



Yoga*VSC

February Schedule

Location: 36 School St., Johnson!!!

Monday

4:30-6:00 pm Kripalu 1-2 with Pat

Tuesday

4:30-5:45 pm Vinyasa 2 with Meghan

Wednesday

4:30-5:45 pm Go with the Flow Yoga 2 with Megan R.

Thursday

9:30-11:00 am Kripalu Gentle with Pat

4:30-5:45 pm Vinyasa 2-3 with Meghan

Friday

4-6pm Ecstatic Dance with Rebekah

Saturday

10:30- 11:45 Weekend Warrior Flow with Patty

Sunday

3-5pm Ecstatic Dance with Rebekah

- **2 Week Unlimited Pass: \$55**
- **1 Month Unlimited Pass: \$105**
- **Single yoga class: \$13 (\$11 for students and seniors)**

Please allow yourself plenty of time before class to arrive at the studio, sign in, and find presence.

Our doors are open to all. Let's share space together.