



SUMMER OF KINDNESS BUCKET LIST

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- Create handmade bird feeders.
- Create an artistic family mission statement.
- Take the #30Days of Kindness Challenge.
- Bake treats to share with a neighbor.
- Camp out with a nature journal.
- Leave inspirational sidewalk chalk notes.
- Foster a pet or make pet toys for a shelter.
- Celebrate 4th of July with cards for soldiers.
- Operate a garage sale for a cause.
- Host a lemonade stand for a cause.
- Collect items for a charity you care about.
- Organize a neighborhood book swap.
- Host a sleepover for the Pajama Program.
- Pick up litter at your local playground or beach.
- Read with purpose for lonely seniors, pets, etc.
- Join the Big-Hearted Families™ Book Club.
- Explore a new park and pick up litter.
- Start a back-to-school supplies drive.
- Create unique art as a gift.
- Write stories as a gift.
- Support Meals on Wheels.
- Walk or run for a cause you care about.
- Leave treats & thank yous for a service person.
- _____
- _____
- _____
- _____
- Make a kindness plan for the new school year.



Find instructions, book ideas, and conversation starters for each activity at DoingGoodTogether.org/BHF/Summer-of-kindness.