

*Le Manoir
des Impressionnistes* ★★★★★
HONFLEUR

SPA



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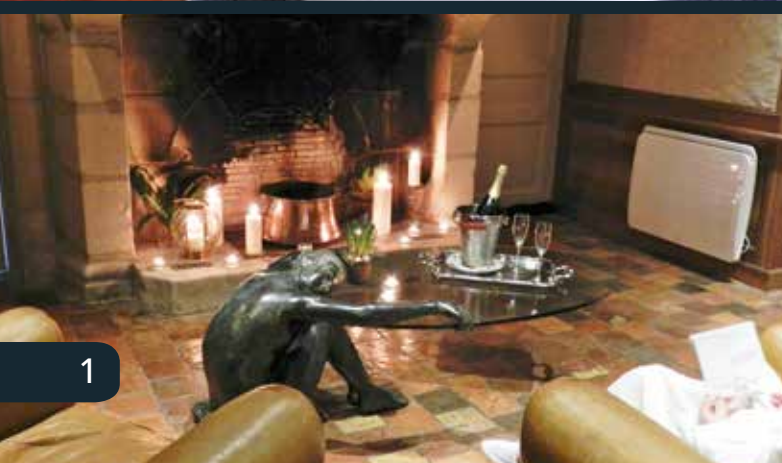
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Our spa is located in a beautifully renovated farmhouse with a stunning view over the sea. The spa welcomes our hotel guests as well as exterior clients. We are delighted to present to you our treatment list created by THALGO.



THALGO concentrates on effective oceanic products and treatments, safe and innovative to enhance the beauty and preserve the youthfulness of your skin.



Wellness Area

WELLNESS AREA

Our wellness area overlooks a private garden facing the sea.

VIP ACCESS

Total privatisation of the wellness area.

Steam Room

Sauna

Hottub

Treadmill

Relaxation Area

Terrace

Herbal Tea

The humid heat of the steam room encourages sweating for a detoxifying effect.

The dry heat of the sauna is primarily for rest and relaxation, ideal to release tension and relieve stress.

The resistance pool is a marriage between the classic jacuzzi and swimming against a current. It combines relaxation and exercise.

The treadmill helps to burn more calories than any fitness device because more than two thirds of the muscles are being used.

Spa Suite Rituals

A MOMENT FOR YOURSELF

VIP ACCESS (1)

1h00 • 45€
per person

STEAM ROOM, SAUNA AND HOTTUB

Private access

30mn • 25€
per person

RUNNING & SPA

30 mn Treadmill Workout
30 mn Sauna Session

1h00 • 30€
per person

DUO SERENITY

One personalised 30mn treatment per person
VIP ACCESS (1)

1h30 • 145€
2 people

DUO ZEN

One hour **Californian Massage** per person (2)
VIP ACCESS (1)

2h00 • 210€
2 people

GROUPS

VIP ACCESS (1)

5 to 8 people 2h00 • 55€
per person

9 to 12 people 3h00 • 65€
per person



Treatments



Supreme rejuvenation. The THALGO RITUALS use authentic concentrates of essential minerals to restore well-being and vitality.

Treatments

SEA & SENSES RITUAL

2h00 • 145€

Begins with an aquatic and aromatic hot stone prelude to renew the skin. Followed by a massage of languorous, round and wave-like maneuvers which bring about a unique sense of total relaxation. The stones, accompanied by essential oils, travel along the body to relieve tensions. The Sea & Senses method induces deep relaxation and invites sleep.

Body scrub with sea salts and algae

Massage with hot volcanic stones and cold marine stones

Treatments

POLYNESIA SPIRIT RITUAL

1h30 • 120€

Experience Polynesia with the brand new exotic sensorial spa ritual, inspired by four of the most beautiful islands hidden in the heart of the Pacific Ocean.

Taha'a: Experience the Vanilla Island and its delicious scrub with sand from Bora Bora

Bora Bora: Mahana massage uses warm sand pouches to loosen muscles and nourish the skin

Raïatea: Explore the sacred island and its Polynesian oils and Tiaré flowers

TAHA'A TREATMENT

30mn • 49€

This delicious scrub makes skin extremely smooth, soft and supple. The skin is deliciously scented with flavours of vanilla and coconut

BORA BORA & RAÏATEA TREATMENTS

1h15 • 95€

Surrender to an exquisite massage, slow and powerful, accompanied by sacks of warm sand. Enveloped by the scent of tiaré flowers, the body sinks into relaxation.

The dry Monoi oil nourishes and moisturizes the skin.



Massages



Our MASSAGES* bring a sense of richness and ultimate relaxation. Be guided by our team of professionals mastering the art of touch.

BACK MASSAGE 30mn • 49€

A back massage with powerful maneuvers that relieve tensions.

HOT STONES MASSAGE 30mn • 69€

A back massage associated with the relaxing heat of the volcanic stones.

WARM CANDLE MASSAGE 30mn • 69€

A back massage associated with the heat and spell-binding fragrances of our candles.

CALIFORNIAN MASSAGE 1h00 • 80€

Allow stress to gradually evaporate, giving way to a gentle sense of well-being and serenity. The relaxing maneuvers of this massage unravel tensions all over the body.

MAHANA MASSAGE 1h00 • 90€

Surrender to an exquisite massage, slow and powerful, accompanied by sacks of warm sand. Enveloped by the scent of tiaré flowers, the body sinks into relaxation.

