In this edition I wanted to take the opportunity to comment on the 2014 CAPE Annual Meeting, where I feel we are as an organization, and to announce that my term as President will be ending this coming year.

To the last point first, I informed the executive and the membership at the recent Annual General Meeting that we will need to install a new President at the AGM in 2016. As outlined in our constitution, I will be staying on the executive for 2015-2016 as Past-President so I am happy I will be continuing to serve our members. With regards to the state of the union, I am extremely pleased about what we have accomplished together over the past few years since I became President. Here are a few I am most proud of: (1) drafting and ratification of our constitution and terms of reference. This document has allowed us to formalize processes around elections, how we manage and report our finances, and how we make decisions as a group. It also is a clear sign of organizational maturity; (2) The newsletter; in the capable hands of Gus Thompson, we once again have a direct mechanism to communicate with our members and he has done an outstanding job of producing a series that is both informative and enjoyable; (3) greater student/trainee participation. While we still have more to do on this front, we now have student representation on our executive, and every year, more and more students and fellows are asking how they can become more actively involved in CAPE activities; and finally: (4) the creation of named awards for student/trainee poster and oral presentations. This not only allows us to celebrate the achievements of our students/trainees, it honours two of the most influential members of CAPE – Dr. Jane Murphy and Roger Bland.

My last comment is in relation to the 2014 Annual Meeting. Once again, I was extremely impressed by the quality of the science, and the vigorous participation of the members. The conference organizers are to be commended for continuing our tradition of excellence in hosting a truly first-class scientific meeting.

So, as I will be staying on for another year, this is not goodbye. I did think it timely though to reflect on what we have achieved together as we will be voting soon on the next President. Given we are a small organization with meagre resources run by volunteers who all are extremely busy, the achievements we have made are all the more impressive. My sincere thanks to all members who worked with me to make these things happen.

John Cairney, Ph.D.
CAPE President
Professor, McMaster University
The 2014 Alex Leighton Award Winner

Elliot M Goldner

Dr Elliot Goldner is a researcher and psychiatrist who has turned a high level of training into even higher levels of service. He earned an Honours BSc (Toronto), an MD (Calgary) plus an MHSc in epidemiology and qualification in psychiatry (British Columbia). His early career involved clinical work with individuals struggling with mental illnesses and addiction in Vancouver’s core as well as the creation of specialized services for people with eating disorders. Later, Dr Goldner was made the Director of British Columbia’s Eating Disorder Programs where he established a province-wide network of treatment services and an outcome-based research program. Dr Goldner expanded his attention to all mental health and addiction problems while developing a research unit that provided information and policy advice to governments to advance quality services.

It should be added that Dr Goldner was an active member of the University of British Columbia’s Faculty of Medicine for 20 years, where, among several contributions, he founded and directed the Division of Mental Health Policy & Services and the highly regarded Mental Health Evaluation & Community Consultation Unit (MHECCU).

Dr Goldner is past Chair of the Science Advisory Committee of the Mental Health Commission of Canada and the Scientific Lead of the Commission’s Knowledge Exchange Centre. Now at Simon Fraser University, Dr Goldner founded the Centre for Applied Research in Mental Health & Addiction (CARMHA), an internationally renowned research centre that promotes evidence-based policies and practices.

Dr Goldner is the author of more than 100 scientific publications and is the lead author of a textbook entitled ‘A Concise Introduction to Mental Health in Canada’. His research focuses on the advancement of policies and services that address mental health and substance use at the population level. He works closely with governments and national organizations, particularly the British Columbia Ministry of Health and the Mental Health Commission of Canada, to provide research information that supports evidence-based decision making and assist in the implementation of improved service delivery systems. Particular emphases include effective integration of mental health services into primary health care, enhancements to workplace practices, effective knowledge translation, and implementation practices.

Dr Goldner has developed and taught mental health and substance use courses at both UBC and SFU. To advance the healthcare system’s approach to mental illness and addiction he directed a national initiative (Research in Addiction & Mental Health Policy & Services) that trained 40 new doctoral and post-doctoral students in high quality research methods.

Dr Goldner continues to search for new areas of need.

