



## WS Outreach Tool: Public Service Announcement (PSA)

Addiction is a family disease. It affects the relationships of those close to the addict: parents, spouses, siblings, children, longtime friends, and employers. If someone's addiction is affecting you, first you must help yourself. Nar-Anon is a twelve step support group for families and friends of addicts. There are no dues or fees to join. Just come to a meeting. You will hear others, who are going through similar problems, talk about how they cope and find recovery.

To locate a meeting in your area, go to our website at [www.nar-anon.org](http://www.nar-anon.org) or call (give local hotline phone number).