

2021

SECOND MILE
HARTI



ANNUAL REPORT

We are a Fierce community of Haitian professionals, advocates, board members, donors, parents, kids, and families fighting for a more equitable future for Haitian mothers and children.

You belong here.

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WHO WE ARE





LETTER TO OUR SUPPORTERS

Dearest Friends,

To write you is such a privilege and I want start by thanking you for your support this year.

Haiti had one of her hardest years in recent history. And it was without a doubt my hardest year in 10+ years of living in this beautiful country. There was a 7.2 magnitude earthquake, the assassination of Haiti's president, kidnappings, a severe and ongoing fuel crisis, hospital closures, and the continued threat of a global pandemic.

2021 overflowed with challenges, and yet, at Second Mile Haiti, we still managed to reach our goals. We opened a second Maternity Center and began preparing for the inevitable rise in childhood malnutrition that is expected to come after this year of crisis by constructing our second Malnutrition Treatment center (set to open in the new year). We watched as organizations pulled their people out of Haiti and closed their doors, and yet through it all, all of our centers remained open.

You made this possible. Because of you families were supported through a major earthquake, through the challenges of pregnancy and birth in a country under constant threat, through employment and education, joy and grief, illness and recovery, new businesses and new babies.

I've always said that I have the best job in the world. I get to work with the most passionate people, including our team in Haiti, the recipients of the support we strive to provide, and those who give to make it all possible. In 2021 I, was reminded how much we need each other.

Thank you for your support this year and always.

With love from Haiti,

**Jenn Schenk,
Executive Director**

Our mission is to fight childhood malnutrition and improve outcomes for impoverished children in Haiti through a **holistic, caregiver-centered approach** that meets immediate needs for food and health care through live-in malnutrition and maternity centers and invests in families through education, training, and income-generating business activities.

VISION

a world without orphanages

Since our founding in 2012, we have been envisioning ways to come alongside Haitian caregivers so that families can remain whole even when conditions like poverty and Severe Acute Malnutrition threaten to tear them apart.

In 2017 our vision expanded from keeping families together to keeping mothers and their newborns alive. We envision a world where all Haiti families thrive, together.



WHERE WE WORK

Northern Haiti

Haiti has the highest rate of maternal, infant, and child mortality in the Western Hemisphere.

1 in 10 children will not reach the age of 5



What is The Second Mile?

Before Second Mile Haiti, families with sick & special needs children often turned to orphanages in desperation. Only in the best case scenarios would these children survive. And even then, their parents learned nothing about their condition or the steps taken to nurse their child back to health.

In 2011, we set out to answer this question: What could we do to give children the best possible chance to stay with their families and thrive?

The answer? The Second Mile:

a 3-step approach to **treating** and **preventing** childhood malnutrition and **keeping families together**

1.

Immediate nutritional and medical support to save the child's life

2.

Education, training, & investment in child's caregiver to strengthen the entire family




3.

Community-wide access to family planning, pre and postnatal care, and midwife-attended births



WHAT WE DO

SECOND MILE HAITI FAMILY CENTER:

-  1 x MALNUTRITION TREATMENT CENTER
-  1 x MATERNITY CENTER (W/ BIRTH CENTER)
-  1 x COMMUNITY OUTREACH & EDUCATION BLDG

SITE #1: Cap Haitien Family Center

SITE #2: San Raphael Family Center

WHAT IS A FAMILY CENTER?

A Second Mile Haiti Family Center is a one-stop shop for our 3 main program areas. A Family Center is comprised of each of the following:

a **Malnutrition Treatment Center** for the residential rehabilitation of children with Severe Acute Malnutrition and their caregivers,

a **Maternity Center** offering pre- and postnatal care, birth services, family planning, and childhood vaccinations,

and a **Community Education Center** for hosting group education classes and community programs.

-  **Malnutrition Treatment & Prevention SERVICE AREA**
-  **Maternal, Newborn, & Reproductive Health Community Outreach & Education SERVICE AREA**

A TRIP THROUGH TIME

TIMELINE

2011 : The vision is born. Second Mile Haiti becomes a 501c3 in March 2012.

2013 SITE #1

The 1st Malnutrition Treatment Center opens on Mother's Day with 12 beds, a garden, and an education center.



Second Mile launches community programs. Cap Haitien Treatment Center doubles in capacity.

2015



2017



Construction begins on Second Mile's 1st Midwife-led Maternity Center



The Maternity Center opens. Women begin seeking care for themselves and their newborns during and after pregnancy.

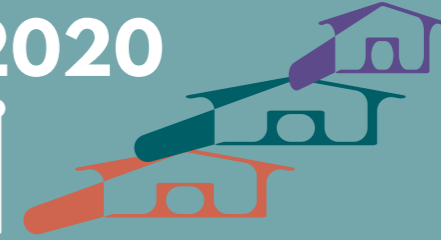
2018

The birthing wing opens. 91 healthy babies are born in the first year.

2019



2020



Construction begins at Second Mile Haiti's 2nd Maternity and Malnutrition Treatment Centers at the San Raphael Family Center campus.



2021 SITE #2

Second Mile Haiti expands services to San Raphael with the Grand Opening of the San Raphael Maternity Center.



