



LahLah times	Monday	Tuesday	Wednesday	Thursday	Friday
10am-11am		<u>Gentle Flow: Brigitte Gauchi Borda School of Dance</u>			<u>Gentle Flow: Ta'L-Ibrag</u>
6pm-7.15pm	<u>Gentle Flow: Ta'L-Ibrag</u>		<u>Dynamic Flow: Ta'L-Ibrag</u>	<u>Gentle Flow: Ta'L-Ibrag</u>	
7.30-8.45pm	<u>Dynamic Flow: Ta'L-Ibrag</u>			<u>Dynamic Flow: Ta'L-Ibrag</u>	

Classes must be pre-booked, please call Lisa on 99969483 to book your place
 Please click on the class link for exact location