

IDEA Day

International Day Experiencing Abstinence

Each year OA groups from around the world set aside this day to celebrate their abstinence.

**Please join us on
Saturday, November 18, 2017
1:30 to 2:30 pm**

Come and listen to speakers share their experience, strength, and hope through their personal stories of abstinence and recovery in the OA program.



**The Commitment to Abstinence Group
St. Timothy's Anglican Church
40 Ridley Blvd., Toronto, ON**

**(west of Yonge Street, south of Hwy 401,
between York Mills and Lawrence)**