

Michael "Frosti" Zernow

FILM/TV

League of Gods - Stunt Double - Cor. Dion Lam
Save The Children "World Marathon" PSA - Freerunning Actor/Youth Talent Cor.
Miley Cyrus "Bangerz Tour" Promo - Stunt Actor - Cor. Sean Graham
Girl Skateboards "Pretty Sweet" Film - Freerunning Stunts - Dir. Spike Jones
Conan O'Brien Show - Freerunning Performer - Cor. Luci Romberg

COMMERCIAL

Mountain Dew X NBA - "All Star Line Up" - Principle Actor - Dir. Joaquin Baca-Asay
T-Mobile "Never Quit" - Principle Actor - Dir. Marc Forster
Pepsi "Hold My Pepsi" - Stunt Actor - Cor. Pat Romano
Land Rover "Roam Free" - Stunt Actor - Cor. Sean Graham
Adidas "Rush" - Stunt Actor - Cor. Chris Riggert
BMW "Chinese Fire Drill" Promo - Stunt Actor - Cor. Gabe Nunez
K-Swiss "Race to Center Court" - Freerunning Double - Cor. Gary Jensen

STAGE

Nike - SS'16 Fashion Show - Lead Freerunner - Dir. Michael Schwandt
Ringling Bros. - Circus Xtreme - Freerunning/Tricking/Slackline
Choreographer & Consultant - Dir. Michael Schwandt
Uncharted 4 - Motion Capture - Drake/Young Drake - Naughty Dog Studios
Nickelodeon - 2015 Kids Choice Sports Awards - Freerunning Choreographer
Taurus Stunt Awards "Casino Royale" - Freerunning Performer - Cor. Billy Lucas
Madonna "World Confessions Tour" - Performer - Cor. Jamie King

HOST / SPEAKING

'16 - Red Bull Art of Motion - Santorini - Sideline Reporter - Red Bull TV
'15/16 - Trü Hope Summit - United Way - Motivational Speaker
'15 - RB AoM - Santorini - Live Correspondant & Commentary - Red Bull TV
'14 - Assassin's Creed Unity - Ubisoft - Chief Parkour Officer - Spokesperson for
Promo media/TV interviews/Online/Live Comic-Con Activation
'13/14 - Red Bull Art of Motion - Santorini - Event Host/Live MC
'13-15 - North American Parkour Championships - Vancouver - Live Commentary
'13 - Tempest Games - Los Angeles - MC/Commentary
'13 - Betsafe Air Wipp Challenge - Sweden - Live Commentary

ACHIEVEMENTS

- First sponsored pro freerunner in the USA
- Pro Parkour League Finals - 2011 - Runner Up
- Survived 27 days on CBS's Survivor: China (youngest competitor ever)
- Las Vegas finalist on Esquire/G4's American Ninja Warrior (fastest qualifying time in history)



SAG/AFTRA

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FrostiSavesTheWorld.com