2012

Construction begins on the 1st Second Mile Haiti campus in Cap Haitien, Haiti



EMPLOYMENT

54 full-time employees

with health insurance, paid time off, parental leave, and retirement benefits

With a Gross Domestic Product (GDP) of \$1,149.50 USD per capita, Haiti is among the most economically impoverished nations in the world.

As economic instability continues to threaten Haitian lives, Second Mile remains committed to the dignified employment of Haitian personnel with above-standard wages and benefits.



GENDER EQUITY

Women make up half the world's population, yet are widely underrepresented in advanced employment, education, and leadership opportunities.

At Second Mile Haiti, we are driven by the shared experiences of Haitian women with their voices leading our efforts from the highest levels. Founded by two women, we understand the power women bring to efforts aimed at lifting others.

As the saying goes, "When women hold the bread, everyone eats."



IMPACT

100% of Second Mile employees live in Haiti.

68%
of staff members

64%
of board members

55%
of people in leadership

94%
of people served

are women

TREATING MALNUTRITION

The Malnutrition Treatment Center is a residential center staffed by nurses, therapists, educators, and psychologists that offers families and communities a comprehensive approach to treating and preventing childhood malnutrition.

An estimated 1 in 10 children in Haiti are suffering from undernutrition. Another 1 in 20 are acutely malnourished and may die if treatment is not delivered in time.

Second Mile Haiti provides immediate care to save the lives of acutely malnourished children while supporting caregivers in a ways that puts an end to the cycle of undernutrition in families. For most families, their first stay at the Center is also their last.

See "Follow-Up Care."

INVESTING IN CAREGIVERS

160

avg. hours of caregiver education per stay

+7 hrs of individual psychosocial support

78

businesses

launched by caregiver graduates with investment from Second Mile Haiti

301

children & caregivers

housed for holistic malnutrition recovery



IMPACT

While their children recover, caregivers participate in health, business, literacy, and gardening classes and become experts in malnutrition prevention.

80% of caregivers also receive a business package once their child recovers. What begins as a collection of merchandise in many cases transforms into a successful enterprise with products that are specific to the markets and needs of the community each caregiver calls home,

FOLLOW-UP CARE

Second Mile's support for families doesn't end when they leave the Treatment Center.

We support families in the vulnerable period following malnutrition recovery through follow-up visits at home and at the center, with continued access to our nurses and psychologists.

By providing access to education and continued support, Second Mile helps break cycles of generational poverty and keep families together.

<0.4% relapse rate

Only 2 of the 542 children seen during follow-up visits this year were re-admitted to the center.

IMPACT



80 scholarships

Education in Haiti is not free. Thanks to new school sponsors, 80 formerly malnourished children received full scholarships for the '21-'22 school year.

1,535 follow-up visits

542 formerly malnourished children were evaluated during 1,535 follow-up visits (at the center and at home)

SCHOOL SPONSORSHIP

IMPACT

375
home
gardens

started by graduates
of the Malnutrition
Treatment program
& their neighbors

1,116
fruit trees

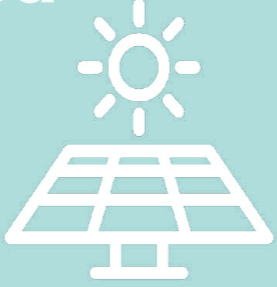
distributed to
program
participants and
planted
at households in
nearby communities

641
pounds of
produce

produced at Second
Mile Haiti's
practice garden &
food forest

2,720
fuel gallons
saved

through
solar
power



At Second Mile, we take extra measures wherever we can to care for the earth. We reduce our impact on the planet by composting, avoiding single-use plastics, buying in bulk, and caring for our resources, all while running all three of our health centers entirely on solar power. We also work hard to support local efforts to grow & consume food locally.

In Cap Haitien and in San Raphael, we maintain vegetable gardens which provide food for the meals we prepare onsite and share with the parents of recovering children. And since 2020 we have helped 713 women start vegetable gardens at home. In our nursery, we start fruit trees to share with program participants and community members. Thousands of fruit trees dot the communities around our centers, serving as an added source of income and providing food for generations to come.

FOOD & ENVIRONMENT

JOB CREATION

627
income
generating
opportunities

79
new jobs in
yogurt
& coconut oil
production

IMPACT



Amos

Neldine

Polina

What is an Income Generating Activity (IGA)? And why are we working so hard to make more of them?

An IGA is just that, an activity that generates income.

Between the businesses we help caregiver's launch when their children recover from malnutrition, to the goats we give graduates of our community programs, supporting parents by creating IGAs is one of the main ways you help us prevent malnutrition and keep families together.

This year we focused on creating jobs through the production of coconut oil and yogurt at our Cap Haitien campus.

The result was 79 new jobs.

Thirty-five women earned income through coconut oil production, thirty-five individuals earned income selling yogurt, and 9 individuals earned income by selling Tou Natirél fresh milk and raw coconuts.

As products produced through "Tou Natirél", our social business, grew in popularity in 2021, more jobs become available for parents like Amos, Polina, and Neldine.

PRENATAL CARE

We support Haitian women throughout pregnancy through a comprehensive prenatal care program designed to diagnose and treat potentially life-threatening complications while paving the way for a safe and empowering birth experience.

Our team consists of 14 licensed nurses, midwives, and nurse-midwives. Women are cared for individually and are provided with lab tests, medications, vitamins, supplements, and referrals when needed.

