

FACT #1: IDLING WASTES FUEL AND MONEY

- Idling more than 10 seconds burns more gas than it takes to restart the engine.
- In 2 minutes an idling car consumes approximately the same amount of fuel as traveling one mile.

FACT #2: IDLING AFFECTS AIR QUALITY AND YOUR HEALTH

- Exposure to vehicle exhaust increases the risk of cancer, heart, lung disease and asthma and asthma is the most common chronic illness among children.
- The EPA has identified idling as a major contributor to particulate material emissions and Westchester County is ranked 4th worst for fine particulate matter in New York State.

FACT #3: IDLING CAN DAMAGE YOUR VEHICLE'S ENGINE

- Because your engine isn't working at peak operating temperature, fuel does not undergo complete combustion. This leaves fuel residues that contaminate engine oil and make spark plugs dirty.
- Today's electronic engines do not need idling to be warmed up before being operated.

FACT #4: IDLING AFFECTS CHILDREN MORE THAN ADULTS

- Children are more vulnerable to health problems such as asthma and other respiratory illnesses because they breathe faster, inhale more air per pound of body weight compared to adults, and are still growing.

FACT #5: IDLING IS AGAINST THE LAW

- Do your part and turn the car off while parked! Finally, always remember that the best you can do is not to use your car at all, instead to walk or bike whenever you can