

## Existential Death Anxiety Scale

This section of the study is about your thoughts and feelings about death. Using the scale below, please indicate how much you agree with each statement. There are no right or wrong answers. Please take your time and respond as honestly as possible.

Strongly Disagree	-4	-3	-2	-1	0	1	2	3	4	Strongly Agree
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- The thought of my own death frightens me.
- I am troubled by the fact that someday I will no longer be alive.
- The finality of death is frightening to me.
- My mortality troubles me.
- Thinking about being dead fills me with dread.
- It upsets me to think that someday I will no longer be in this world.
- The idea of never experiencing the world again after I die frightens me.
- I am scared that death will be the end of “me”.
- The loss of my consciousness in death scares me.
- I am scared that death will be the end of my “self”.
- I am scared that death will extinguish me as a person.
- Never feeling anything again after I die upsets me.