1,078 women served in **4,320** visits
at **2** Maternity Centers



396
women

served during
727 visits



IMPACT

Access to Family Planning reduces maternal and infant mortality.

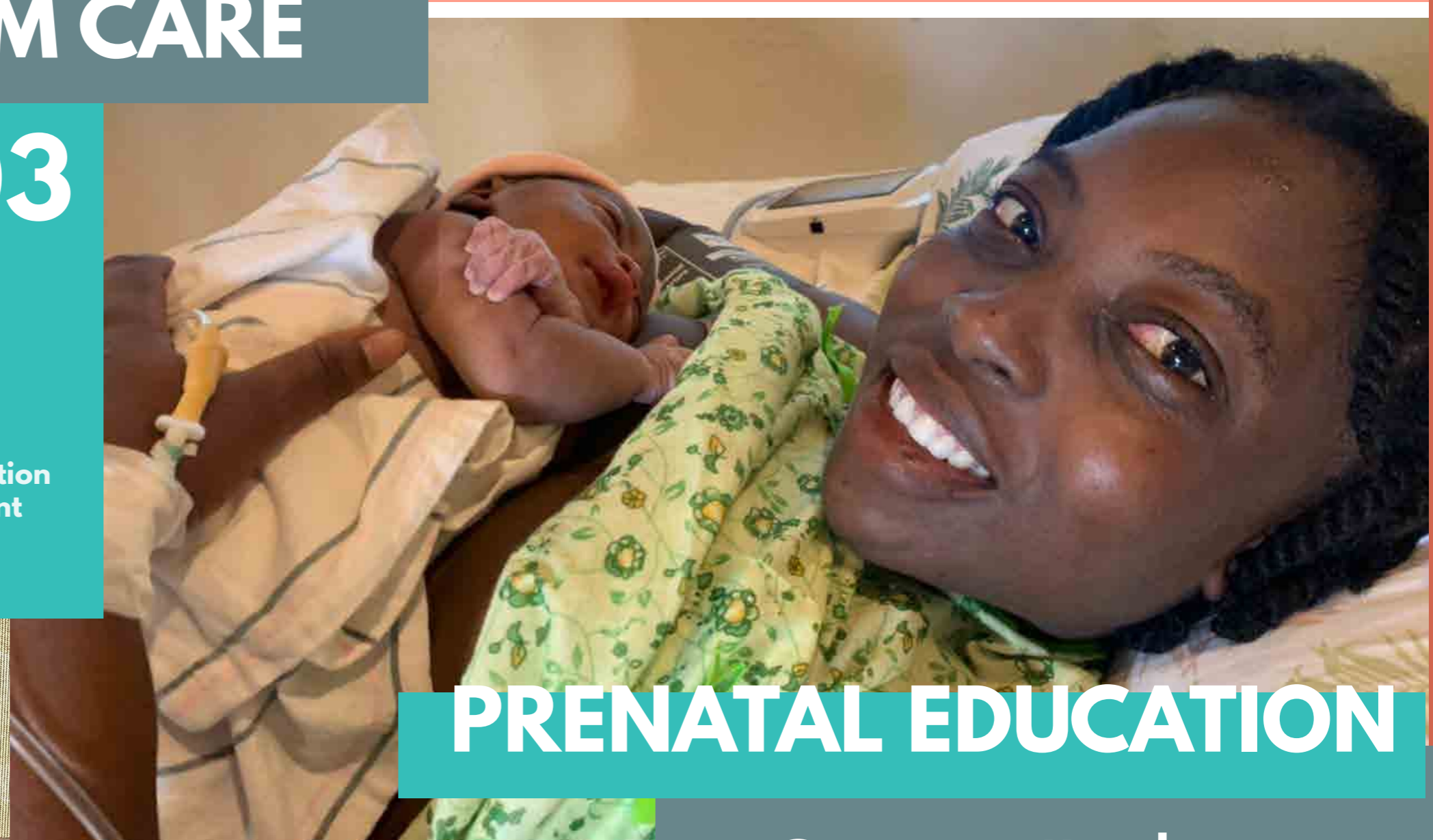
At Second Mile, we offer access to 7 different family planning methods including IUD, implant, Depoprovera injection, and vasectomy.

In 2021 we distributed 18,816 condoms.

All Family Planning supplies are donated by our partners and are free of cost to clients.

FAMILY PLANNING

BIRTH & POSTPARTUM CARE



306

safe births

at our Cap-Haitien birth center

48

hospital transfers

for preeclampsia, placenta previa, preterm labor & other complications

1,803

post-partum visits

including lactation support & infant vaccination

PRENATAL EDUCATION

50

avg. attendees per week (2,382 total attendees)

50

weeks of education (2 hours per session)

8

unique classes led by Midwives



IMPACT

The KMP Birthing Unit is open 24/7 for birthing families. Compassionate and skilled Midwives and Nurses work to provide a supportive and positive experience for the birthing person, their family, and the new baby. We offer a safe, comfortable place to give birth and rest for at least 24 hours after birth. In case of emergency, we provide life-saving emergency care & transport to the nearest hospital.