The Alex Leighton Joint CPA-CAPE Award in Psychiatric Epidemiology

This award was created in honour of Professor Alex Leighton, a pioneer and leader of Canadian psychiatric epidemiology. Its purpose is to recognize a person or group that has contributed significantly to the advancement of Canadian psychiatric epidemiology through innovative studies, methods development, teaching or knowledge transfer. It can relate to lifelong activities or to a recent significant achievement.
It was an excellent conference. We were treated to a timely and scholarly keynote address on improving healthcare for patients with serious mental disorders by Dr Benjamin Druss of Emory University. His lucid presentation of the leading-edge work of he and his colleagues highlighted opportunities to close the gap between evidence and mental health policy in addressing the poor physical health status and premature mortality for people with serious mental illnesses. His work helped serve as a reminder of the importance of moving from associations to outcomes, and from outcomes to clinical practice and policy.

The day also included oral and poster presentations by researchers and students from institutions across the country plus an expert panel on policy and prevention.

A highlight of the day was the well-deserved presentation of the Alexander Leighton Prize to Dr Elliot Goldner (see above) followed by his presentation of this year’s Leighton Address.

We were also treated to many cogent and methodologically strong student presentations. After what must have been a difficult set of deliberations, the scientific panel named Isabelle Vallerand as the recipient of the Jane Murphy Award (poster). There was a tie for the Roger Bland Award (oral presentation), with Alexandra Blair and Jennifer Dykxhoorn both being honoured.

A large vote of thanks is due to the conference conveners, Drs. Karen Urbanoski and Paul Kurdyak of the Centre for Addiction and Mental Health. Thanks are also due to Stacey Penaloza, also of CAMH, who handled many of the administrative issues, including our conference registrations.

An Editor’s lapse resulted in the winners of the 2013 student/trainee distinctions (i.e. the Roger Bland and Jane Murphy Awards) being omitted from the appropriate issue of the CAPE Chronicle. That has been rectified by their inclusion in this issue. Apologies and belated congratulations to these high-calibre researchers.
Oral Presentations: CAPE 2014

Jennifer Dotchin
Mental Health Commission of Canada
and
Amanda Butler
Simon Fraser University

Alain Lesage
Institut universitaire en santé mentale du Montréal
A surveillance system to monitor excess mortality of the mentally ill in Canada

The MHCC Data Project and the Mental Health and Addictions Collaboration: An Introduction

Alexandra Blair
McGill University
Longitudinal effects of neighbourhood social and material deprivation change on psychological distress in urban Canadian adults

Joyce Cheng
Centre for Addiction and Mental Health
Costs of mental health care services among high cost users in Ontario

Lise Thibodeau
Université de Montréal
Age-period cohort (APC-IE) analysis of suicide mortality in Canada from 1926-2008

Steve Kisely
Univ. of Queensland
Sans teeth, sans eyes, sans taste, sans everything: A meta-analysis on dental disease in people with psychosis and dementia

Kelly Anderson
University of Western Ontario
The First-Contact Incidence of Schizophrenia among Immigrants to Ontario
Oral Presentations2: CAPE 2014

Tracie Afifi
University of Manitoba
Child abuse and mental and physical health in Canada

Giselle Kraus
McGill University
The effect of childhood adversity on clinical severity in mood disorders

Ian Colman
University of Ottawa
Factors associated with consistency in adult reporting of childhood traumatic events

Jennifer Dykxhoorn
University of Ottawa
Early life predictors of adolescent suicidal thoughts

Student/Trainee Awards

Winners of the 2014 Roger Bland Award for Excellence (tie) for an oral paper by a student.
Presented by Dr Bland (right) and CAPE President Dr John Cairney

Jennifer Dykxhoorn
University of Ottawa

Alexandra Blair
McGill University
Isabelle Vallerand  
University of Calgary  
Winner of the 2014 Jane Murphy Award for excellence in a poster presentation. Isabelle is pictured with Dr Murphy (right) and CAPE President Dr John Cairney.

Belated Congratulations to the 2013 Student Awardees

Winners of the 2013 Roger Bland Award of Excellence for an oral paper  
Presented by Dr Bland

Michael Martin  
University of Ottawa

Shelley Wepruck  
Simon Fraser University

Bonnie Au  
McGill University  
Winner of the 2013 Jane Murphy Award for excellence in a poster presentation.  
Presented by Dr Murphy
CAPE Icons Play Major Role in Groundbreaking Consensus Conference on Mental Health Transitions

Dr Alain Lesage is serving as the Jury Chair in this important dissection of the means by which we can improve the effectiveness of our system’s handling of the transitions facing those with a serious mental illness.

Serving as the Scientific Chair is Dr Roger Bland who held the major responsibility for the arrangement of topics as well as the engagement of knowledgeable speakers.

