

# Privacy and Confidentiality

All counselling is strictly confidential. Any records or even the fact that you are a client can only be released to others with your written permission or by a court order.

Exceptions to confidentiality are:

- in cases where there is suspected abuse of a child, a dependent adult or an elder, a therapist is required to report this to the appropriate authorities immediately
- if a client is threatening serious bodily harm to another person, the therapist is required to notify the police
- if a client intends to harm him or herself, the therapist will make every effort to work with the individual to ensure safety. If an individual does not cooperate, additional measures may be needed
- if a client's records are subpoenaed by a court of law.

This confidentiality contract adheres to Canadian law and to my professional Code of Ethics under the BC Association of Clinical Counsellors (BCACC).