



PUBLICATIONS

Peer Reviewed Journals

McKiernan A., Ryan P., McMahon, E. & Butler, E. & Bradley, S. (Submitted). Understanding young people's experiences of relationship breakup by reference to the Dual Processing Model of Coping and Bereavement.

McKiernan A., Ryan P., McMahon, E. & Butler, E. (2017). Qualitative Analysis of Interactions on an Online Discussion Forum for Young People with Experience of Romantic Relationship Breakup. *Cyberpsychology, Behavior, and Social Networking*, 20(2): 78-82. doi:10.1089/cyber.2016.0450.

McKiernan, A., Steggles S, Guerin, S. & Carr, A. (2010). A controlled trial of group cognitive behaviour therapy for Irish breast cancer patients. *Journal of Psychosocial Oncology*, 28(2), 143-156.

Non-refereed Papers in Professional Bulletins

McKiernan, A., Steggles, S. & Carr, A. (2013). Understanding how People Cope with Cancer: A Review of Theories. *Irish Psychologist*, 39(8), 218-223

McKiernan, A. & Ryan, P. (2010). Design and evaluation of an internet-mediated coping skills resource for young people adjusting to romantic relationship dissolution: 'Project Break-Up'. *National Institute of Health Sciences Research Bulletin*, 5(3), 32.

McKiernan, A., Ryan, P., Fitzsimons, S., Egan, R. & Swann, J. (2009). An integrative evaluation of the Incredible Years Classroom Management Programme in Ireland. *National Institute of Health Sciences Research Bulletin*, 5(2), 74.

Steggles, S. & **McKiernan, A.** (2007). Brief overview of emotional and psychiatric responses to a cancer diagnosis, *CancerWise*, 6(3), 8-10.

Steggles, S. & **McKiernan, A.** (2007). Status of Psycho-oncology Internationally and in Ireland, *CancerWise*, 6(2), 23-25.

McKiernan, A., Guerin, S. Steggles, S. & Carr, A. (2007). Finding a balance in the mix: Examining the merits of mixed-method research designs. *Irish Psychologist*, 33(11), 279-282.

Reports

D'Alton, P., Bates, U., Delaney, S., Kinsella, L., **McKiernan, A.**, & McKiernan, D. (2014). Palliative Care Competence Framework for Psychologists. Dublin: Health Service Executive.

Invited presentations

Mc Kiernan, A. Reflections on how to support patients and families. Annual Night Nursing Conference, Irish Cancer Society, Aisling Hotel, Dublin, 7th May 2014.



Mc Kiernan, A. Tips for supporting a Family of a child with life-limiting illness. 1st Children's Palliative Care Conference: Connecting Hospital and Hospice, Dublin, 30th November, 2013.

McKiernan, A. Heartache and Technology: Young People's Usage of Technology in the Context of Romantic Relationship Breakup. Mental Health Conference, Burlington Hotel Dublin, September 27th, 2012.

McKiernan, A., Steggles, S. & Carr, A. Examining the feasibility and effectiveness of providing structured psychological group support for Irish breast cancer patients: Findings from a study at Saint Luke's hospital, Dublin, Research and Practise in Psycho-Oncology One Day Seminar, Irish Psycho-Oncology Group, Dublin, October, 2006.

McKiernan, A., Steggles S, & Carr, A. The Time to Adjust psychological programme for cancer patients. School of Psychology Research Forum, UCD, Dublin, November 16th, 2005.

Refereed Papers in National Conference Proceedings

McKiernan, A. (Symposium Chair), Davenport, J., Bogue, J., Fitzgerald, S., et al. Ireland's clinical psychology competency framework: From conception to completion. 47th Annual Conference of the Psychological Society of Ireland, Limerick, November 8-11th November 2017. (Accepted)

McKiernan, A. & Aldridge, J. Psychological Oversight of Suicide Risk Management in Health Care Settings: Experience from Children's Hospice & Palliative Care Services. 47th Annual Conference of the Psychological Society of Ireland, Limerick, November 8-11th November 2017. (Accepted)

McKiernan, A. Clinical Psychology Practice in Children's Hospice & Palliative Care Services: A Day with Short Lives. 47th Annual Conference of the Psychological Society of Ireland, Limerick, November 8-11th November 2017. (Accepted)

