

Hot Topic – Monthly Parenting/Community Workshops

APRIL

**Environmental Lead Hazard Program**

David Lo, SF Department of Public Health  
Monday, 4/24/17 | 10:30am—12:00pm



About 85% of San Francisco's homes contains lead-based paints. It has been shown that lead exposure harmfully effects the health of children's brain development and physical growth. Come learn how to protect your family and how this program can help with free assessment and support!

*Light refreshments and child care will be provided.*

MAY

**The Developing Brain**

Mabel Auyeung, M.Ed. , Wu Yee  
Monday, 5/22/2017 | 10:30am—12:00pm



When babies are born, their brains are ready to learn and develop the most during the first 3 years of their life. Early experiences affect the development of the brain which provides the foundation for all future learning, behavior, and health. How can we support our children for optimal growth and development? Come and learn more!

*Light refreshments and child care will be provided.*

APRIL—JUNE

**Triple P - Positive Parenting Program**

For Families with Children Ages 2-12

A 10-Session Series

Fridays, 4/7/17—6/9/17

10:00am-12:30pm



Come to learn hands-on tools about:

- Effective parenting strategies
- How to promote your child's development
- How to manage children's misbehavior
- Principles to help you deal with difficult situations

*Learning materials, light refreshments and child care provided.*

*Participants must attend all 10 Sessions. By completing the program, you will receive a certificate of completion & incentives.*

JUNE

**SAFE Kids Workshop - SF SAFE**

For Families with School-Age Children

Wednesday, 06/21/17 | 5:30pm-7:30pm



Help your child develop awareness of safety and respond appropriately to sensitive situations. Teach your child:

- "Stranger Danger" vs. Trusted Adult
- How and when to call 9-1-1
- Importance of knowing parent's names and numbers
- Pedestrian safety and street crossing

*Light dinner and child care will be provided.*

**Holiday Closure**

Monday, May 29th, 2017—Memorial Day  
We apologize for any inconvenience.



**Baby & Me: For new parents and young infants 0 to 9 months – Every Wednesday, 10:30am – 12:30pm**

*New session starts Wednesday 9/6/2017 until 11/1/2017*

Baby & Me is an once a week, 9-week long interactive class designed for new parents and their young babies. Sessions will include infant massage, baby sign language, baby songs, games and discussion topics, such as infant development, nutrition, parental stress management, quality child care options, etc.

(Light refreshment and incentives provided.)

**Curious Learners: For parents with children 9 months to 18 months – Every Tuesday, 10:30am – 12:00pm**

*New session starts Tuesday 8/29/2017 until 10/24/2017*

Curious Learner is an once a week, 9-week long interactive class designed for new parents and their young toddlers. Activities include music and movements, fieldtrips, sensory activities, arts and craft projects, story time and much more. **Parent or caregiver must attend with the child.**

**Jr. Explorers: For parents with young toddlers 18 months to 36 months – Every Thursday, 10:30am – 12:00pm**

*New session starts Thursday 8/24/2017 until 12/14/2017*

Jr. Explorer are parent/child interactive playgroups that meets once a week and lasts 16 weeks long. At each session, children will develop their physical, cognitive, language, social and emotional skills through fun and developmentally appropriate activities while parents will learn how to conduct these activities at home on their own. Activities include socialization, fieldtrips, hands-on arts and craft projects, story time and much more. **Parent or caregiver must attend with the child.**

**Night Time Support Group – Every 2<sup>nd</sup> & 4<sup>th</sup> Wednesday Evening, 5:30pm- 7:30pm**

The support group provides an opportunity for parents to explore their concerns about early childhood, parental stress, and exchange parenting tips among each other and to share community resources.

(Light dinner and child care provided.)

ALL PROGRAMS AND ACTIVITIES ARE CONDUCTED IN CANTONESE.  
TO PARTICIPATE, PLEASE VISIT 888 Clay Street or CONTACT: 415-391-4890





**WU YEE**  
Children's Services  
護兒兒童服務

## Family Kite Day

Saturday family days are best spent together! Enjoy the summer with kites and healthy snacks to celebrate all the awesome fathers and grandfathers. Small fee to attend: \$2.00 per child, includes a kite to take home and light snacks. Please bring your own water, sunscreen, hat, and a light jacket.

**Date:** Saturday, June 10, 2017 | **Time:** 10:00am—12:00pm

**Location:** Fort Mason Great Meadow, 2 Marina Blvd., SF 94123

**To register, please call (415)391-4890.**



## My First Summer Camp 2017 (Ages 3-5 years old)

My First Summer Camp is a one-week day camp designed for children and their families to explore, have fun, and learn together. The major focus of our day camp is to provide children with new experiences and opportunities while promoting strong parent-child interactions. Through this day camp, parents and children will engage in age-appropriate games, sing songs, do fun exercises and explore museums and parks together!



**Daily Themes:** Nutrition Day, Exploring a Museum Day, SF Tour Day, Song and Movement Day, and Animal Day at SF Zoo

**Date:** Monday, June 26th to Friday, June 30th, 2017 | **Time:** 9:30am-1:30pm

**Fee:** \$30.00 per child, entrance fees and materials are included.

**To register, please call (415)391-4890. Spaces fill up quickly.**

## Tumbling & Movement (For children ages 1.5 -3 years old)

### Lion Dance (For children ages 3-5 years old)



Let's be active together this summer! These classes are great for kids to build their physical motor skills, practice discipline and balance, while also expanding their knowledge in a kid-friendly setting. Developing physical and sensory awareness through movement, tumbling, and sensory activities. Please wear comfortable clothing to class and all equipment will be provided. Please note classes will be held off site and transportation will not be provided. **Fee: \$10.00 per child**

**Tumbling & Movement:** Thursdays, 6/1/17—6/22/17 | **Time:** 2:30pm—4:00pm

**Location:** Project Commotion at 2095 Harrison Street

**Lion Dance:** Tuesdays and Thursdays, 7/11/17—7/20/17 | **Time:** 10:30am—11:45am

**Location:** Lion Dance Me at 45B Waverly Place

**To register, please call 415-391-4890.**

**Due to limited space, each family can only register for one activity.**



**WU YEE**  
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Wu Yee Children's Services  
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