



VAULT ZONE SUMMER PRACTICE SCHEDULE

POLE VAULT				
	6-7:30pm	6-7:30pm	7:30-9pm	7:30-9pm
DATE	Session 1	Session 2	Session 3	Session 4
M - 6/1	Vault (Jump Session)	Vault (Supplemental Session)	Vault (Jump Session)	Vault (Supplemental Session)
W - 6/3	Vault (Jump Session)	Vault (Supplemental Session)	Vault (Jump Session)	Vault (Supplemental Session)
JUNE 6th - TEXAS SUNSET VAULT - ABILENE, TX				
M - 6/8	Vault (Jump Session)	Vault (Supplemental Session)	Vault (Jump Session)	Vault (Supplemental Session)
W - 6/10	Vault (Jump Session)	Vault (Supplemental Session)	Vault (Jump Session)	Vault (Supplemental Session)
M - 6/15	Vault (Jump Session)	Vault (Supplemental Session)	Vault (Jump Session)	Vault (Supplemental Session)
W - 6/17	Vault (Jump Session)	Vault (Supplemental Session)	Vault (Jump Session)	Vault (Supplemental Session)
JUNE 18-20th - USATF ASSOCIATION MEET (qualifier for regional meet) - LONGVIEW, TX				
M - 6/22	Vault (Jump Session)	Vault (Supplemental Session)	Vault (Jump Session)	Vault (Supplemental Session)
W - 6/24	Vault (Jump Session)	Vault (Supplemental Session)	Vault (Jump Session)	Vault (Supplemental Session)
M - 6/29	Vault (Jump Session)	Vault (Supplemental Session)	Vault (Jump Session)	Vault (Supplemental Session)
W - 7/1	OFF	OFF	OFF	OFF
M - 7/6	Vault (Jump Session)	Vault (Supplemental Session)	Vault (Jump Session)	Vault (Supplemental Session)
W - 7/8	Vault (Jump Session)	Vault (Supplemental Session)	Vault (Jump Session)	Vault (Supplemental Session)
JULY 7-11th - USATF REGIONAL MEET (qualifier for nationals) - ABILENE, TX				
M - 7/13	Vault (Jump Session)	Vault (Supplemental Session)	Vault (Jump Session)	Vault (Supplemental Session)
W - 7/15	Vault (Jump Session)	Vault (Supplemental Session)	Vault (Jump Session)	Vault (Supplemental Session)
JULY 18th - PORT ARANSAS BEACH VAULT - PORT ARANSAS				
M - 7/20	Vault (Jump Session)	Vault (Supplemental Session)	Vault (Jump Session)	Vault (Supplemental Session)
W - 7/22	Vault (Jump Session)	Vault (Supplemental Session)	Vault (Jump Session)	Vault (Supplemental Session)
M - 7/27	Vault (Jump Session)	Vault (Supplemental Session)	Vault (Jump Session)	Vault (Supplemental Session)
W - 7/29	Vault (Jump Session)	Vault (Supplemental Session)	Vault (Jump Session)	Vault (Supplemental Session)
JULY 27th - AUG 2nd - USATF JUNIOR OLYMPICS - JACKSONVILLE, FL				

TRACK ZONE SUMMER PRACTICE SCHEDULE

OTHER SPECIALTY EVENTS					
	6-7pm	6-7pm	7-8pm	7-8pm	7-8pm
M - 6/1	Hurdles level 1	LJ	Sprints / Starts	Hurdles Level 2	HJ
W - 6/3	Hurdles Level 1	HJ	Sprints / Starts	Hurdles Level 2	TJ
M - 6/8	Hurdles Level 1	LJ	Sprints / Starts	Hurdles Level 2	HJ
W - 6/10	Hurdles Level 1	HJ	Sprints / Starts	Hurdles Level 2	TJ
M - 6/15	Hurdles level 1	LJ	Sprints / Starts	Hurdles Level 2	HJ
W - 6/17	Hurdles Level 1	HJ	Sprints / Starts	Hurdles Level 2	TJ
M - 6/22	Hurdles Level 1	LJ	Sprints / Starts	Hurdles Level 2	HJ
W - 6/24	Hurdles Level 1	HJ	Sprints / Starts	Hurdles Level 2	TJ
M - 6/29	Hurdles level 1	LJ	Sprints / Starts	Hurdles Level 2	HJ
W - 7/1	OFF	OFF	OFF	OFF	OFF
M - 7/6	Hurdles Level 1	LJ	Sprints / Starts	Hurdles Level 2	HJ
W - 7/8	Hurdles Level 1	HJ	Sprints / Starts	Hurdles Level 2	TJ
M - 7/13	Hurdles level 1	LJ	Sprints / Starts	Hurdles Level 2	HJ
W - 7/15	Hurdles Level 1	HJ	Sprints / Starts	Hurdles Level 2	TJ
M - 7/20	Hurdles Level 1	LJ	Sprints / Starts	Hurdles Level 2	HJ
W - 7/22	Hurdles Level 1	HJ	Sprints / Starts	Hurdles Level 2	TJ
M - 7/27	Hurdles level 1	LJ	Sprints / Starts	Hurdles Level 2	HJ
W - 7/29	Hurdles Level 1	HJ	Sprints / Starts	Hurdles Level 2	TJ

