



“Nar-Anon Traditions Workshop”

Santa Barbara

September 16, 2017

Trinity Lutheran Church – Fellowship Hall

909 N La Cumbre Road, Santa Barbara

Fellowship - 9:30a.m.

Workshop - 10a.m. to 4p.m.

Statement of Purpose: Central California Nar-Anon Family Groups is a fellowship for family and friends affected by someone else’s addiction. This workshop is designed to help provide experience, strength, and hope in applying Traditions in all our affairs. We will have speakers and panel discussions. Please Come!

10 am “Tradition 1 – Common Welfare” Group Discussion; SESH page 16

11 am “The Twelve Nar-Anon Traditions in our Lives”; Speakers

12 pm Pot Luck Lunch

1 pm “Tradition 5 – Practice 12 Steps, Understanding Addict, Comforting Families; Panel discussion, SESH page 142

2 pm Group breakout; Three Scenarios applying Nar-Anon Traditions

4 pm Closing