

**ERACE THE STIGMA:
MOVING FOR MENTAL HEALTH**



Saturday, September 16, 2017

- 7:45 AM Race Day Registration
- 8:15 AM Yoga Stretching
- 8:30 AM Race Start Time
- Start/Finish Location: 270 E. Main St., Painesville, OH 44077
- Chip Timed Event
- Refreshments available before and after race

**Come run or walk to show your support for persons living with mental illness.
All proceeds go towards activities for Extended Housing clients.**



Extended Housing's mission is to support individuals with severe and persistent mental illness to live as independently as possible by creating, developing, and sustaining safe, decent, affordable housing options.

For more information please email amestek@extendedhousing.org or call 440-352-8424 ext. 118

Online registration available: <http://www.extendedhousing.org>

eRace the Stigma – Moving for Mental Health 5K \$20 thru 9/15/17 \$25 Race Day
 1 Mile Fun Run \$10 thru 9/15/17 \$15 Race Day
 EH Client No Charge – Thru 9/8/17 at noon - EH Client Only

First Name _____ Last Name _____
 Address _____ Email _____
 City _____ State _____ Zip _____ Age on race day _____

Gender: Male / Female **T-shirt size:** S M L XL XXL (Guaranteed to 9/8/17 at Noon)

I accept that I compete in this event at my own risk and I hereby waive and release the event, Extended Housing, Greater Cleveland XC, Second Sole Mentor, city of Painesville and any city or village, sponsor, officer, and member of said organization, their representatives, successors, assigns, and any individuals who are in any way connected with this event from all rights and claims for any accident, injury, or loss suffered as a consequence of my participation.

Signature: _____ (Parent or Guardian Signature Required if Under 18)

Please make checks payable and send to:

Extended Housing
 Attn: Andrea
 270 E.Main St., Suite 300
 Painesville, OH 44077

