_  
AND PUT THEM ON MY PRAYER LIST.

YES, I HAVE PRAYED FOR THEM THIS WEEK.

\_\_\_\_\_  
PARENT'S OR LEADER'S SIGNATURE

# THANK YOU LETTER

OLYMPIAN'S NAME \_\_\_\_\_

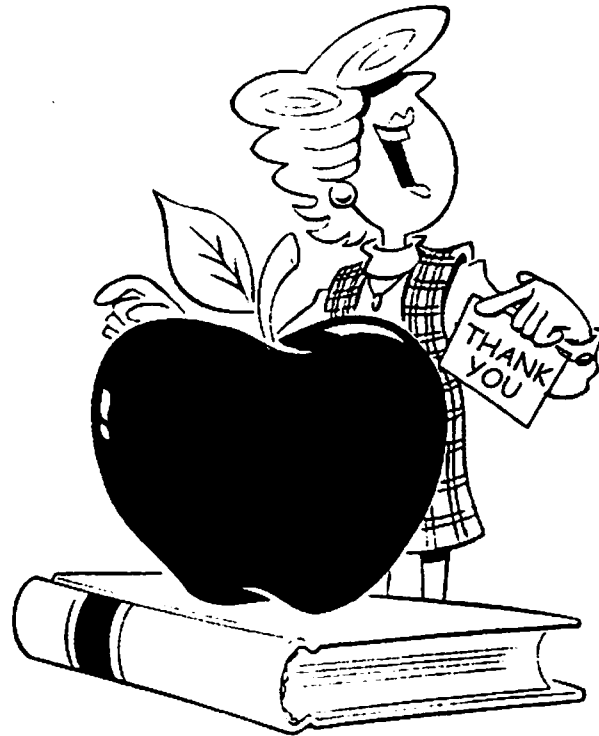
GRADE \_\_\_\_\_



**INDIVIDUAL  
CHRISTIAN SERVICE**

## PURPOSE

TO GIVE ENCOURAGEMENT  
TO THOSE WHO SERVE THE  
LORD BY WRITING THEM A  
THANK YOU LETTER.



## PROCEDURE

Write a thank you letter to your Pastor, Sunday School teacher or one of your Olympian Leaders and thank them for what they are doing for you.

I WROTE A THANK YOU LETTER TO \_\_\_\_\_

SHOW THE LETTER TO YOUR CLUB LEADER OR A PARENT.

PARENT'S OR LEADER'S SIGNATURE \_\_\_\_\_

# ABSENTEE VISITATION

OLYMPIAN'S NAME \_\_\_\_\_

GRADE \_\_\_\_\_



**INDIVIDUAL  
CHRISTIAN SERVICE**

## PURPOSE

TO MAKE CONTACT WITH THOSE WHO HAVE BEEN ABSENT FROM OLYMPIAN CLUB OR SUNDAY SCHOOL AND ENCOURAGE THEM TO COME BACK TO SUNDAY SCHOOL OR CLUB. THIS WILL SHOW THEM THAT SOMEONE CARES AND NOTICES WHEN THEY ARE ABSENT.



## PROCEDURE

Arrange a date to go visit absentees with your Olympian Leader, Pastor or Sunday School teacher. Let the absentee know that you miss them and tell them about upcoming events. Watch and listen to your leader as they counsel and encourage them.

I WENT TO VISIT \_\_\_\_\_ WHO HAS BEEN ABSENT.

SIGNATURE OF PERSON WITH WHOM YOU WENT \_\_\_\_\_