

## ASPO Video Submission Rules and Guidelines

ASPO will again be hosting a video contest during the Annual Spring Meeting. Authors are encouraged to submit clinical or surgical videos featuring interesting, innovative and educational content.

### **Rules and Guidelines:**

- Members and Non-Members may submit abstracts/videos for consideration. If the Presenting Author is a Non-Member, an ASPO Member must serve as the Senior/Corresponding Author.
- Surgical or clinical videos will be accepted
- Videos must be under 2 minutes in length, edited, with or without audio or captions
- Videos must be de-identified, and should not include any identification of the institution or narrator
- Maximum file size is 200MB
- Accepted Codecs/containers (.mp4 is preferred):
  - .mp4, .m4v, or .mov
  - .mpg or .mpeg
  - .swf
  - .wmv
- HD files are accepted and will result in a clearer display, but please do not create an HD video file if your content is not HD
- All submissions must be accompanied by a 150-word abstract describing the contents of the video presentation
- The file should be named as the last name of the first author, for example **smith.mp4** or **underwood.mov**
- **Submission Deadline: March 23, 2018 at 11:59 pm PST**