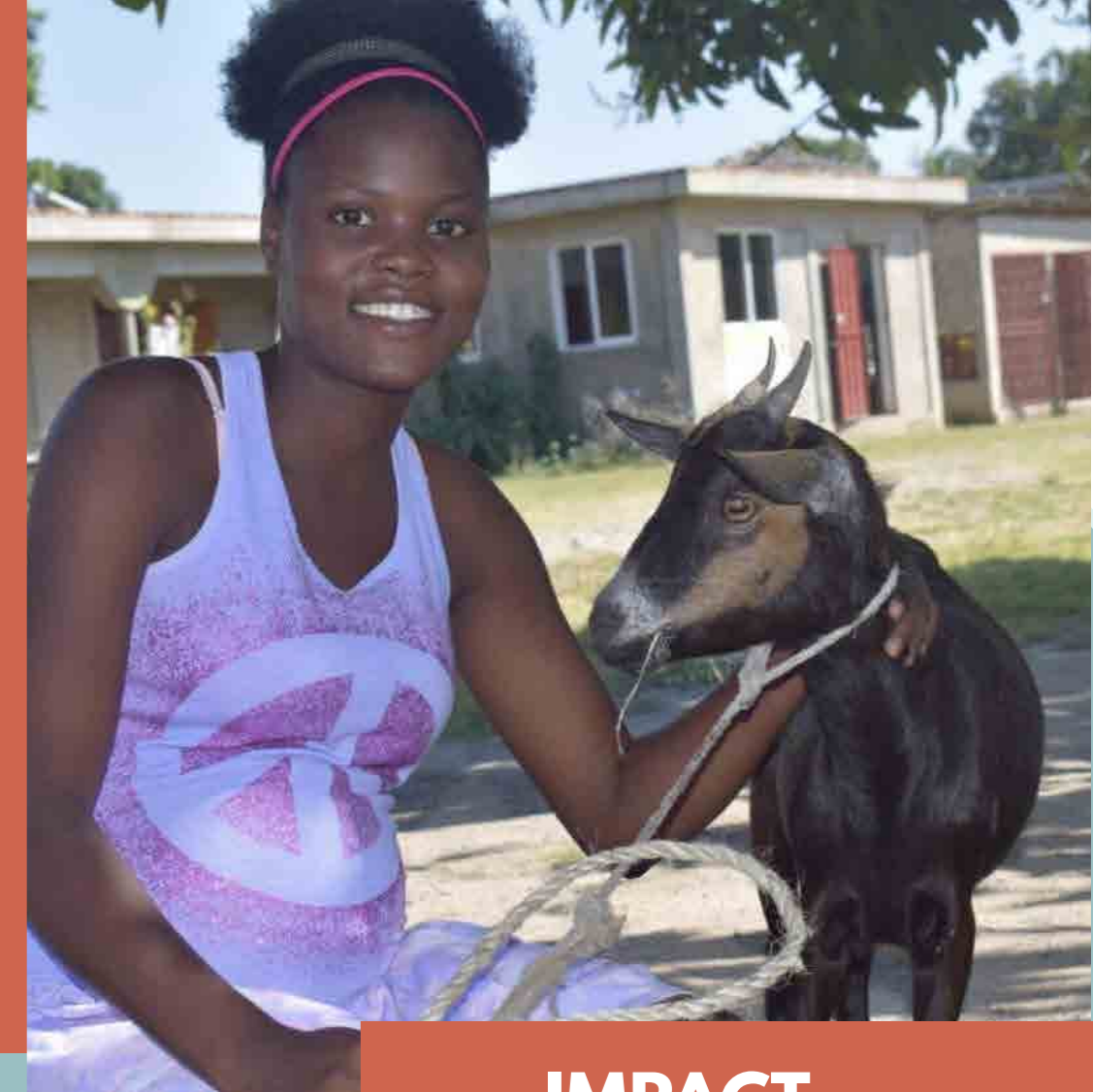
2,736 hours of
adult
education
across all
program areas



120 participants
in community education program
including 60 kids (ages 10-15)

4 communities
impacted
program sessions reached
participants from
4 distinct communities

120 goats
received



IMPACT

MALNUTRITION PREVENTION THROUGH COMMUNITY EDUCATION

Strong communities are full of individuals who know how to care for one another. At Second Mile we offer a 45-hour community building course that covers topics ranging from nutrition and health to family planning and gender-based violence.

Men and women are included in this program in equal numbers so that responsibilities can be shared across gender lines and graduates receive a

goat to aid their families through income generation. Since 2016, 700 adults from 12 communities have participated.

This year, for the first time, we held special sessions for youth aged 10-15. During three weeks together, kids gained valuable knowledge, sharpened their community-building skills, and learned how to promote healthy behaviors among their peers.



7,600
 lbs of
 medical
 relief

distributed to hospitals
 and clinics in the
 affected zones

4
 planes

filled with supplies
 departed from Cap
 Haitien, bound for
 Earthquake
 Victims in Les
 Cayes

\$20K
 spent in
 Haiti

Donor dollars were
 used directly in Haiti,
 thereby improving
 her ability to recover
 post-disaster.

EARTHQUAKE RELIEF

On August 14th, a 7.2 magnitude earthquake rocked Haiti's Southern Peninsula causing widespread damage and devastation. In the hours following the earthquake, Second Mile Haiti responded, using our energy and expertise to coordinate a local effort to purchase urgently needed medical supplies and to sort, pack, and send them by plane to the South of Haiti.

