

ANDREAS KAPPES

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ACADEMIC POSITIONS AND EDUCATION

Since 2014	Post-doctoral Research Fellow (Department of Experimental Psychology, Oxford Martin School, Uehiro Centre for Practical Ethics), University of Oxford
2011-2014	Post-doctoral fellow, Social Psychology Department, New York University & Cognitive, Perceptual & Brain Sciences, University College London, funded by the German Research Foundation (DFG)
2009 to 2010	Vertretungsprofessur (equivalent to temporary Professor), Department of Psychology, University of Hamburg
2009	Ph.D., Psychology, University of Hamburg, Germany (summa cum laude)
2006	Diplom Psychology (equivalent to M.A.), Free University of Berlin (best possible grade average; 1,0)
2002	Zwischenprüfung Psychology (equivalent to B.A.), Free University of Berlin

GRANTS

The Roles of Goal Representations and Conflict Monitoring in the Initiation of Goal-relevant Actions, German Research Foundation, Ka 3382/1-1 (Three Year Post-doctoral Funding)

This grant is based on my research examining how the detection of information in conflict with current goals initiates self-control.

With Gabriele Oettingen, The Mental Association between Future and Reality Mediates Mental Contrasting Effects on Energization and Behaviour

This grant is based on my dissertation work with Gabriele Oettingen, studying how the integration of obstacles into future thinking affects behaviour.

AWARDS & SCHOLARSHIPS

04/2008 – 04/2009 Dissertation Scholarship, University of Hamburg

10/2008 – 12/2008 Travel Scholarship, University of Hamburg

05/08 Travel Scholarship to attend the conferences of the Society for the Study of Motivation (SSM) and the Association for Psychological Science (APS) in Chicago, University of Hamburg

2008 Teaching Award of the Department of Psychology, University of Hamburg: Best Seminar

PUBLICATIONS

Manuscripts under review/revision

Kappes, A., Faber, N., Kahane, G., Savulescu, J., & Crockett, M.J. (under review). Distinct effects of interpersonal and outcome uncertainty on prosocial behavior.

Kappes, A., Faber, N., Kahane, G., Savulescu, J., & Crockett, M.J. (invited revision) Concern for Others Leads to Vicarious Optimism.

Wittleder, S. **Kappes, A.**, Oettingen, G., Gollwitzer, P., & Morgenstern, J. (under review). Mental Contrasting with Implementation Intentions (MCII) Reduces Alcohol Consumption When Drinking is Hazardous: An Online Self-Regulation Intervention

Kappes, A., Wittleder, S., Oettingen, G., Reinelt, T., Hebbelmann, D., & Wendt, M. (invited revision) Conflict adaptation promotes conquests in daily life.

Peer Reviewed Publications

Kappes, A., Kahane, G., & Crockett, M. J. (2016). From risk to fairness. *Proceedings of the National Academy of Sciences*, 201614111. <https://doi.org/10.1073/pnas.1614111113>

Kappes, A., & Crockett, M.J. (2016). The Benefits and Costs of a Rose-Colored Hindsight. *Trends in Cognitive Sciences*, 20(9), 644–646.
<https://doi.org/10.1016/j.tics.2016.06.009>

Montgomery, M.A., **Kappes, A.**, & Crockett, M.J. (in press) Compassion is not always a motivated choice: a multiple decision systems perspective. *Moral Psychology: Volume 5*, MIT Press

Park, G., **Kappes, A.**, Rho, Y., & Van Bavel, J. J. (2016). At the Heart of Morality Lies Neuro-Visceral Integration: Lower Cardiac Vagal Tone Predicts Utilitarian Moral Judgment. *Social Cognitive and Affective Neuroscience*. *

* listed on SSRN's Top Ten download list for: AARN: Cognitive Anthropology (Topic), AARN: Emerging Areas of Theory (Sub-Topic), AARN: Neuroanthropology (Topic), AARN: Theory (Topic), Biological Anthropology eJournal, CSN: General Cognitive Neuroscience (Topic), Cognitive Neuroscience eJournal and Psychological Anthropology eJournal.

Kappes, A., & Oettingen, G. (2014). The emergence of goal commitment: Mental contrasting connects future and reality. *Journal of Experimental Social Psychology*, 54, 25–39

Merkt, J., Singmann, H., Bodenbug, S., Goossens-Merkt, H., **Kappes, A.**, Wendt, M., & Gawrilow, C. (2014). Flanker performance in female college students with ADHD: a diffusion model analysis. *ADHD*, 321-341. Doi: 10.1007/s12402-013-0110-1

Kappes, A., Wendt, M., Reinelt, T., & Oettingen, G. (2013). Mental contrasting changes the meaning of reality. *Journal of Experimental Social Psychology*, 49, 797-810. Doi: 10.1016/j.jesp.2013.03.010

Kappes, A. & Schikowski, A. L. (2013). Implicit theories about emotions shape responses to negative affect. *Cognition and Emotion*, 952-960. Doi: 10.1080/02699931.2012.753415

Kappes, A. & Oettingen, G. & Pak, H, (2012). Mental contrasting and the self-regulation of responding to negative feedback. *Personality and Social Psychology Bulletin*. 38, 845-857.

