

# ***INTRO***

*in subsets (15 min)*

| 1 |

**Looking back on the last week, what is one thing you're thankful for  
and one thing that has been challenging for you?**

| 2 |

[ If you took a card last week ]

**Did you get a chance to work on and/or share what you learned last week?**

| 3 |

**Are you working on any ongoing areas of obedience?**

**( or )**

**What spiritual discipline have you chosen to work on through this series?**

**How is that going?**

| 4 |

**How can we pray for you this week?**

# *FOCUS*

*(Optional)*

## **| Corporate Reading |**

- aloud together -

Lord, as I read the psalms let me hear you singing.  
As I read your words, let me hear you speaking.  
As I reflect on each page, let me see your image.  
And as I seek to put your precepts into practice,  
let my heart be filled with joy. Amen.

**| Amen |**

A Prayer of early Church father **Gregory of Nazianus**

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# *READ*

*and re-read*

## **Psalm 119:97-112**

Mem

[97] Oh how I love your law!

It is my meditation all the day.

[98] Your commandment makes me wiser than my enemies,  
for it is ever with me.

[99] I have more understanding than all my teachers,  
for your testimonies are my meditation.

[100] I understand more than the aged,  
for I keep your precepts.

[101] I hold back my feet from every evil way,  
in order to keep your word.

[102] I do not turn aside from your rules,  
for you have taught me.

[103] How sweet are your words to my taste,  
sweeter than honey to my mouth!

[104] Through your precepts I get understanding;  
therefore I hate every false way.

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[105] Your word is a lamp to my feet  
and a light to my path.

[106] I have sworn an oath and confirmed it,  
to keep your righteous rules.

[107] I am severely afflicted;  
give me life, O LORD, according to your word!

[108] Accept my freewill offerings of praise, O LORD,  
and teach me your rules.

[109] I hold my life in my hand continually,  
but I do not forget your law.

[110] The wicked have laid a snare for me,  
but I do not stray from your precepts.

[111] Your testimonies are my heritage forever,  
for they are the joy of my heart.

[112] I incline my heart to perform your statutes  
forever, to the end. (ESV)

# *DISCUSS*

*(30 min)*

| 1 |

**Summarize the main ideas of the passage.**

| 2 |

Looking through the verses of this passage, **make a list of the benefits the Psalmist gives for spending time in God's word?**

| 3 |

Verse 105 is widely known and quoted **but what does it mean? Have you seen these words to be true in your experience? If so, how?**

| 4 |

**Do any of the verses we've read today apply particularly to your experience when reading the Bible?**

| 5 |

**What do these verses about God's word teach us about God?**

| 6 |

**Are you a creature of the word?  
Have you made reading and obeying the Bible a regular part of your life?  
If so, how did you do it? If not, what are the obstacles standing in your way?**

# OBEY

(15 min)

| 1 |

Are there any principles to apply or commands to obey from our passage today?

| 2 |

Is there something you need to do

- and/or -

someone you need to tell in response to what you've learned today?

(write response on the accountability card)

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Throughout the course of this Spiritual Growth Emphasis we want to challenge every man, woman and child to apply themselves to accomplish a series challenge.

**CHALLENGE**

Throughout the course of our current series

**work towards and establish one new spiritual habit.**

[ Options: Prayer, Bible Study, Fasting, Solitude, Disciple-Making, Service, Obedience ]

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**Prayer of Commission**

