



# Alec's story

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AGE: **73**

DIAGNOSIS: **Pancreatic & lung cancer**

ISSUES: **Isolation, help to make arrangements**

“ On my 72<sup>nd</sup> birthday I was diagnosed with pancreatic cancer. This diagnosis made me realise that I needed help and support. Living alone isn't a pleasant experience when you have this sort of news to contend with. I was still hopeful at this time that I had a chance of recovery. I had been told about the cancer advocacy service and Janet visited me at home and I was able to tell her my story. Janet was very sympathetic. I had just been given the news that I had secondary cancer of the lungs and I think they said the liver. I was told that I would only have another 6 months at the most to live. I had been hoping that the treatment might be the answer but now I had a different reality.

The plans that Janet and I had now to make were very different. I told her all about what family I had. I didn't have a will. Janet and I are now making plans for when I am gone. We are looking towards appointing an executor and making an appointment to make a will. I am also making my own funeral plans with the help of Janet. She is looking for things that I can enjoy whilst I still have some time left to do it. ”

Alec's case remains open and to date Janet has supported him for 4 months, with 4 home visits and 10 telephone calls