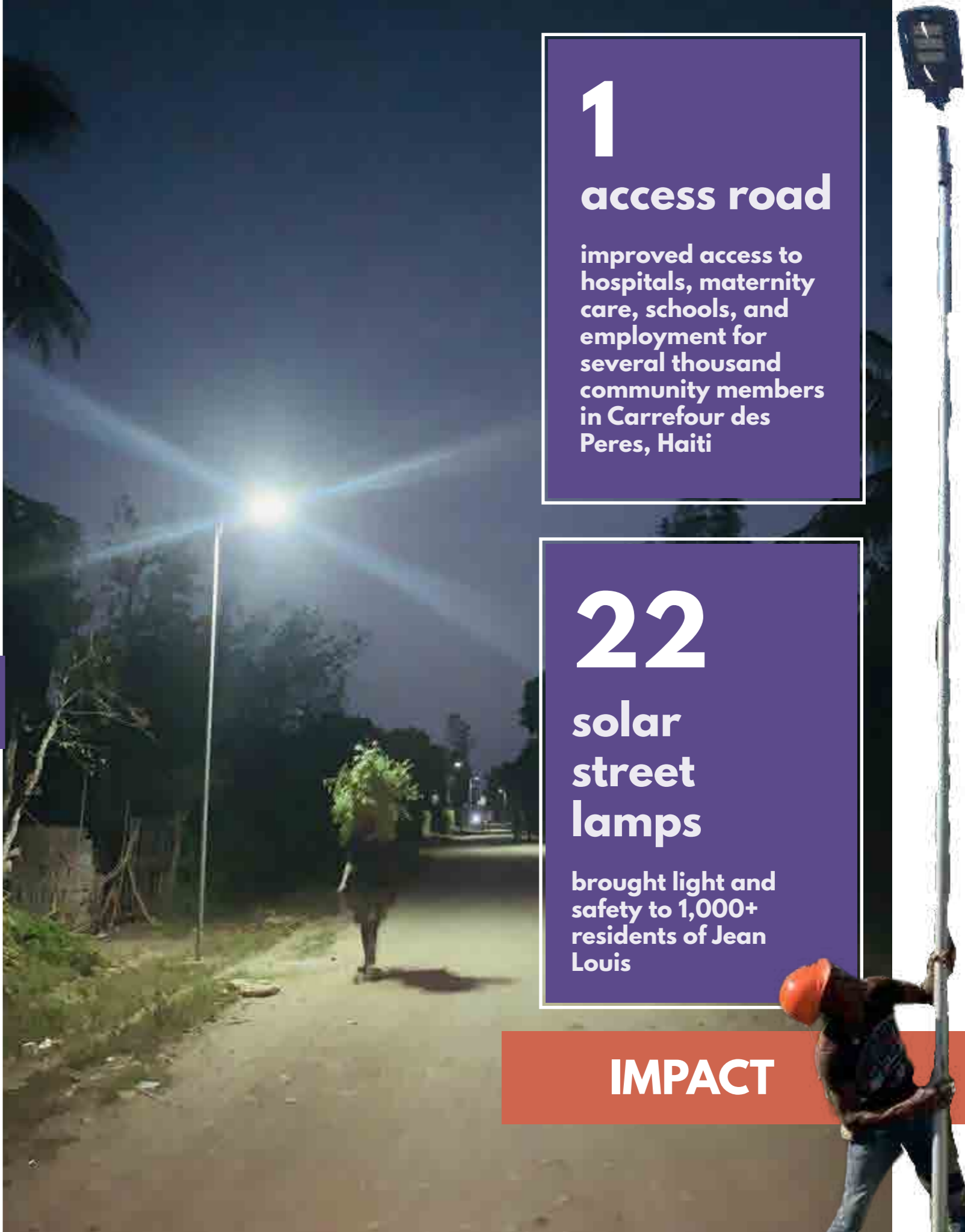
Mission Aviation Fellowship and Agape Flights generously worked with us to carry the items free of charge from our local airport in Cap Haitien to FONTEN, a trusted partner in Les Cayes who then distributed the items to hospitals and clinics caring for victims in the affected cities.

By moving quickly and sourcing supplies in Haiti, we were able to send 2,600 lbs of critically-needed resources, like IV fluids, antibiotics, and wound care supplies just five days after the earthquake. Another 5,000 lbs of supplies were transported in the following days. In total, four planes filled with medical relief supplies left Cap Haitien in a span of 7 days.

We are so very thankful for the organizations that worked with us to make this possible, including our partners Care 2 Communities and SOIL Haiti, and for your donations which had a positive impact on the local economy throughout this effort. Too often, dollars donated in times of disaster don't reach their intended recipients. Through our efforts, more than \$20,000 worth of medical, shelter, and personal hygiene products were purchased in Haiti and delivered directly to the Haitian-run hospitals who needed them most. Thank you.



IMPACT



1 access road

improved access to hospitals, maternity care, schools, and employment for several thousand community members in Carrefour des Peres, Haiti

22 solar street lamps

brought light and safety to 1,000+ residents of Jean Louis

IMPACT

COMMUNITY DEVELOPMENT

Small investments in the communities that are home to Second Mile Family Centers can improve the quality of life for local residents in significant ways.

