

# Scilla's suggestions on what you can do right now:

## 1. **Support alliances of cities standing for peace values**

If you live in a city, ask if your city is one of the United Nations Peace Messenger Cities. These are cities around the world that have volunteered for an initiative sponsored by the United Nations to promote peace and understanding between nations. Look up your city [here](#).

## 2. **Get to know and embody Feminine Intelligence!**

To shape the future that is needed in our world today we must bring into balance the masculine and the feminine. Indispensable feminine wisdom and qualities are needed now more than ever: the potency of COMPASSION, the gift of DEEP LISTENING, the brilliance of INTUITION, the essential understanding of INTERCONNECTEDNESS and the warmth of INCLUSIVITY. Marginalised for centuries, these qualities are emerging strongly again. FemmeQ invites you to join women and men around the world who are awakening these qualities and reclaiming their authority and power to serve the greater good, to protect and honour life and shape a world which serves human flourishing and planetary regeneration. All over the world, in all systems, we see the devastation caused by the old patriarchal system and the global consequences that cut across societies, geographies, and generations. The feminine intelligence that exists in both women and men is now needed to face the current crises and bring a radical shift in the way we live and lead. Find more information [here](#).

## 3. **Support students to trigger massive divestment from fossil fuels**

Started by a small group of university students in Philadelphia, "350" became a global grassroots climate movement that focused on holding leaders in various positions accountable to the realities of science and the principles of justice. Their argument was simple and twofold, supplementing a moral incentive with an economic one: it is not only wrong to profit from climate change, but it also is no longer a good investment as fossil fuel assets are losing value fast. The campaign inspired institutions to divest around 5.4 trillion from fossil fuels; another 5.2 billion was divested by individuals as of January 2017. Learn more about the global climate community 350 [here](#).

## 4. **Support non violence in schools and at home**

Many schools are now finding that the simple steps of Non-Violent Communication (NVC) work extremely well to minimize bullying and teach children skills that will be invaluable throughout their lives. So if you as parent or grandparent want to propose NVC to your local school, you can find out how this works on the CNVC website. You can also break any cycle of violence in your own family or community by opening dialogue and using Non-Violent Communication. Take a two-day foundation training in NVC, it will change your life. It changed mine. . It's so important yet common sense really, and not difficult at all.

Learn more about NVC [here](#).