



Family Volunteering Assessment Survey

List your family's skills, personality traits, talents and preferences.

Describe what your family would like to learn from volunteering.

What causes does your family find most interesting?

List your children's ages.

Describe the best times and locations for your family to volunteer..

List some ideas for volunteer projects your family would consider.

1.

2.

3.

4.



Time & Talent:

Take a few minutes with your family to brainstorm answers to these questions.

Who will be volunteering? Will everyone volunteer together? Or will you break into smaller groups within your family? Can you include grandparents? Cousins? Friends?

When can you spend time helping? Where is there a blank spot or two on your calendar?

What are you really good at or what do you most enjoy doing in your free time?

What about the rest of your family? What are their talents and skills?

Is there a special issue or skill that you want to learn more about?

What are your family's favorite charities?

How can the personality traits of your family be combined into a volunteer project? [Browse our projects](#) to get some ideas about what might fit.



Helping Habits:

Take a few minutes with your family to brainstorm answers to these questions.

What are your top five favorite things to do as a family? Be sure to jot down the things you do often!

1. _____
2. _____
3. _____
4. _____
5. _____

For each of your favorite family activities, jot down at least one small way you could add a bit of service or an act of kindness. (For example, if you enjoy playing in the park, you could bring along a plastic bag to pick up garbage first. If you like to play a special game together, consider donating that game to a family shelter. If you love to read, consider starting your own family book club and select a few books from our resources page). Visit our projects [link] page to get more ideas.

1. _____
2. _____
3. _____
4. _____
5. _____

Now, take a vote with your family and pick one habit to start right away! What will you do? Do you need any supplies? Should you do any research?

If I ran the world...

Take a few minutes with your family to brainstorm answers to these questions.

Make a list of all the things you're grateful for.

Now make a list of things you wish you could make better in the world.

Who are your real life heroes and why?

If you ran the world, what problem would you fix first?

If you ran the world, what would you make sure every person had?
