

# BREAKFAST SERVED ALL DAY

## THE STANDARDS

SERVED WITH: SEASONED POTATOES, HASHBROWNS  
OR SEASONAL FRUIT AND TOAST

**T-Scramble**  
Three eggs, smoked applewood bacon, avocado and cheddar cheese.....10

**Veggie scramble (v)**  
Three eggs, arugula, spinach, tomato, onions, mushrooms, and peppers.....10

**Mexican Scramble**  
Three eggs, chorizo or soyrizo(v), with your choice of tortilla.....10

**Egg White scramble (v)**  
Three eggs, arugula, tomato and feta.....10.5

## C.T. CLASSICS

SERVED WITH: SEASONED POTATOES, HASHBROWNS  
OR SEASONAL FRUIT AND TOAST

**Country Fried Steak**  
Served with three eggs any style.....12

**C.T. Bacon Steak**  
House smoked, burbon rubbed, hand cut pork belly with three eggs any style.....14

**Crack 'n Eggs**  
Seaside Market's own burgundy tri-tip with three eggs.....15

## BENEDICTS

SERVED WITH: SEASONED POTATOES, HASHBROWNS  
OR SEASONAL FRUIT

**Classic Benedict**  
Hollandaise over poached eggs and ham on an english muffin.....11

**Country Benedict**  
Gravy over poached eggs and sausage on fresh biscuits.....11

**Chorizo Benedict**  
Hollandaise over poached eggs with local fresh chorizo  
or soyrizo (v) and avocado on an english muffin.....12

**Crack 'n Benedict**  
Hollandaise over poached eggs and "Crack" on an english muffin.....15

**Mac 'n Benedict**  
Hollandaise over poached eggs, real crab and  
avocado on an english muffin .....16

**Pork Belly Benedict**  
Hollandaise over poached eggs and thick cut pork belly on an english muffin.....14

**Mexican Benedict**  
Chipotle hollandaise over poached eggs with chorizo  
or soyrizo (v), tomato, and avocado on an english muffin.....14

**Joely**  
Hollandaise over poached eggs, smoked salmon, brie cheese, and capers  
on a bagel.....15

### NAME YOUR OMELETTE

Made with three eggs .....11

SERVED WITH: SEASONED POTATOES, HASHBROWNS  
OR SEASONAL FRUIT AND TOAST

Choose one meat, one cheese, one vegetable

bacon, ham,	cheddar, swiss,	tomato, spinach,
sausage, chorizo,	jack, feta,	mushroom, onion,
soyrizo	goat cheese	peppers, avocado

Vegetarian (v)

Vegan (vg)

Gluten Free (gf)

## BREAKFAST SANDWICHES

**The Rustic**  
Eggs, pesto, bacon, cheese and avocado on ciabatta bread.....11

**Monte Cristo**  
Bacon, ham, turkey, and swiss sandwiched between French Toast.....12

**Breakfast Sandwich**  
Eggs, bacon, and cheddar cheese on your choice of bread.....8.5

## SMALL PLATES

**Power Granola Parfait (v)**  
layers of granola mix and greek yogurt topped  
with fresh fruit and bee pollen.....6.5

**Chia Seed Pudding (vg)**  
with seasonal berries and shredded coconut.....6.5

**Steel cut Oatmeal (vg)**  
with brown sugar, fresh berries and nuts.....6.5

## BURRITOS

SERVED WITH: HOUSE MADE CHIPS

**Breakfast Burrito**  
Choice of bacon, ham, sausage, chorizo or soyrizo (v).....8

**BBB (v)**  
Egg whites, black beans, feta and spinach.....8.5

## GRIDDLE

**Buttermilk pancakes**      **Short** .....6      **Regular** .....8

**Ban-a-tella**  
Banana pancakes with nutella.....10

**Gone to Maui**  
Pancakes with shreded coconut, macadamia nuts, bananas and  
cream cheese frosting.....10

**Oreo Pancakes**.....10

**M&M Pancakes**.....10

**Banana Pancakes**.....9

**French Toast**.....7.5

**Cinnamon Roll French Toast**.....10

**Croissant French Toast**.....9

### Kap'n Krunch French Toast

French toast battered with Kap'n Krunch  
cereal topped with whipped cream and fresh berries.....9.5

### C.T. Signature

Homemade Cinnamon Roll.....4  
make it dirty.....0.50 extra  
w/freshly made cream cheese frosting

## SIDES

Two eggs any style.....2.5

Three pieces Applewood Smoked Bacon  
or two Sausage Patties.....3.5

Seasoned Potatoes or Hash Browns.....2.5

Seasonal Fruit.....Cup 3.5 / Bowl 5

Biscuits & Gravy.....7

Avocado.....1.5

3091 Roosevelt St.  
Carlsbad, 92008

Open 7am - 2pm  
Tuesday - Sunday

760 434 TOPE

