

Local Bee Propolis Tincture

Bee Propolis is tree resin, collected and used by bees to improve the overall health of the inside of the bee hives. A lot of research is currently going on that is validating the highly medicine properties of propolis for both the bees and for humans.

Research is showing propolis to be a great healer for wounds, cold sores, fungal infections, and much more. It is highly antibacterial, antiviral, and antifungal. It is also used as “internal medicine” for its immune stimulating properties which help with flu and cold like symptoms.

Bees use this material to tightly seal their homes to keep themselves safe from germs, predators and attacks. Chemically, propolis is exceedingly complex and contains a very rich variety of potent terpenes, benzoic, caffeic, cinnamic, and phenolic acids. It is also high in flavonoids, which may account for many its health attributes.

Uses for Propolis

Internally

- It stimulates the immune system and is known to prevent lung infections such as colds and flus
- It's known to help with faster recovery from colds and viruses such as influenza
- In many cases it helps to lower cholesterol
- Can help alleviate ulcers and liver health issues

Externally

- Strong antibacterial properties on wounds and sores
- Anti-inflammatory
- Strong antifungal properties on wounds and sores
- Yeast infections (Candidiasis)
- Common skin warts
- Helps alleviate cold sores and herpes

Our propolis tincture is made by our organic, locally owned bee. It is created with food grade alcohol and the finest pure raw propolis. Propolis is commonly used and considered very safe. It's found in cosmetics, herbal dietary supplements, gum, throat sprays, etc. A typical dose internally is 20-30 drops in water with honey daily. Externally use enough to thoroughly coat the affected area. Shelf life is 1-2 year when kept in a cool dark place.

Availability

BHealthy BHappy Propolis is available in two forms and seasonal as the bees provide excess propolis.

- 2 oz containers- \$15.00
- Elderberry Propolis (For increased Vitamin C) and Straight Propolis

Disclaimer

For informational and educational purposes only. This information is based on scientific studies, clinical experience, or traditional usage. These statements have not been evaluated by the FDA. **This product is not intended to diagnose, treat, cure, or prevent any disease.**