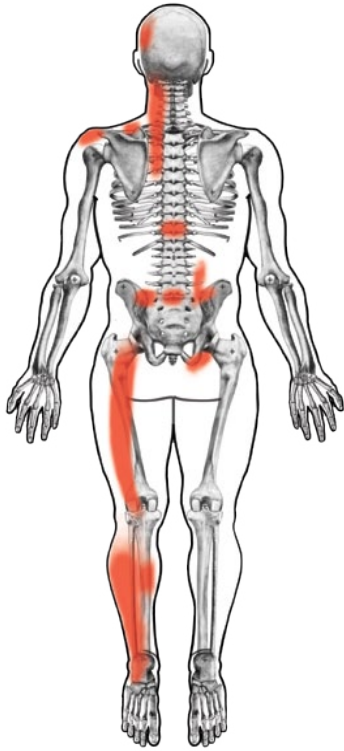


Spinal Reflex Therapy

Sample SRS Symptom Profiles

Sample L5 Left
Myofascial Pain Map



C3

Cervicalgia
Global headache with neck pain
Wrist or elbow pain or binding
Upper thoracic pain and burning
Tight rectus femoris
Knee pain and edema
Low back pain
Lateral thigh sciatica
Fatigue
Rotator cuff restriction

C0

Unilateral frontal headaches
Sinus pressure
Eye ache
Base of neck ache and burn
Night C8 numbness
Low back fatigue
Old man syndrome
Mid-abdominal discomfort
Band of LBP and stiffness

T2

Arm and forearm ache
Elbow pain
Upper thoracic pain and burning
SI pain
Heel pain
Lateral thigh sciatica into calf
Anxiety
Acid indigestion
Sick Headache (common migraine)
Rotator cuff restriction

T5

Anxiety
Neck stiffness
Neck pain
Low back pain
Sciatica
Cardiac stress
Acid stomach
Unilateral sub occipital headaches
Scalene spasms

T-11

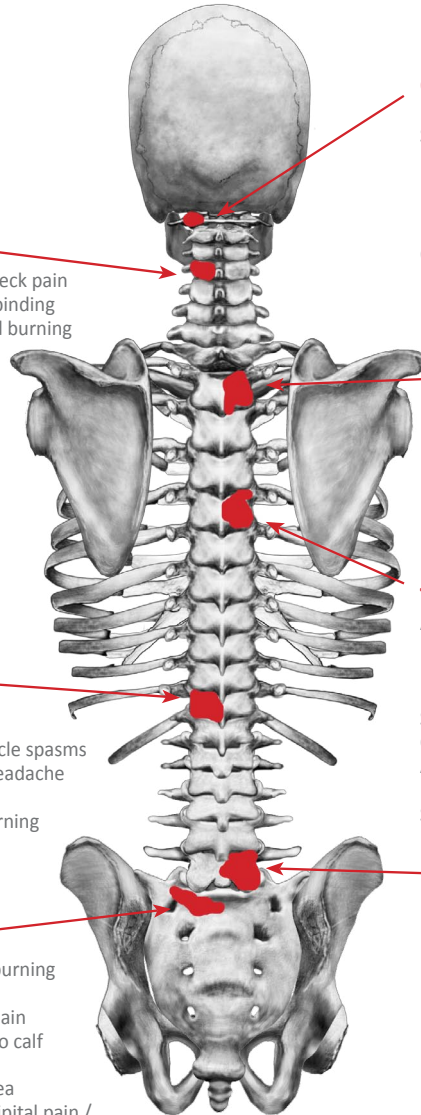
Cervical base pain
Stiff neck
One sided thoracic muscle spasms
Bilateral sub occipital headache
Mid Thoracic pain
Base of neck pain or burning
Diaphragmatic stiffness

S1

Mid scapular pain and burning
Sacroiliac joint pain
Achilles, calf, and heel pain
Lateral thigh sciatica into calf
Anxiety
Acid indigestion, diarrhea
Unilateral sharp suboccipital pain / headache
Bladder pain and infections
Frequent urination
Ipsilateral knee pain

L5

Full thoracic stiffness
Focal low back pain
Gluteal spasms
Neck pain, spasms, and stiffness increases w/ rotation
Posterior sciatica
Same side shoulder restriction with elevation
Rotator cuff syndrome



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Spinal Reflex Therapy is an assessment and treatment Certification Program that effectively addresses the pathophysiology of the spondylogenic reflex syndrome.

SRT Certification offers “one touch” iPad/iPhone app access to visual maps of *pain and symptom profiles*, *biomechanical*, **neuromechanical*, *Spinal Reflex Therapy* and *SRT spinal stabilization exercises*.

SRT Software, ProScan infrared device and SRT Technique Certification are complimentary and included at no cost.

* U.S. MTC, EU and AU Manual Therapist only

Sample L5 Left
Biomechanics Map

