“The Patients are Disrupting Women's Health”

Second Learning Health System Summit

December 8 and 9, 2016
It starts with a strong vision and a cause
Founder Sonya Satveit

“My three children are here today because I advocated for myself.”
Sonya Satveit

This story is so compelling for women’s health and everyone is intrigued by the promise of Precision Medicine. Yet little support has been received from the capital markets, technology partners, clinics and healthcare market. Patients will be at the center of the Disruption.

“My story is proof that an integrative approach to health addresses the problems with our broken and fragmented disease management system we call healthcare.” Sonya
This Project Had to Be Funded - All the reasons are so compelling

50% Reduction in Insurance Premiums if you practice Preventive Medicine

86% Chronic Diseases make up 86% of Healthcare costs in the US

80% Preventable Illness makes up 80% of the burden of illness

Chronic diseases make up 86% of Healthcare costs in the US

Preventable Illness makes up 80% of the burden of illness

CDC 2009

Empower People with Precision Intelligence

“The Person is central to the design of their own care”
Empower the Patient with Intelligence

From:
- 17 years
- The Science
- Data
- Knowledge

To:
- 17 minutes
- The Patient
- Precision Information
- Actionable Intelligence

“myAVA is a Precision Learning Health System”
First Build a Digital Version of “Her”

myAVA is the Platform

“Every LHS Core Value is central to the myAVA project. It sets the definition through the action”
How can you create adoption?

Create a movement led by a Patient for the Patient!

Close to 250,000 women with PCOS connected, over 116 million women worldwide target

Global network of top molecular scientists, 100’s working on this

Open Source community to build the platform for delivery of Precision Medicine

Dozens of Functional, Integrative and Women’s Health Providers
Build a Platform for Engagement & Interaction
A global care team with precision focus

Latest Consultation Summary

We measured a total of 379 metabolites (body chemicals), of which 87 were outside of the usual normal ranges - but, as your doctor can help explain, it's important to note that not all of these are worrisome.

Health care professional:
Dr. Martin Dawes

Last tested:
November 25 2016
Reproductive Health

Ovaries are the primary reproductive organs of a female, and like the male testes, ovaries serve a dual purpose: they produce the female gametes (ova or egg) and sex hormones, estrogen and progesterone.

Learn more about Reproductive Health →

Actionable Molecular Measures

- Vitamin D
- Progesterone
- Estradiol
- Serotransferrin
- Leptin
- Thyroid Stimulating Hormone
- Triglycerides
- Vitamin B1

Associated Diseases

- Polycystic Ovary Syndrome (PCOS)
- Pelvic Inflammatory Disease (PID)
- Ovarian Cancer
- Preeclampsia
- Vaginal Yeast Infections
What we have learned so far

Patients do want their data and feel empowered by the new found knowledge. They lean on support from their digital social network that surrounds them.

Our healthcare delivery system is not equipped to deliver precision medicine.

Science and technology for this type of care do exist and the communities are willing and able – they want and need the real life patient data.

There is no question...

actionable intelligence combined with the latest science in the hands of the patient and their care team will change the face of healthcare.

DO NOT UNDERESTIMATE THE POWER OF THE PATIENT
Thank You

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