McKiernan, A., Carroll, S., Ritchie, B. & Kelly, C. Working well when it matters most: Collaborating to address uncertainty around use of children's acute and hospice services. 47th Annual Conference of the Psychological Society of Ireland, Limerick, November 8-11th November 2017. (Accepted)

McKiernan, A., Guerin, S., Quinn, C. & Carr, A. (2016). Respite, family functioning and parental coping in paediatric palliative care. Paper presented at the Second International Children's Palliative Care Conference. Building Bridges - Home, Hospital and Hospice: An Interdisciplinary Conference. Farmleigh House, Phoenix Park, Dublin, Ireland. 22-23rd April 2016.

McKiernan, A., O'Keeffe, L., Quinn, C., Butler, E., Guerin, S. & Carr, A. LauraLynn Children's Hospice: Respite, family functioning & parental coping. 45th Annual Conference of the Psychological Society of Ireland, Galway, November 11th-14th November 2015.

McKiernan, A., Quinn, C., Tracey, C., Hillis, R. & Carr, A. LauraLynn Children's Hospice: Study of families' experiences of respite care, parental coping and family functioning. 43rd Annual Conference of the Psychological Society of Ireland, Sligo, November 7th - 9th November 2013.



McKiernan, A., & Ryan, P. Helping Young People Grieve Romantic Relationship Breakup. 42nd Annual Conference of the Psychological Society of Ireland, Wexford, November 8th - 11th 2012.

McKiernan, A., Ryan, P., Lindenmuth, E. & Quirke, S. Project Break-Up: A Youth-Led Collaborative Study of Young People's Experiences of Romantic Relationship Break-Up. Researching Young Lives: Power, representation and the research process, University of Limerick, Limerick, 30th April, 2010.

McKiernan, A., Ryan, P., McKiernan, R., Dooley, B., & Hodges, H. It's Not Me, It's You: Investigating Young People's Experience of Romantic Relationship Break-Up. 40th Annual Conference of the Psychological Society of Ireland, Wexford, November 5th - 8th 2009.

McKiernan, A., Higgins, L. & King, L. Structured Group Support for Parents of Children with ADHD: A Pilot Study. 40th Annual Conference of the Psychological Society of Ireland, Wexford, November 5th - 8th 2009.

McKiernan, A., Ryan, P., Fitzsimons, S., Egan, R. & Swann, J. An Evaluation of the Incredible Years Classroom Management Programme in Ireland. 40th Annual Conference of the Psychological Society of Ireland, Wexford, November 5th - 8th 2009.

McKiernan, A., Steggle, S., Hession, N., & Carr, A. Conclusions from a controlled evaluation of a psychoeducational intervention for breast cancer patients: The Time to Adjust Programme. Joint Conference of the Divisions of Counselling Psychology The Psychological Society of Ireland & The British Psychological Society, Dublin, June 20-21, 2008.

McElhinney, M, **McKiernan, A** & Mac Keogh, K. Attitudes towards integration and learners willingness to communicate in a second language: The case of polish migrants in the Mid-West. 38th Annual Conference of the Psychological Society of Ireland, Killarney, November 15-18th 2007.

McNamara, J, **McKiernan, A** & Mac Keogh, K. An investigation of the role of self-efficacy in healthy eating behaviour. 38th Annual Conference of the Psychological Society of Ireland, Killarney, November 15-18th 2007.

Steggles, S., **McKiernan, A.**, Carr, A., & Brophy, S. *Time to Adjust Programme*: A Manualized Cognitive-Behavioural Group Psychoeducational Programme for Early Stage Breast Cancer Patients in the Republic of Ireland. April 11-12th, 2007, Inaugural Conference, Irish Psycho-Oncology Group, Dublin.

McKiernan, A., Steggle, S., & Carr, A. Utilising a mixed-methods design to evaluate the *Time to Adjust* psychological intervention for Irish breast cancer patients. Presented as part of a mixed-methods symposium at the 37th Annual Conference of the Psychological Society of Ireland, Galway, November 17-20th 2006.

McKiernan, A., Steggle, S., Brophy, S., & Carr, A. An evaluation of a cognitive behavioural group intervention for Irish breast cancer patients. Presented as part of a cognitive behavioural therapy



symposium at the 37th Annual Conference of the Psychological Society of Ireland, Galway, November 17-20th 2006.

