

# ALCHEMY JUICE CO.

## NUTRITIONAL INFO

### PALEO STEW

400g / portion  
Calories: 348  
Fat: 26.8g  
Carbs: 17.2g  
Fiber: 5.2g  
Protein: 6g

### SUMMER SALAD

293g / portion  
Calories: 642  
Fat: 60g  
Carbs: 13.3g  
Fiber: 5.6g  
Protein: 9.3g

### ASIAN SALMON

421g / portion  
Calories: 589  
Fat: 41g  
Carbs: 19.9g  
Fiber: 7.6g  
Protein: 31g

### PALEO POWER

299g / portion  
Calories: 358  
Fat: 26g  
Carbs: 14.5g  
Fiber: 8.3g  
Protein: 11.1g

### BEEF CRACK KALE

260g / portion  
Calories: 623  
Fat: 44g  
Carbs: 26g  
Fiber: 8.2g  
Protein: 26g

### SUPERFOOD SALAD

237g / portion  
Calories: 535  
Fat: 42g  
Carbs: 26g  
Fiber: 6.5g  
Protein: 8.5g

### PALEO CAESAR

291g / portion  
Calories: 716  
Fat: 58g  
Carbs: 15.2g  
Fiber: 6g  
Protein: 30g

### KALE CRACK SALAD

136g / portion  
Calories: 409  
Fat: 35g  
Carbs: 13.3g  
Fiber: 4.6g  
Protein: 8.2g

### CHICKEN PAD THAI

390g / portion  
Calories: 389  
Fat: 20g  
Carbs: 17.3g  
Fiber: 6.4g  
Protein: 30g