**Massages are for non-therapeutic purposes*

Massages

REVITALISING MASSAGE

1h00 • 90€

This massage explores the ancestral tradition of Ayurveda. Alternating gentle and firm maneuvers as well as friction and pressure on energy points that will bring you relaxation and harmony.

HOT STONE MASSAGE

1h30 • 109€

A complete purifying, remineralising and relaxing treatment. The sculpting techniques are carried out with volcanic and marine stones, helping to bring about a sense of total relaxation and well-being.

COUPLES MASSAGE

Share a privileged moment of absolute relaxation with the person who is dear to you.

Back Massage

30mn • 90€

Back Massage with Hot Stones

30mn • 120€

Back Massage with Warm Candle

30mn • 120€

Californian Massage

1h00 • 150€

Mahana Massage

1h00 • 170€

Facials



Deliver excellence to your skin with a Thalgo FACIAL. The use of authentic marine concentrates create a seaside ambiance and source of relaxation.

Facials

PURITY FACIAL

30mn • 55€

This treatment is customized according to skin type.

OCEANIC FACIAL

1h00 • 75€

Through its marine expertise, Thalgo offers a specific and personalized treatment that addresses the basic needs of your skin:

Marine Source Ritual: hydrates, brightens

Purity & Freshness Ritual: cleanses, normalises

Marine Softness Ritual: soothes, softens

MARINE HYALURONIQUE FACIAL

1h00 • 85€

This professional treatment is designed to smooth the entire face and fill wrinkles in just one hour. Your complexion will be ultra light and your wrinkles will be reduced.

SILICON LIFT

1h15 • 95€

This professional treatment is designed to restore firmness and elasticity to your skin, while addressing marked wrinkles. Your complexion will be ultra bright, tighter and wrinkles will be less pronounced.

Men's Spa



Explore the THALGO treatments
entirely dedicated to MEN.

Men's Spa

BODY SCRUB

30mn • 49€

This Himalayan salt scrub and rich seaweed cream will promote blood circulation, relax muscles and eliminate toxins.

BACK MASSAGE

30mn • 49€

A back massage with powerful maneuvers that relieve tensions.

CALIFORNIAN MASSAGE

1h00 • 80€

Allow stress to gradually evaporate, giving way to a gentle sense of well-being and serenity. The relaxing maneuvers of this massage unravel tensions all over the body.

MEN'S FACIAL

1h00 • 75€

Fights against the first signs of the aging, energizes, hydrates, purifies and tones the skin.

WAXING

BACK 23€

TORSO 23€

EYEBROWS 7€

UNDER ARMS 13€

Beauty Treatments



MANICURE

With nail polish application

25€

With scrub, mask and nail polish application

45€

PEDICURE

With nail polish application

25€

With scrub, mask and nail polish application

45€

NAIL POLISH APPLICATION

Nail polish application on hands or feet

12€

Beauty Treatments

WAXING

FULL LEGS 33€

HALF LEGS 25€

ARMS 15€

UNDER-ARMS 13€

BIKINI LINE 12€

FULL BIKINI 20€

EYEBROWS 7€

LIPS 7€

CHIN 9€

FULL FACE 13€

Full legs, Bikini Line and Under-arms 50€

Eyebrows and Lips 10€

Half legs, under-arms and eyebrows 40€

OPENING HOURS Open every day from 10h00 to 20h00.

RESERVATIONS Booking in advance is strongly recommended.

CANCELLATIONS All cancellations must be made 48 hours in advance or there will be a charge.

ARRIVING LATE Late arrival is not entitled to an extension of benefits provided. Please arrive **10 minutes** prior to appointment.

AGE REQUIRED Minors must be accompanied by an adult.

ACCIDENTS OR INJURY Manoir des Impressionistes cannot be held responsible for any accident or any injury suffered by a customer.

HEALTH Please notify us if you have medical concerns (allergies, injuries, circulatory problems, etc) or if you are pregnant. Some treatments are not suitable for pregnant or nursing women. The management reserves the right to change your planned treatment or cancel it if you do not have a medical certificate (less than 3 months) proving that you can receive the requested treatment.

CLEANLINESS The spa area and facilities follow a regular hygiene specifications and are cleaned after each use.

LOST OR DAMAGED BELONGINGS Each person is responsible for their belongings. We accept no liability for loss or damage to these personal items.

TOBACCO & ALCOHOL Tobacco use is prohibited in indoor spaces. Alcohol is consumed in moderation. It is strictly forbidden to serve alcohol to a minor, even accompanied. Soft drinks are available. Alcohol abuse is dangerous for health.

MASSAGES Our massages are for relaxation and well-being. Non-therapeutic and non-medical.

STEAM ROOM & SAUNA It is recommended not to stay more than 15 minutes in the steam room without rehydrating. A bathing suit is required. Not suited for: pregnant women, juvenile persons, respiratory problems, asthma, heart problems, cardiovascular, circulatory problems, hypertension, hypotension, phlebitis, diabetes, claustrophobia, drug use, alcohol, poor tolerance of heat.

RESISTANCE POOL We ask that you rinse your body before swimming.

LINENS Towels are available in the dressing room. These linens are your responsibility.

SWIMSUIT Remember to take your swimsuit for the wellness area. In the case that you forget to bring a suit, swimsuits are available for purchase at the spa.



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