WHAT IS THE REDUCETARIAN MOVEMENT?

THE REDUCETARIAN MOVEMENT is comprised of individuals who are committed to eating less meat—red meat, poultry and seafood—as well as less dairy and fewer eggs, regardless of the degree or motivation.

IT’S HEALTHY
With less meat and more fruits and veggies, reducetarians live longer, healthier and happier lives.

IT’S EASY
Reducetarians set manageable and actionable goals to gradually eat fewer animal products.

IT’S GOOD
Eating less meat is good for the well-being of animals and the environment.

WE NEED YOUR HELP
We are working tirelessly to reduce the amount of animal products that our society consumes—but we need your help. Your donation helps us to mitigate global warming and biodiversity loss, decrease the risks of non-communicable diseases, like heart disease and cancer, among those most susceptible and spare farmed animals from a life-time of suffering and cruelty.

Please support the life-saving work of the Reducetarian Foundation today.

www.reducetarian.org
MISSION
The Reducetarian Foundation aims to improve human health, protect the environment and spare farm animals from cruelty by reducing societal consumption of animal products.

VISION
We envision a world in which our society’s consumption of red meat, poultry, seafood, eggs and dairy is significantly reduced.

CORE VALUES
In a few words: it’s not all-or-nothing. We celebrate the small changes in personal and institutional attitudes and behavior that collectively makes a significant difference in the world.

PROGRAMS
Education: Consumers around the world are encouraged to cut back on the amount of animal products they consume through online advertising campaigns, viral videos, disseminated literature, college campus clubs, published books, op-eds, media placements and our many outreach activities.

Research: To maximize our impact, we conduct empirical research studies in our lab that identify the most effective ways to reduce societal consumption of animal products.

Engagement: We actively build relationships with influencers and organizations that share our mission to significantly reduce animal product consumption. Our aim is to break down silos and increase collaboration, growing a somewhat fragmented and niche movement into a cohesive and mainstream one.

Innovation: We provide strategic marketing, communications and fundraising support to a select number of early-stage food companies that produce plant-based and cultured animal products. We connect students, scientists, investors and entrepreneurs with opportunities in the ‘good food’ sector.

25 Number of Food Entrepreneurs Supported
120 Humane Education Presentations
600+ Annual Summit Attendees
30 Op-eds
1 Documentary
2 Published Books
15 Campaign Translations
700,000+ TEDx Talk Views
2 Research Studies
15 Campaign Translations
600+ Annual Summit Attendees
30 Op-eds
1 Documentary
2 Published Books
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