

Shoror

(Armenia)

Shoror literally means a to and fro movement of the torso. Choreographer Paylak Sarkisian choreographed this dance and taught it in May 2007.

Pronunciation: Shohr-OHR

Music: *Barev Armenian Dances*, Band 1. 6/4 meter

Formation: Closed or semi circle, little fingers interlocked with arms in W-pos at chest level, facing ctr.

Styling: Step and bounce: Characteristic are the double knee bounces—on cts 1 and 3, 4 and 6 the knees are bent, bouncing at every step, knees bent (down, up, down, up - four movements of equal length on cts 1, 3, 4 and 6. When arms move to R, lean upper body slightly to L and watch R hand. Reverse body movement when arms move to L.

<u>Meas</u>	<u>Pattern</u>
4+ meas	<u>INTRODUCTION</u> : Flute solo plus 4 measures

I.A SWAY

- 1 Step and bounce on R to R, arms moving slightly to R (cts 1-3); close and bounce L beside R, arms coming back to orig pos (cts 4-6).
- 2 Step and bounce on R to R, arms moving slightly to R (cts 1-3); touch and bounce ball of L ft beside R, arms coming back to orig pos (cts 4-6).
- 3 Sway and bounce on L to L (cts 1-3); sway and bounce on R to R (cts 4-6).
- 4 Shift wt onto L (cts 1-3); touch and bounce on ball of R ft beside L (cts 4-6); arms come down to V-pos (ct 6).

I.B IN AND TURN LEFT

- 5 Step and bounce on R to ctr, R ft and body turn diag L, arms come to W-pos (cts 1-3); touch and bounce ball of L ft beside R (cts 4-6).
- 6 Step back on L, arms come back to V-pos (cts 1-3); touch and bounce ball of R ft beside L (cts 4-6).
- 7 Release hands and make a full turn CCW with 6 walking steps, starting with R ft, L forearm in front of waist, R arm extended sdwd, palms face up.
- 8 Big step fwd to ctr on R, R knee strongly bent (cts 1-3); touch and bounce ball of L ft beside R (cts 4-6).

II.A CIGARETTE (LONG FIGURE)

- 1-2 Repeat Fig I, meas 1-2.

Shoror—continued

- 3 Touch and bounce ball of L ft in front of R to floor, L knee turned inwards, arms slightly moving to L (cts 1-3); touch and bounce ball of L ft in front of R to floor, L knee turned outwards, arms coming back to orig pos (cts 4-6).
- 4 Step and bounce on L to L (cts 1-3); touch and bounce ball of R ft beside L (cts 4-6).
- 5 Step on R to R (cts 1-3); step on L across behind R (cts 4-6).
- 6 Step on R to R (cts 1-3); step on L across over R (cts 4-6). Arm movement during meas 5-6: arms circle R to finish with L arm sdwd to L (waist level), R arm in front of waist (arms parallel). Face L arm, still holding little fingers.
Note: No bouncing in meas 5 & 6.

II.B CIGARETTE (SHORT FIGURE)

- 7 Step and bounce on R to R, arms (in low W-pos) moving slightly to R (cts 1-3); touch and bounce ball of L ft beside R (cts 4-6).
- 8 Touch and bounce ball of L ft in front of R to floor, L knee turned inwards, arms slightly moving to L (cts 1-3); touch and bounce ball of L ft in front of R to floor, L knee turned outwards, arms coming back to orig pos (cts 4-6).

III. HARLEY DAVIDSON

- 1 Step on L across over R, hands make small downward movement, L knee is strongly bent (cts 1-2); step on ball of R ft to R, hands back to orig pos (ct 3); step on L across over R, hands make a small downward movement, L knee strongly bent (ct 4-5); step on ball of R ft to R, hands back to orig pos (ct 6).
- 2 Step on L across over R, hands make small downward movement, L knee is strongly bent (cts 1-2); step on ball of R ft to R, hands back to orig pos (ct 3); step on L across over R, hands make a small downward movement, L knee strongly bent (ct 4-5); no action (ct 6).
- 3 Release hands and make a full turn CW with 6 walking steps (start with R), R forearm in front of waist, L arm extended sdwd. Palms face up
- 4 Big step fwd to ctr with R, R knee strongly bent (cts 1-3); touch and bounce ball of L ft beside R (cts 4-6).

SEQUENCE:

Fig I, Fig II, Fig III,

Fig I, Fig II, Fig III, Fig III

Fig I, Fig II, Fig III,

Fig I,

Fig I, meas 1;

Fig I, meas 2: step on R to R (ct. 1); hold (ct 2-5); step on L across over R with L knee strongly bent (ct 6). Arms circle R to finish with L arm sdwd to L (waist level), R arm in front of waist (arms parallel). Face L arm, still holding little fingers.

Presented by Tineke van Geel