This conference is sponsored by the Alberta Government and is one in a series of consensus conferences organized by the Institute of Health Economics (IHE).

Following the IHE model, this conference involves 25 experts, including at least three CAPE members, who will provide scientific evidence and testimony around six specific questions that are key to understanding the transitions that are under scrutiny. This evidence will be presented to a jury of 12 independent and knowledgeable individuals over two days in front of conference attendees. The jury will then consider the mass of information during a “sequestered” long evening and Dr Lesage will present its consensus recommendations on the morning of the third day. The findings will subsequently be widely disseminated across the Canadian health-care system.

Program

DAY 1 ï Tuesday, November 4, 2014

An Overview ï Mental Health Transitions
Roger Bland, CM, MB, Univ. of Alberta

Question 1: What is severe and persistent mental illness (SPMI) and its social and economic consequences?
1. What is the magnitude of the problem?
   Scott Patten MD, PhD. Univ. of Calgary.

2. Living with SPMI; a personal perspective. Austin Mardon, PhD, LLD(Hon.), John Dossetor Health Ethics Centre, Univ. of Alberta
3. Social impacts of SPMI on individuals and families. Sara Lapsley, Forensic Psychiatric Hospital, BC.
4. What are the connections between mental illness and homelessness? Tim Aubry PhD, Univ. of Ottawa.

Question 2: What is the effectiveness of current interventions to improve mental health transitions?
1. Outcomes of long term medications. Thomas Raedler, MD Univ.of Calgary.
2. How effective are psychosocial interventions? Thomas Becker, Chair, Dept of Psychiatry, Ulm Univ. Germany
3. How effective are psychological therapies? Philippa Garety, PhD. Psychosis CAG & the Maudsley NHS Foundation Trust, UK
4. The role of Assertive Community Treatment. Gerrit van der Leer, Exec Dir, Mental Health & Addictions, BC

Question 3: What is the evidence for the role of other support systems, including primary care in effective interventions?
1. What are the alternatives to hospital care for people with SPMI? Richard Warner, MB, DPM, Univ. of Colorado
2. Integrating Crisis and ACT teams. Dan Cohen, MD, PhD. Mental Health Care North-Holland, The Netherlands
3. How can family physicians best support people with SPMI in the community? Linda Gask PhD, University of Manchester, UK
4. How have Mental Health Courts, Diversion Programs, and alternative sentencing been able to assist people with SPMI? Richard Schneider, PhD, LLB, University of Toronto
5. What role do non-government organisations play in effective support systems? Orrin Lyseng, Alberta Alliance for Mental Illness and Mental Health
Question 4: What are the effective systems for supporting people with SPMI?
1. Long-term mental health care: for whom, how and where? Giovanni de Girolamo, MD, PhD, Dept of Mental Health, Bologna.
2. What is the role of Government in planning mental health strategies? Steve Lurie MSW, Canadian Mental Health Assoc.
3. How important is continuity of care and integration in the provision of effective support? Carol Adair PhD, Univ. of Calgary
4. What are the effects of supported employment strategies for people with SPMI? Eric Latimer, PhD, Douglas Institute and McGill University

Question 5: What information tools are required for high quality system management?
1. Basic support decision tools for mental health system improvement. Luis Salvador Carulla, MD PhD, Univ. of Sydney.
2. The use of information systems for improving quality of care in severe mental illness. Antonio Lora MD, Mental Health Department, Lecco General Hospital, Italy
3. What are the most effective forms of knowledge transfer to improve quality of care? Elliot Goldner, Simon Fraser Univ.
4. Financial incentives - the role of provider payment mechanisms in relation to the quality of mental health care. Heinz Katschnig, MD, Medical University of Vienna, and CEO, IMEHPs Research.
5. A road map for mental health research. David McDaid, London School of Economics, London, UK

Question 6: What further research is needed?
- Panel Discussion - What are the priorities for research and spending in this field? Jitender Sareen MD, Univ. of Manitoba

CAPE/ACÉP was organized in 1984 by a multi-disciplinary group to: (1) facilitate communication among those involved in psychiatric epidemiology in Canada, (2) provide information & advice to policy makers, clinicians & scientists in the mental health field, and (3) support quality improvement in psychiatric epidemiology training in Canadian centres.

Visit the CAPE/ACÉP website:
http://www.psychiatricepidemiology.ca/
Send submissions & announcements to Gus Thompson, Editor
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