• Did you get a chance to help anyone today?
• Did anyone help you today?
• Did you notice anyone struggling today? What happened?
• How do you think (your classmate) felt when (something happened)?
• Why do you think it’s important that friends, teachers, and students help each other during the school day?
• Is there anything you wish you had done differently?
• What does it mean to have courage? Have you ever had to be brave?
• What would life be like if (someone specific, a friend in the car pool, a neighbor, a story from school) didn’t help you out today?
• Can you think of a helpful thing you wish you had done today?
• Can you think of one act of kindness you would like to share tomorrow?
• Are you feeling sorry about anything that happened today? (Admitting mistakes shows kids that no one is perfect, and opens the way for them to share meaningful apologies).
• Today I heard about (something) on the news. I wonder how that experience would have felt? I wonder how we can help?
• How do you make yourself feel better when you feel frustrated or angry at school? What about bored or tired? Excited?
• Do you think your teacher ever feels frustrated, tired, or angry at school? How do you think s/he copes with those feelings?
• Can you imagine being a teacher at your school? A bus driver? A recess monitor? How do you think you would feel doing those jobs?
• Did you learn anything confusing today? Maybe I can help make sense of it.
• If you could set the lesson plan for tomorrow, what would you want to learn?
• What are you proud of today?
• What’s the best thing about being a girl (or boy)? What’s the hardest thing?
• Can you name something you love or think is special about our family today?
• What is one thing you are grateful for today?
• What is one thing you hope to do better tomorrow?
• Are there any new kids at school? How could we make them feel welcome?
• If you won a grand prize of $1,000, how would you spend it?
• If you won $1,000 and could not spend it on yourself or your family, how would you spend it?
• If you could only keep one toy, what would it be?
• If you could only keep one toy, to whom would you give the rest?
• If you could change one thing in the world, what would you change?
• Do you know anyone in school who has trouble making friends? How could you help?