

To protect the anonymity of all Nar-Anon and Narateen members, the names of those in attendance and stories shared in confidence should not be repeated outside the meetings.


By sharing experience, strength, and hope in the meetings, help and support can be found for the problems caused by addiction. At this time, Nar-Anon does not have Narateen literature; groups use Alateen<sup>††</sup> material along with Nar-Anon conference approved literature. As members read or study Alateen<sup>††</sup> literature, they change the words alcoholism to addiction, drinking to using, and alcoholic to addict.

If you have already started a Narateen group, please notify us of your meeting place, day, and time by registering your group online or in writing to WSO.

<sup>††</sup> See S-300 NFG Guide to Local Services, Sec 9-1

## MISSION STATEMENT

The Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else's addiction. As a twelve step program, we offer our help by sharing our experience, strength, and hope.

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World Service Narateen Committee

Email: [Narateen@nar-anon.org](mailto:Narateen@nar-anon.org)

## NARATEEN GROUP INFORMATION



**Interested in giving back by becoming a facilitator for a Narateen or Pre-teen group?**

The World Service Narateen Committee is very interested in hearing from you!

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***Nar-Anon is a twelve step program for the families and friends of addicts.***

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## **What is a Narateen group?**

Narateen is a part of the Nar-Anon program for teens affected by someone else's addiction. Meetings are closed except by group conscious and limited to teenagers who are coping with the addiction problem of a family member or friend. Facilitators guide and share knowledge of the Twelve Steps and Twelve Traditions by keeping meetings and groups focused and on topic.

## **Where can a Narateen meeting be held?**

A Narateen group meeting at the same time and location as a Nar-Anon or NA meeting will help teens with transportation. Once a meeting is established, the location, day, and time can be announced at all Nar-Anon meetings.

In addition, schools, counselors, recovery programs, and community centers may be notified.

## **Who may serve as a Narateen facilitator?**

Any Nar-Anon member who regularly attends meetings is welcome to become a Narateen facilitator. It is required that every Narateen group have two regionally certified facilitators, registered with WSO, preferably one male and one female. Certification includes successful completion of a background check. Relatives and legal guardians of teens may serve as Narateen facilitators; however, this is discouraged as some members of the group may feel uncomfortable speaking freely and openly.

## **How is a Narateen group started?**

Narateen groups start from suggestions by Nar-Anon members, NA members, professionals, or from teens themselves. If a region does not have a certification process for facilitators, ask regional officers to contact the World Service Office (WSO) or the World Service Narateen Committee for information.

In the absence of an area or region, a group is requested to contact the World Service Narateen Committee for guidance on starting a Narateen group. All Narateen facilitators and groups must register with WSO. See contact information on the back of this pamphlet.