WORKING WITH ME: WORKSHOPS AND WRITING
WHO I AM

At Aroha Knits, as a knitwear designer and coach, I inspire and empower fiber artists to transform their yarn so they can manifest Aroha, one stitch at a time. I’m passionate about creating meaningful and fulfilling work, shaking up the industry and fibre community, and serving as a catalyst for transformative impact.

As a bi-racial, multi-cultural queer crafter of color, I work to empower knitters, whom I call Fibre Muses, by exploring the intersection of making with identity, so they can think deeply about why they create to make a transformational impact with their craft.

My designs draw influence from my Maori heritage, where I transform the myths, legends, and other stories into stitches and connect them to the story of why we make. Through this recreation, my work aims to remember the past and strengthen the future for the Maori culture and people, while enriching the present knitting community and be a representative for the third-space generation.

I’m on a mission to start a movement. I believe that our art and work as knitters can make a difference. More than ever, this craft, which forces us to slow down and breathe for just a moment, is needed in our society of instant gratification and go-go-go.

Knitting is not just a hobby, but a medium for us to carry out our life’s purpose. It is a powerful medium of bringing more joy, healing, creativity, and connection into our lives... one stitch at a time.

Through intentional creation, we are capable of transformative impact.

AROHA KNITS LLC // FDANOY@AROHAKNITS.COM
FOR WORKSHOPS
- All workshops and events are billed at $100/hour.
- The shop or event is responsible for covering all travel costs.
- The shop is encouraged to have hard copies of patterns available to students to purchase. You can order patterns directly from http://www.deepsouthfbers.com/brands/aroha-knits

FOR ARTICLES
- All articles are charged at $50 per 500 words (includes for guest blogging).
- I can provide 3-4 high-quality images to accompany the writing.

For any questions, you can contact me directly atfdanoy@arohaknits.com
**SHAWL MAGIC**

Students will learn how to knit the three most popular shawl shapes: triangular, crescent and asymmetrical triangular and demystify the process of shawl construction and diversify their shawl design library. By working a mini-prototype of each shawl shape, they will find knitting these little shawls addictive, educational and confidence-boosting.

This challenge is for any Fibre Muse wanting to learn more about shawl construction in order to knit, create or design their shawls confidently and boost their creativity.

**Skill Level:** Advanced beginner; the student needs to be comfortable with knit, purl, and yarnovers.

**Supplies:** DK weight yarn, US 7 needle, four locking stitch markers, pen or pencil.

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8-10 STUDENTS PER CLASS
PAINTING WITH YARN

Have you ever looked at your mountain-high stash of yarn and pondered all of the possibilities of creation that you could draw from it? Do you find yourself wanting to dive more deeply into expressing your colorful, eccentric and unique self through the magic of yarn?

We are going to dive deep into the psyche of the Dreamer Fibre Muse and manifest her magic of self-expression through exploring the interplay of color, fiber, and texture, to inspire and delight her sensibilities and open our yarn world up to new methods and ways of self-expression. We will knit up a simple stockinette swatch: think of it as your canvas, and you are the painter. On this canvas, we will experiment and play with different types of "paint brushes" to produce beautiful paintings and inspire your inner Dreamer Fibre Muse and give her new creative wings.

Skill Level: Advanced beginner; the student needs to be comfortable with knit and purl stitches.

Supplies: An assortment of fingering weight or DK yarns. Appropriate size needles for knitting a swatch - circulars recommended. Size US 4 - US 6 depending on yarn weight. Pen or pencil for taking notes.
EXPLORING MAORI TRADITIONS THROUGH STRANDED KNITTING

As a Maori artist and designer, many of my patterns draw influence from traditional weaving motifs found in taaniko. It is part of my mission of using my work and art to express the stories, values, and perspectives of the culture, to enrich the knitting community with diverse experiences, to remember the past, and leave a legacy for the future.

We will learn about the different taaniko motifs, their meaning, and significance, and then cast on a simple colorwork hat project that features once such motif.

Skill Level: Intermediate; the student needs to be comfortable with colorwork techniques.

Supplies: DK weight yarn (two colorways, one skein each), US 7 needle, locking stitch marker, pen or pencil.
MEET & GREET/TRUNK SHOW EVENTS

I am always happy to bring my samples along for a meet and greet event! These are a great way for the customers to interact directly with me and each other, try on the samples, get autographs on the patterns, meet and mingle, etc.

For a workshop weekend:

- Meet & greet Friday evening or late afternoon.
- One or two workshops scheduled for Saturday.
- One workshop scheduled for Sunday.