

To protect the anonymity of all Nar-Anon and Narateen members, the names of those in attendance and stories shared in confidence should not be repeated outside the meetings.


By sharing experience, strength, and hope in the meetings, help and support can be found for the problems caused by addiction. At this time, Nar-Anon does not have Narateen literature; groups use Alateen^{††} material along with Nar-Anon conference approved literature. As members read or study Alateen^{††} literature, they change the words alcoholism to addiction, drinking to using, and alcoholic to addict.

If you have already started a Narateen group, please notify us of your meeting place, day, and time by registering your group online or in writing to the WSO.

^{††} See S-300 NFG Guide to Local Services, Sec 9-1

MISSION STATEMENT

The Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else's addiction. As a twelve step program, we offer our help by sharing our experience, strength, and hope.

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World Service Narateen Committee

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FACILITATING A NARATEEN GROUP



**Interested in giving back by
becoming a facilitator for a
Narateen group?**

The World Service Narateen Committee
is very interested in hearing from you!

***Narateen is a twelve step program
for teenaged relatives and
friends of addicts.***

What is a Narateen group?

Narateen meetings are closed except by group conscience and limited to teenagers who are coping with the addiction problem of a family member or friend. Facilitators guide and share knowledge of the Twelve Steps and Twelve Traditions by keeping meetings and groups focused and on topic.

Where can a Narateen meeting be held?

A group may meet at the same location as Nar-Anon Family Group meetings, and even at the same time, which helps with transportation. Once a meeting is established, location, day, and time can be announced at all Nar-Anon Family Group meetings.

In addition, schools, counselors, recovery programs, and community centers may be notified.

Who may serve as a facilitator?

Any Nar-Anon member who regularly attends meetings is welcome to become a Narateen facilitator. It is highly recommended every group have two regionally trained and certified facilitators, preferably one male and one female. It is suggested that a facilitator not be the relative or legal guardian of a Narateen member in their group, as members of the group may feel uncomfortable speaking freely and openly.

How is a Narateen group started?

Initially, Narateen groups are started from suggestions by Nar-Anon members, NA members, professionals, or from teens themselves. If a region does not have a certification process for facilitators, ask regional officers to contact the World Service Office (WSO) or the World Service Narateen Committee for information. If you are currently not part of a region, you may either join an existing region, or work directly with the WSO or the World Service Narateen Committee. All Narateen groups and facilitators must meet World Service Safety Guidelines and register with the WSO. See contact information on back.