Kappes, A., Singmann, H., & Oettingen, G., (2012). Mental contrasting instigates goal-pursuit by linking obstacles of reality with instrumental behavior. *Journal of Experimental Social Psychology*, 48, 811-818.

Oettingen, G., & **Kappes, A.** (2009). Mental contrasting of the future and reality to master negative feedback. In K. Markman, B. Klein & J. Suhr (Eds.), *The Handbook of Imagination and Mental Simulation*. Hove, GB: Psychology Press

Non – Peer Reviewed Publications

Kappes, A. & Sharot, T. Optimism and Entrepreneurship: A Double-Edged Sword
Nesta, invited Research Review, Nesta (independent charity that works to increase the innovation capacity of the UK) link:
<http://www.nesta.org.uk/publications/optimism-and-entrepreneurship-double-edged-sword>

Kappes, A. *Shame about the internet.* In Edmonds, D. (Ed.), *Philosophers take on the world.* Oxford University Press.

CONFERENCE PRESENTATIONS AND INVITED TALKS

Talks

Kappes, A. The Opposing Effects of Outcome and Interpersonal Uncertainty on Prosocial Decision-Making. *London Judgement and Decision Talk Series, UCL*

Kappes, A. Faber, N, Kahane, G, Savulescu, J, & Molly Crockett (2015) Vicarious Optimism in Learning Predicts Altruistic Behavior, *London Experimental Workshop*

Kappes, A. Vicarious Optimism in Learning Predicts Altruistic Behavior (2015), *Social Cognition Talk Series, University College London*

Kappes, A. Mental Contrasting Effects on Goal Pursuit, *Affective Brain Talk Series, UCL.*

Kappes, A & Van Bavel, J. (2013). New Perspectives on the Intuitive Foundations of Morality and Cooperation. (2013), *Symposium at the Annual Meeting of the Association for Psychological Science*

Kappes, A & Van Bavel, J. (2013). Subtle Framing Shapes Moral Judgment (2013), *Association for Psychological Science, Washington*

Kappes, A & Van Bavel, J. (2013) Moral reasoning redux: Subtle framing shapes moral judgment (2013). *Annual Meeting Eastern Psychological Association, New York.*

Oettingen, G., Gollwitzer, P., **Kappes, A.** Wittleder, Morgenstern, J., (2012) Mental contrasting with implementation intentions (MCII) supports college students in regulating their alcohol consumption. *Society of Experimental Social Psychology, Austin, Texas.*

Posters

Wittleder, S., **Kappes, A.**, Reinelt, T., Hebbelmann, D., Wendt, M. & Oettingen, G. Essensspezifische Konflikterkennung sagt effektive Selbstregulation von Essverhalten vorher *Poster for the Conference of the German Psychology Association*

Melnikoff, D., **Kappes, A.**, & Oettingen, G., (2012). Mental contrasting facilitates the processing of negative feedback during goal pursuit. *Poster for the Conference of the Society of Personality and Social Psychology, San Diego.*

Wittleder, S., **Kappes, A.**, Oettingen, G., Gollwitzer, P., & Morgenstern., J. (2012). Mental contrasting with implementation intentions (MCII) as a behavior change intervention to reduce drinking in College students. *Poster for the Conference of the Society of Personality and Social Psychology, San Diego.*

Kappes, A., & Oettingen, G. (2009). How does mental contrasting promote goal attainment? Testing the underlying mental representations. *Poster for the Conference of the Society of Personality and Social Psychology, Tampa, FL.*

Singmann, H., **Kappes, A.**, & Oettingen, G. (2009). Mental contrasting produces associations critical for goal-striving. *Poster for the Conference of the Association for Psychological Science, San Francisco.*

Albert, J., Singmann, H., Merkt, J., Schweikert, P., **Kappes, A.**, Köhler, H., Gawrilow, C., & Wendt, M. (2009). Social facilitation in flanker tasks. *Poster for the Conference of the Association for Psychological Science, San Francisco.*

Merkt, J., Albert, J., Singmann, H., **Kappes, A.**, Gawrilow, C., & Wendt, M. (2009). Reduced Interference of Distractor Stimuli in Female Undergraduates with ADHD. *Poster for the Conference of the Association for Psychological Science, San Francisco.*

