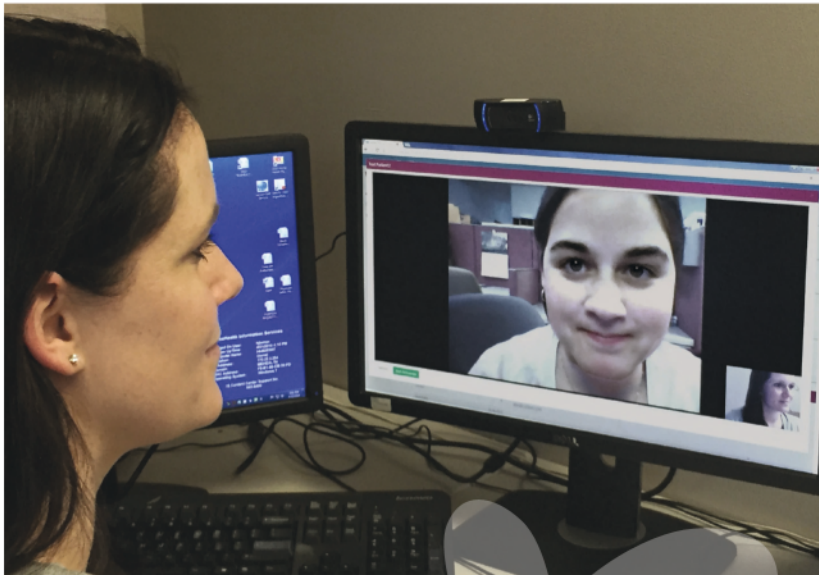


Telehealth Services



Education • Support • Connection

Through the tools of advanced telehealth technology, patients with chronic disease are achieving improved health, independence and quality of life.

MaineHealth

CARE AT HOME

Telehealth Services

Serving
Cumberland, York,
Knox, Waldo, Lincoln
and southern Oxford
Counties.

We believe that integrating technology with expert clinical care will improve health and promote independence for our patients.

Clinicians leverage the tools of Telehealth to:

- secure real-time data metrics to respond quickly to the signs and symptoms of illness
- decrease the rates of hospitalization and urgent care
- engage patients with improving adherence with their medical care plans
- enhance caregiver participation in supporting patient progress and compliance

Patient Benefits

Using a 4G touchscreen tablet and wireless monitoring devices, patients take an active role with improving their health and quality of life.

Telehealth allows patients to:

- monitor and record their vital signs and activity levels
- improve medication compliance through program alerts and reminders
- connect with caregivers face-to-face using the tablet's video chat capabilities
- gain knowledge about their chronic conditions through educational videos and quizzes
- learn to identify the signs and symptoms of illness

To learn more, call: 1-800-660-4867
To refer to services, call: 1-866-255-8744

www.mainehealthcareathome.org