MY PILLOW KEEPS MOVING: Teacher’s Guide

After reading MY PILLOW KEEPS MOVING out loud to your students, try these activities to extend the learning in the classroom:

1. In a picture book, words and illustrations work together to tell the story. Look closely at MY PILLOW KEEPS MOVING. Count how many pages of this book have only art, no text (signs in the store windows don’t count). Now pick one page without text and imagine that the book will no longer have this illustration. What words could tell the same part of the story that the illustration is telling? Write the text that would substitute for the missing illustration.

2. On the page where the man is trying to listen to music and the dog is howling/barking loudly, look at the photos on the mantelpiece. Now look at the photos on the mantelpiece on the last page of the book. What is different? What part of the story are these photos telling us, without any words? Can you find other clues in the illustrations that help give us information without words?


4. In this story, a man ends up adopting two pets. If you could adopt any animal—real or imaginary—which animal would you choose, and why?