McKiernan, A., Steggle, S., & Carr, A. Examining the place of cognitive behavioural therapy in supporting people with cancer, 28th Annual Congress of Psychology Students in Ireland, Maynooth, April, 2006. Lyddy, F. (Ed) Irish Psychologist, 32 (9).

McKiernan A., Steggle S, & Carr A, Brady L, & Kenny A. Development of a psychoeducational programme for breast cancer patients: The Time to Adjust programme Presented as part of a psycho-oncology symposium at the 36th Annual Conference of the Psychological Society of Ireland, Derry, November 17-20th 2005. Lyddy, F. (Ed), Irish Psychologist, 32 (4), 111.

McKiernan, A., Steggle, S., & Carr, A. Description of a group cognitive behavioural intervention for stages I and II breast cancer patients in the Republic of Ireland, 27th Annual Congress of Psychology Students in Ireland, Belfast, April, 2005. Lyddy, F. (Ed) Irish Psychologist, 31 (9).

McKiernan, A., Steggle, S., & Carr, A. Psychoeducational intervention and cancer. Psychology, Health & Medicine 2004, Conference of Division of Health Psychology of the Psychological Society of Ireland, National University of Ireland, Galway, 16 April 2004.

Refereed Papers in International Conference Proceedings

McKiernan, A., Steggle, S., Hession, N. & Carr, A. Exploring concerns and meeting goals: Irish patients' perception of psychoeducational intervention. 9th World Congress of Psycho-Oncology, London, 16-20 September, 2007. *Psycho-Oncology*. 16(9), 119.

Steggle, S., **McKiernan, A.,** Guerin, S, & Carr, A. Utilising a Mixed-Methods approach to evaluate a coping skills programme for cancer patients: Findings from the Time to Adjust Programme, Mixed Methods Conference, Fitzwilliam College, Cambridge, U.K, July 2007. In T. Muncey (Ed). HSHS Mixed-Methods conference 2006. p. 56.

McKiernan, A. (Session Chair), Steggle, S., & Carr, A. Utilising a mixed-methods design to gauge Irish cancer patients' perception of psychoeducational intervention. 2007 Hawaii International Conference on Social Sciences June, 2007, Honolulu, Hawaii, USA. In Hawaii International Conference on Social Sciences conference programme, p. 69.

McKiernan, A., Steggle S, & Carr A. Examining findings from the *Time to Adjust programme*: Utilising a mixed-method design to determine for the first time the acceptability, feasibility and effectiveness of providing structured psychological support for Irish cancer patients. 8th World Congress of Psycho-Oncology, Venice, Italy, 18 - 21 October, 2006. *Psycho-Oncology*. 13(8), 317.

Steggle, S., **McKiernan, A.,** Carr, A. & Brophy, S. A manualised cognitive-behavioural group psychoeducational programme for early stage breast cancer patients in the Republic of Ireland: The Time to Adjust programme. Joint session of the IPOS and European Cancer League, Oct. 21, 2006, Venice, Italy.



McKiernan, A., Steggles, S., & Carr, A. Evaluating the *Time to Adjust* psychological intervention for Irish breast cancer patients: Informing quantitative analysis through examination of patient reports, Mixed Methods Conference, Fitzwilliam College, Cambridge, U.K, July 2006. In T. Muncey (Ed). HSHS Mixed-Methods conference 2006. p. 68.

McKiernan, A., Steggles, S., & Carr, A. Applying the cognitive model of adjustment to the cancer experience, The British Psychological Society Student Members Group Annual Conference, Cardiff, Wales, March, 2006. BPS Conference Proceedings, BPS, Leicester.

McKiernan, A., Steggles S, Carr A & Gauthier-Frohlick G. Development of a psychological intervention for breast cancer patients. Canadian Association of Psychosocial Oncology Meeting, Victoria, British Columbia, Canada, April, 2005.

McKiernan, A., Steggles S, & Carr A. Description of a psychoeducational intervention for Irish breast cancer patients. 7th World Congress of Psycho-Oncology, Copenhagen, Denmark, 23 - 27 August, 2004. *Psycho-Oncology*. 15(2), 753.