In March, we installed solar street lamps to light an entire community. The community of Jean Louis, home to our Cap Haitien Maternity and Malnutrition Treatment Centers, had no access to power at the time of the installation. This night-time light, the first of its kind, added safety and security to the area and now gives

community members an opportunity to keep their businesses open even after the sun goes down.

In June, we constructed a road that now reaches one of Haiti's major highways and has improved access to healthcare, education, and employment for several thousand community members. The road will help welcome future investments in the area, with the potential to bring new income-earning opportunities for parents and youth alike.

IMPACT

108

players

64 women and 64 men (6 teams each)

34

matches

of tournament style play over the course of 6 days

20

hours of health ed.

led by peer educators during half-time & between games



This year, we held our first ever Second Mile-sponsored soccer tournament; 34 individual matches spread across 6 days with 6 women's and 6 men's teams from six different communities.

The goal of the tournament was to promote gender equality by giving girls equal access to the playing field. Girls deserve to see themselves represented in sport, yet tournaments for women's team are rare in Haiti. A second goal was to create a fun event that would bring some light and levity to a season in Haiti that had been marked by much pain and tragedy.

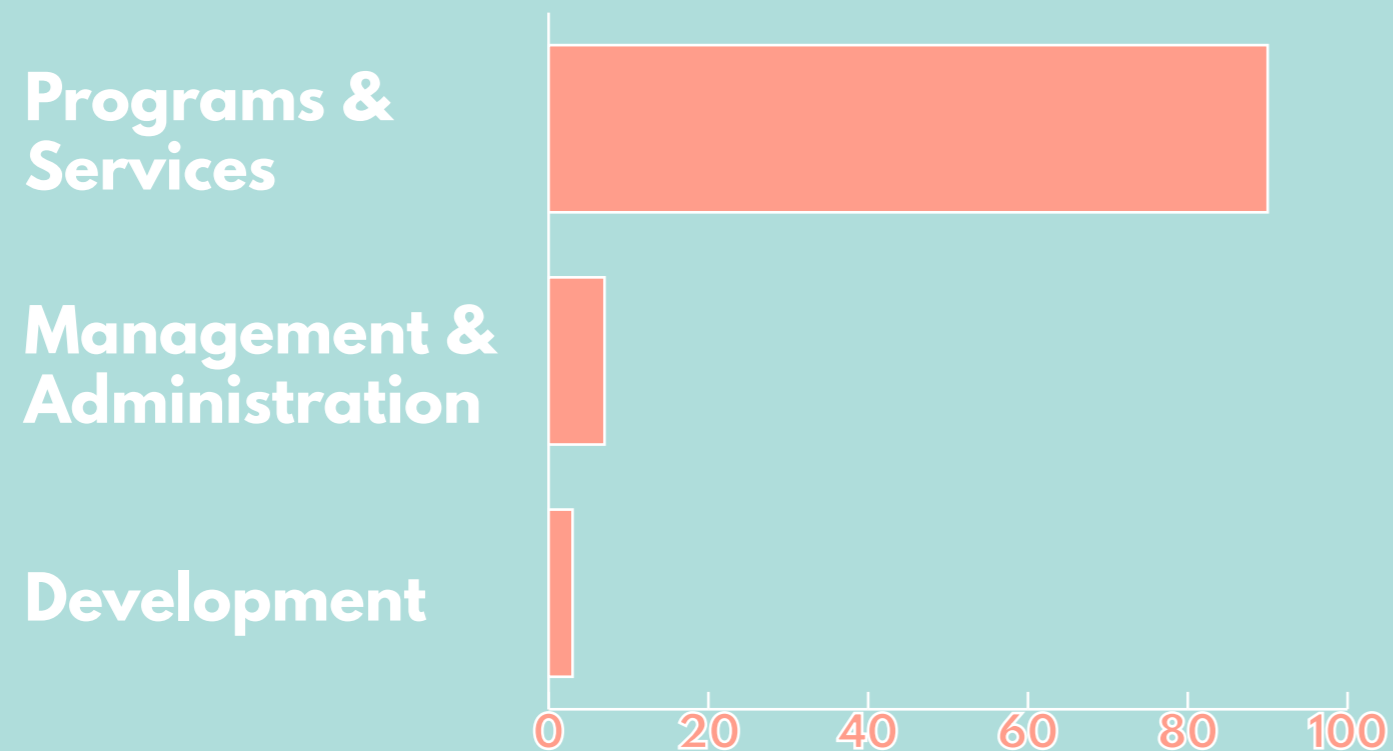
Both goals were realized as hundreds of fans turned out to support the players each day. A local DJ set the mood with music, dancing, and live match updates. And thanks to the work of our Peer Health Educators, half-time sketches and songs started conversations about topics like nutrition, sexual health, and gender-based violence.

