



Wellness Committee Annual Assessment

June 4, 2020

Strategy	Current Policy	Strength of Current Policy			Implementation of Current Policy					Notes
<i>These are the strategies that you will be working to write into policy.</i>	<i>Write any <u>current policy</u> you have for each strategy into the corresponding boxes below. Next you will score the strength and implementation of each policy.</i>	Strong	Weak	No Policy	School Wide	Most Classrooms	A Few Classrooms	In Planning	No Classrooms	<i>Opportunities, Barriers, Resources Needed, Rank Policies by Priority, etc.</i>
Provide healthy choices for snacks and celebrations; limit unhealthy choices.	We provide a list of healthy party ideas to parents and teachers, including non-food celebration ideas.		✓					✓		
Provide water and low fat milk; limit or eliminate sugary beverages.	We provide low-fat milk to our students during breakfast and lunch. We have water fountains around our school campus. We also do not provide any sugary beverages to our students.	✓			✓					

Provide non-food rewards.	Foods and beverages will not be used as a reward, or withheld as punishment for any reason, such as for performance or behavior.	✓			✓					
Primarily non-food items should be sold through school fundraising activities.	We will make available to parents and teachers a list of healthy fundraising ideas.		✓				✓			
Provide opportunities for children to get physical activity every day.	We provide our students the opportunities to get physical activity every day through: physical education, dance, basketball, soccer and softball.	✓			✓					
The school demonstrates a commitment to neither deny nor require physical activity as a means of punishment.	Physical activity during the school day (including but not limited to recess, physical activity breaks, or physical education) will not be withheld as punishment for any reason.	✓			✓					

All stakeholders are able to participate in the development, review, update, and implementation of the Local School Wellness Policy. Please contact Director of School Operations, Evelyn Rodriguez, (323) 397-5647 for more details.