

## Ongoing Opportunities

### Men's Breakfast Study

Second Sunday of each month, 7:00-8:30am  
Dining Room

*This ongoing group offers fellowship with other men of the church, good food and good discussions about being a man of faith in today's society. Each month a different discussion leader brings a topic for the group to discuss.*

### Circle of Sisters

Fourth Monday of the Month, 7:00-8:30pm  
September to June  
Facilitators: Rev. Greta Hietpas and others

*This is a monthly women's ministry designed to provide a small group experience to meet the unique needs women have to connect and share. Each meeting will include worship, prayer, book study and fellowship. This year's book is The Power of a Focused Heart: 8 Life lessons from the Beatitudes by Mary Lou Redding.*

### Basic Membership Class or BASICS

Sundays, 10:30-11:30am  
February 7, 14, 21, 28

*We invite everyone who is thinking about joining our church to participate in the Basic Membership Class. If you have small children, nursery care is staffed by two trained adults. You will be given a pager so if there is an issue, the nursery staff will page you. This class will cover basic information about United Methodist beliefs, a look at our founder, John Wesley and specific information about how the United Methodist Church works in Waukesha, Wisconsin, nationally and internationally.*

*This class runs once in fall and once in spring. Please check the bulletin for updates.*

*If you have any questions, please call Cheryl Printz at 262-542-4256 or e-mail [cnprintz@sbcglobal.net](mailto:cnprintz@sbcglobal.net).*

### Silent Saturday

Third Saturday of each month, 9:00-11:30am  
Room 209

*This morning of peace and spiritual connection consists of three periods of silent meditation on Sunday's Gospel reading (Lexio Divina) and a brief discussion of our reflection. Beginners welcome! For further information or questions contact Julie LaPaz at 414-690-3308 or [jjlapaz@att.net](mailto:jjlapaz@att.net).*

## Online Opportunities

The United Methodist Communications Online Training Center offers classes including:

- Communicating Faith in the 21<sup>st</sup> Century
- Turning Connectional Living into Connectional Giving
- United Methodism 101
- Welcoming Ministry 100

*These classes are free or cost under \$30. Go to [www.umctraining.org](http://www.umctraining.org) to register. Please contact Rev. Greta Hietpas if you would like to have a scholarship to take a class. Also, please give her your feedback about classes!*

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*The Spiritual Formation Team seeks to offer classes in five areas: Bible Study, Spiritual Practices, Social Justice, Theology/Christian Thought and Movie and Book Studies. All classes are open to everyone. You do not have to be a member of this church to participate in a group. If childcare is needed, please let us know.*

*We always value your input, so please let us know what other classes you would like to see offered. You can give your ideas to any of the Spiritual Formation team members: Jan Arreola, Shirley Chilson, Jim Hewitt, Kathy Johnson, Patty Meilicke, Betty Mulloy, John Sheaffer, Gary Stevens, Amy Thornton or Rev. Greta Hietpas.*

# Spiritual Formation

Winter-Spring 2016



2016

## The Year of Community

*We seek to be a people that God might dwell among – open, honest, accepting, welcoming, and nonjudgmental. We recognize that we are better together than apart.\**

First United Methodist Church  
121 Wisconsin Avenue  
Waukesha, WI 53186  
262-542-4256

[www.fumcwaukesha.org](http://www.fumcwaukesha.org)

## ***Winter/Spring Classes***

*Sign-up sheets in the Asbury Room.  
Participants pay for books if it is not a hardship.*

### **The Gospel of Luke**

Mondays, 6:30-8pm  
January 25 - February 22 (5 weeks)  
Leader: Rev. Dan Schwerin

*Using Luke's Gospel from Scratch, this class will provide an opportunity to read the gospel and enjoy learning its major themes.*

### **Dwelling in the Word**

Tuesday, January 26, 2-3:30pm  
and/or  
Sunday, March 6, 10:30am-12:00pm  
Leader: Nina Kohl

*In contrast to the more scholarly, intellectual approaches to Bible Study, this is an opportunity to engage in soulful, contemplative Bible reading that prayerfully opens up a conversation with God. As we listen to the Lord speak, through God's Word, to the specific life issues we have, we open ourselves to the transforming spirit of the living God in our midst. Dwelling in the Word is also known as Lectio Divina. No experience necessary.*

### **UMW Retreat:**

#### **Sacred Space for Our Stories**

Saturday, February 20, 9:00am – 1:00pm  
Leader: Rev. Greta Hietpas

*This day retreat will provide an opportunity to consider how our life stories are a part of God's grand story. We will share, listen to, and honor each other's stories, recognizing the Holy Spirit at work in our lives.*

## **Bible 101: The New Testament**

Tuesdays, 6:30-8:00pm

### **April 5 - Mandatory first meeting**

(unless you have already attended a Bible 101 first meeting)  
Followed by classes April 12-May 24 (8 weeks)  
Leader: Rev. Greta Hietpas

*If you have never learned much about the Bible or it has been a long time since you have studied it, you may not know how fascinating the New Testament is! This beginning class aims to increase interest in the Bible, provide an overview of the New Testament's content, and develop skills for further study in your faith journey. The class will use the book The Bible from Scratch: The New Testament for Beginners.*

## **Lent**

*Theme: Soul Stories  
Ash Wednesday Potluck and Worship  
Experience– February 10  
Maundy Thursday Service – March 24*

***Please watch the bulletin for additional opportunities!***

### **Coming Attractions**

*The team is currently considering these and other possible future formation opportunities.*

### **Story Theology**

### **Christian Caregiving**

### **Covenant Bible Study – Fall 2016**

\* Susan Beaumont, *Inside the Large Congregation* (Lanham: The Alban Institute, 2011), 195.

## ***Weekly Opportunities***

### **FaithLink**

Sundays, 10:30-11:30am – Room 216  
Facilitators: Tom Riese,  
Gary Stevens, JoAnn Wright and Tony Linz

*In this study, a different topic covering a recent event or current issue is discussed. The class looks at the issue, studies how the Bible informs our beliefs and actions, and discusses how we relate and respond to the issue as individuals and as a church.*

### **Monday Morning Bible Study**

9:30-11:00am – Room 209  
Facilitator: Betty Moore

*This is a focused Bible Study that concentrates on one book of scripture at a time.*

### **Centering Prayer**

Wednesdays, 9:30-11:30 am – Room 209

*This ongoing small group is an opportunity to learn a deeper way of being in relationship with God in the stillness of silence. It is a prayer of surrender to God's presence and activity within us.*

### **Thursday Morning Discussion Group**

Thursdays, 7:00-8:00am – Room 101

*This study is led by a variety of people. Study topics are short-term and of interest to the group. Discussion is accompanied by breakfast.*