COMMUNITY ENGAGEMENT



2021

ALLOCATION OF FUNDS

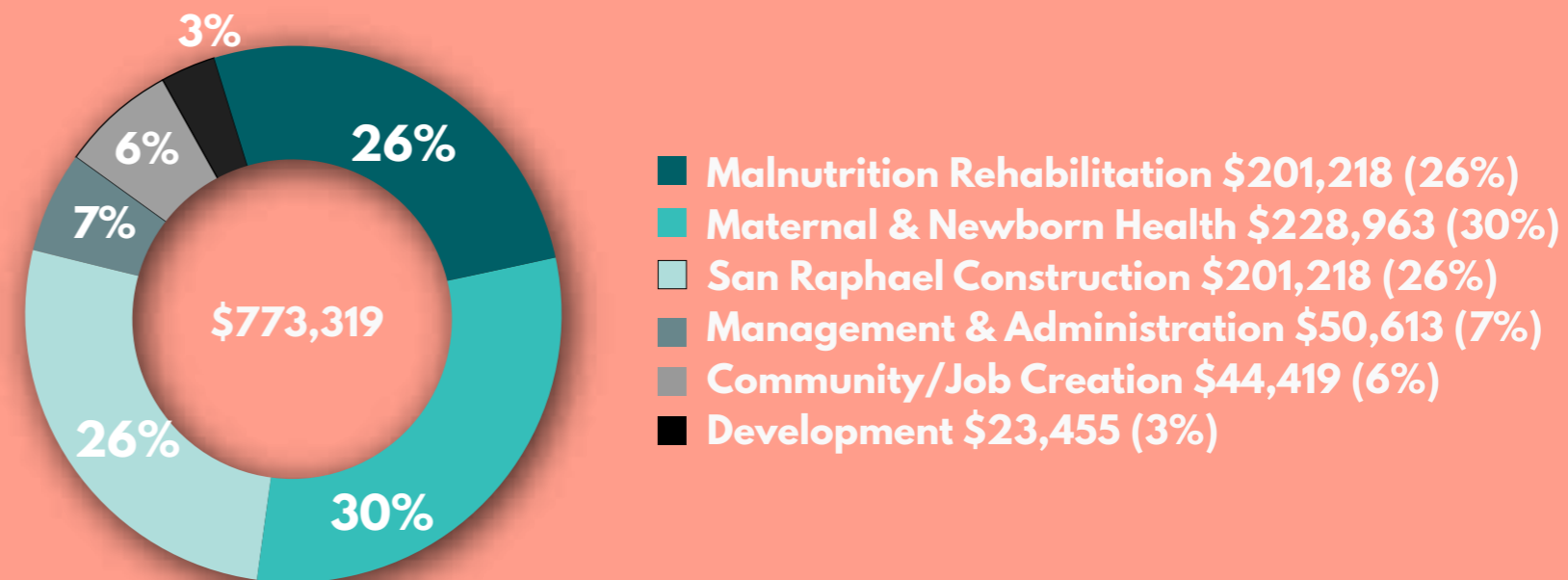


FINANCIALS

REVENUE BY SOURCE



SPENDING BY PROGRAM



2021 SUPPORTERS

Thank you to our 2021 donors. Below are the foundations and individuals who made the work possible this year. **We are infinitely grateful to each and every one of you.**

Individuals highlighted in teal made recurring, monthly donations in 2021. To become a Monthly Donor visit secondmilehaiti.org/donate.

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Maya Adams
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Laura Anderson
Shilo Anderson
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Mrs. B Dussard
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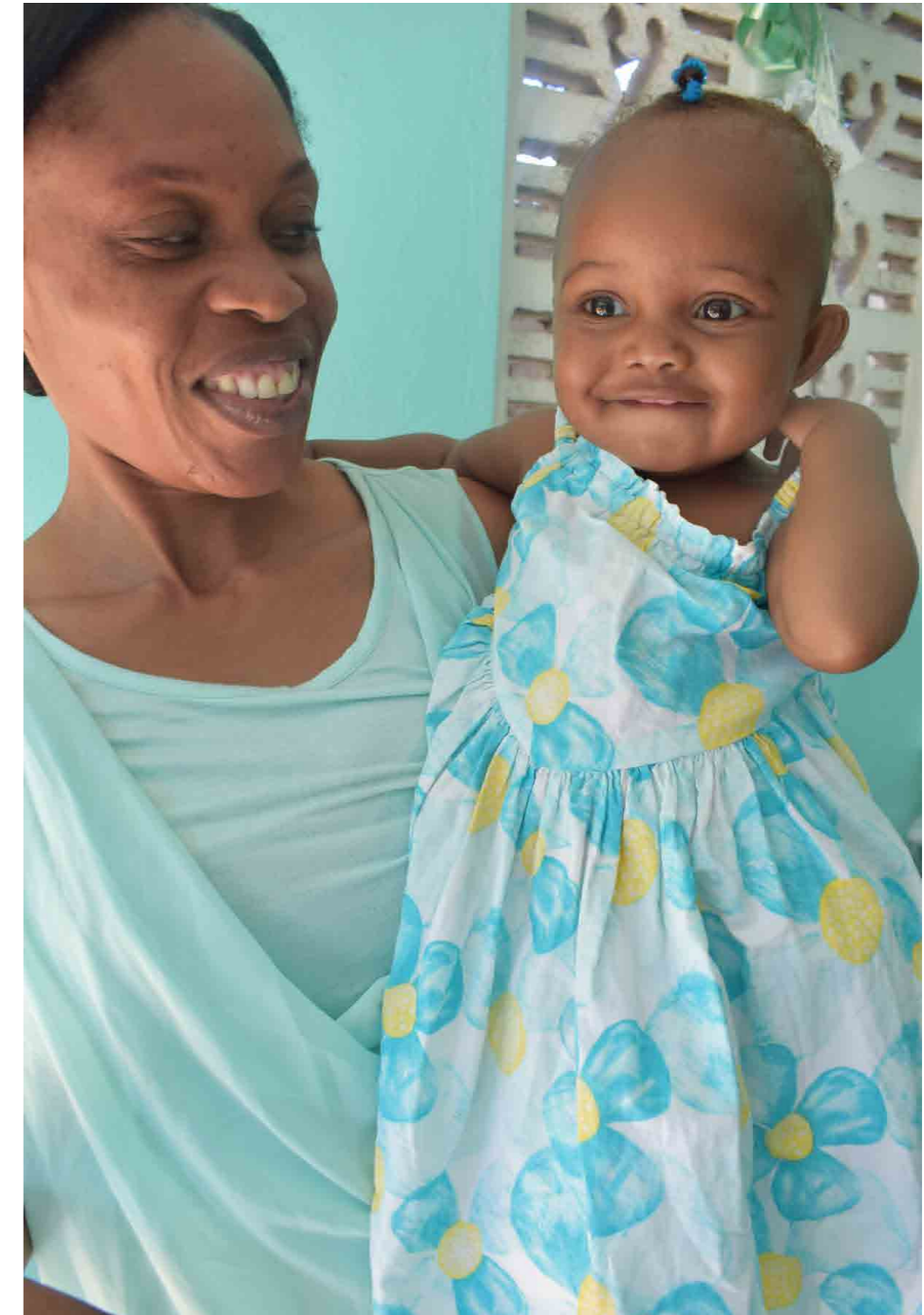
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2021 SUPPORTERS