Singman, H., Albert, J., Merkt, J., Schweikert, S., **Kappes, A.** Köhler, H., Gawrilow, C., & Wendt, M. (2009). Soziale Erleichterung in der Flankierungsaufgabe (Social facilitation in the flanker task). *Poster for the Conference of the Association of Experimental Psychology, Jena, Germany.*

Kappes, A., Singmann, H. & Oettingen, G. (2008). Processes of Mental Contrasting: Linking Future with Reality. *Poster for the Conference of the Association for Psychological Science, Chicago.*

Kappes, A., Singmann, H. & Oettingen, G. (2008): Mental Contrasting Effects on Goal Commitment Mediated by Perceptual Change of Reality. *Poster for the Conference of the Society for Studying Motivation, Chicago.*

Kappes, A. & Leipold, B. (2006). Die Beziehung zwischen kognitiver Komplexität, Bewältigungsressourcen und subjektivem Wohlbefinden (The relationship between cognitive complexity and subjective well-being). *Poster for the Conference of the German Psychology Association, Nürnberg, Germany.*

Leipold, B., **Kappes, A.** & Joop, D. (2005). Der Einfluss von Ressourcen auf das Selbstkonzept (Impact of resources on the self-concept). *Poster for the Conference of the Association of Differential Psychology, Personality Psychology, and Diagnostic, Marburg, Germany.*

TEACHING

Executive Teaching

Work-in-Progress Meetings, Teaching Professionals about the implications of behavioural science for fighting infectious diseases, Oxford Martin School

Lectures

Self-Regulation and Self-Control, University of Oxford, 2015/2016 (Master students)

Motivation and Emotion, University of Hamburg, 2009 (Bachelor students)

Introduction to Educational Psychology (Lecture), University of Hamburg, 2009 (Master students)

Seminars / Tutorials

Social Psychology, University of Oxford, 2015 (Bachelor students)

Moral Psychology and Philosophy, University of Oxford, 2015 (master students)

Physiological Foundations of Motivation, University of Hamburg, 2010 (Master students)

Research Methods, University of Hamburg, 2010 (Bachelor students)

Motivation and Learning (Advanced), University of Hamburg, 2010 (Bachelor students)

Motivation and Emotion, University of Hamburg, 2009 (Bachelor students)

The New Unconsciousness, University of Hamburg, 2007/ 2008* / 2009 (Master students)

* Awarded Teaching Award for Best Seminar

Goals and behaviour: A cognitive perspective, University of Hamburg, 2009 (Master students)

Instructor, Attention, University of Hamburg, 2007 (Master students)

Summer Schools

Oxford Camp in Seoul (Korea), teaching psychology of well-being to high school students, 2016

REVIEW

I review regularly for Journal of Experimental Social Psychology, Social and Affective Neuroscience, Emotion, Emotion and Cognition, Behavioural Research Methods, Personality and Social Psychology Bulletin, among others.

PUBLIC ENGAGEMENT

STEM Ambassadors (Since January 2016, <http://www.stemnet.org.uk/ambassadors/>):

“STEM Ambassadors use their enthusiasm and commitment to encourage young people to enjoy STEM subjects. They open the doors to a world of opportunities and possibilities which come from pursuing STEM subjects and careers. STEM Ambassadors not only inspire young people, they also support teachers in the classroom by explaining current applications of STEM in industry or research. STEM Ambassadors contribute to their local community and at the same time boost their own professional skills, experience and confidence.”

I also write regularly for the blog “Practical Ethics – Ethics in the News” (<http://blog.practicaethics.ox.ac.uk/>), hosted by the Uehiro Centre for Practical Ethics. The blog had in 2014 more than 1 Million unique visitors.

Three popular post examples:

“The Right to Forget the Stock Market’s blemished Past”

(<http://blog.practicaethics.ox.ac.uk/2014/06/the-right-to-forget-the-stock-markets-blemished-past/>)

“Two Tales of Marshmallows and their Implications for Free Will”

(<http://blog.practicaethics.ox.ac.uk/2014/06/two-tales-of-marshmallows-and-their-implications-for-free-will/>)

“How to Criticize on the Internet: What Shame Teaches us about Online

Harassment” (<http://blog.practicaethics.ox.ac.uk/2015/05/how-to-criticize-on-the-internet-what-shame-teaches-us-about-online-harassment/>)*

* This blog post was turned into a chapter for the book “Philosophers Take on the World” edited by David Edmonds (to appear 2016)

I also published popular science writing in The Conversation

Example:

“Why improving your own performance isn’t always good for the team”

(<https://theconversation.com/why-improving-your-own-performance-isnt-always-good-for-the-team-52023>)

Language (other than English)

German – fluent in speaking, reading, writing