Hello Joy Lok families!
We hope that you and your family are happy, healthy and safe. During these past few months we hope that you have found some new routines to help brighten your days. Even a short walk to get some fresh air and sunlight can help recharge your body and mind.

Due to the uncertainty of this health pandemic, we will continue to provide our programming virtually. Please find our virtual offerings below for our upcoming workshops, family event and our special partner office hours. Some of these programs will have limited space so please call ahead to learn more and to register.

Our Community Playroom and Book/Toy Lending Library will continue to be closed to the public. If you have a resource need for books and materials for your children, please contact us and we will try to assist you.

Thank you for your patience at this time as we navigate these challenging times together with you and your family.

Please do not hesitate to reach out to us—we are here for you.

The Joy Lok Family Resource Center Team

**Family Fall Celebration (for children 2-5 years old)**
**Monday, 10/26/20**
**Time: 2:00pm - 3:00pm**

Fall is finally here! Baking together is a great way for young children to learn how to follow instructions through a recipe and explore their 5 senses as well. We will have a special fall season story time and a simple pumpkin bread making activity.

*Event conducted in Cantonese via YouTube and ZOOM. Some ingredients will be provided.*

**SFUSD School Enrollment Workshop**
**Parents for Public Schools—SF**
**Monday, 11/2/20 | Time: 10:30am-12:00pm**

Are you wondering how to apply to the SF Unified School District for the 21/22 school year? There will likely be changes to what enrollment will look like for the next school year. Please join us as we share more about what these new processes will look like and answer any questions you may have about school enrollment for your child.

*Workshop conducted in Cantonese via ZOOM.*

**Virtual Office Hours**
**Parents for Public Schools—SF**
**Every Tuesday, 11/3/20—12/29/20**
**Appointment Times: 1:00pm-4:00pm**

Get help with your SFUSD enrollment application with one-on-one support from a Parents for Public School staff! Learn about the different types of language programs offered, afterschool options, special education programs, opportunities for parent engagement and much more.

*One-on-one appointments by phone or on ZOOM in Cantonese.*

**Self-Care for Parents During COVID**
**Monday, 12/4/20**
**Time: 11:00am-12:00pm**

We are all experiencing some very challenging times right now. Balancing family life and distance learning has become a daily way of life now. By the end of the day, we might be feeling overwhelmed and emotionally drained. So, how do we help our self so that we can be there to help our family?

*Workshop conducted in Cantonese via ZOOM.*

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ALL PROGRAMS AND ACTIVITIES ARE CONDUCTED IN CANTONESE.
TO PARTICIPATE, PLEASE CONTACT: 415-391-4890  
Funded by First 5 SF
Get Out and Vote on November 3rd!

Now more than ever before, early childhood educators and community-serving agencies are stepping up to meet the new challenges this pandemic has brought to the forefront. As we recover, we will need your support to make sure that our work is sustained for years to come.

One way that you can help is to get out and vote!

⇒ Not registered to vote yet? You still have until October 19th!
⇒ All registered voters will be sent vote-by-mail ballots in early October
⇒ Learn about the requirements, how to register, and check your voter registration here: www.sfelections.sfgov.org
⇒ To learn more about the ballot measures, please visit: www.sfelections.sfgov.org/measures

Access to Community Resources and Public Benefits Support

Even though our doors are closed at the moment, you can still learn more about the community resources available for you and make an appointment to receive virtual one-on-one support to apply for public benefits like CalFresh, Medi-Cal, Unemployment Insurance and low income housing opportunities.

For general community resource inquires, please call us at (415) 391-4890. For support with public benefits, Unemployment Insurance and housing opportunities, please call us at (415) 321-3830. Please leave your name, phone number and a brief message with how we can assist you. Our staff will call you back at the earliest convenience.

Joy Lok Family Holiday Celebration Suspended

With the holiday seasons approaching us, we have given much thought and consideration and have decided to suspend our in-person Joy Lok Family Holiday Celebration this year. We hope that you and your family will create new holiday traditions while following public health guidelines for social distancing and face covering.

We hope to celebrate the holidays with you and your family in the future!