

2015 Mountain Rain Zen Community Practice Period Schedule

Details and registration for these events are available in the Events pages of the Mountain Rain website.

Regular Zendo Practice

Mondays: ZenYU 7:30-9:00 PM

Tuesdays: 6:30-7:40 AM Informal sitting--come for as much as you wish.

Wednesdays: 7:00-9:00 PM

Sundays: 9:30 AM - 1:30 PM (Please note expanded schedule.)

Practice Period Opening Ceremony

Friday, September 25 7:00-9:00

This is part of the weekend retreat, but is open to practice period participants who cannot attend the whole retreat. Each person will have an opportunity to state their intentions for the practice period.

Opening the Lotus Sutra: a non-residential weekend retreat

Friday, September 25 – Sunday, September 27, 2015

Practice period opening retreat led by Myoshin Kate McCandless and Shinmon Michael Newton

Stories and Teachings from the Lotus Sutra: a dharma study series *with resident teachers and sangha leaders*

Wednesdays and Sundays throughout the practice period. September 30 – November 4, 2015

Wednesdays, 7:00-9:00 Sundays, 9:30-12:30 (except half-day retreat on October

Sunday Half-day Retreat and Thanksgiving Potluck

Sunday, October 11, 9:00-1:30

With dharma talk TBA

Mindful Eating Retreat with Myoshin Kate McCandless

Saturday, October 24 9:00-4:00

Loon Lake Sesshin

Residential Zen retreat with Zoketsu Norman Fischer at Loon Lake Camp, Maple Ridge, BC,

Saturday, November 7 – Friday, November 13, 2015

Practice Period Closing Ceremony

Sunday, November 15, 2015 10:00-12:00

Two periods of zazen and closing ceremony

followed by traditional Chinese vegetarian dim sum lunch.