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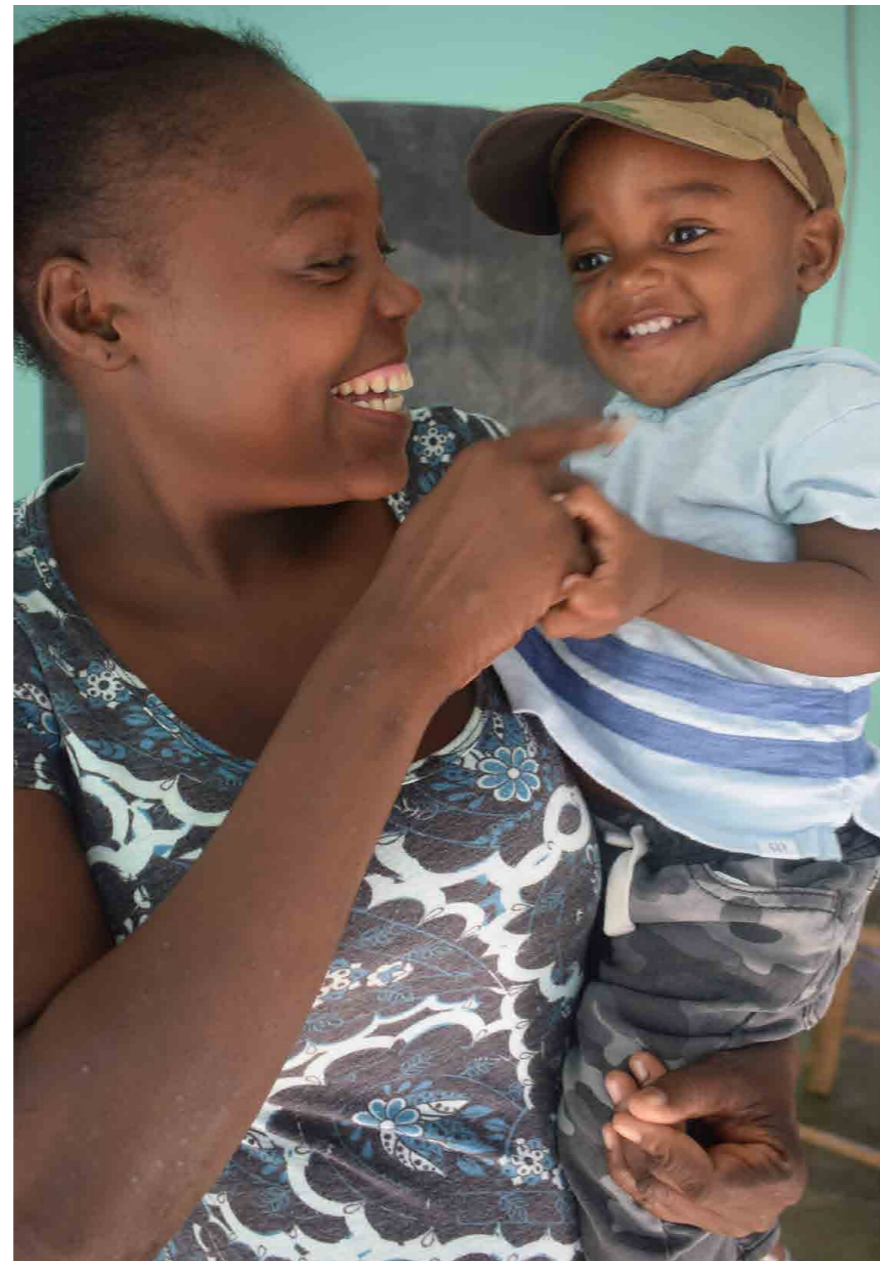
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Together we build a
brighter future.
Mesi Anpil!
(Many thanks)



Let's connect!

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WRITE US AT:

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