

# Lumossity by Woolly Wormhead



## *Yarn*

150g/82yd/75m  
Super bulky weight, plied yarn

## *Needles & Notions*

Set 8mm/UK0/US11 DPNs/Circular or size needed to obtain gauge  
Stitch marker as necessary  
Tapestry needle

## *Sample details*

Shown in Schachenmayr Lumio [82yd/75m per 150g; 91% Acrylic, 9% Polyester]

Shown in size 22in/55cm on model with 20.5in/52cm circumference head.

Sample weighs 102g.

## *Gauge*

8 sts x 12 rows to 4in/10cm on 8mm needles over Moss (Seed) Stitch

## *Sizes*

To fit size: 18 [20, 22, 24] in/45.75 [50.75, 55, 61] cm

Finished size: 15.5 [17.5, 19.5, 21.5] in/39.5 [44.5, 49.5, 54.5] cm

## *Skills required*

Knit & purl sts, knitting in the round, specialist cast-on & bind-off

*Abbreviations*

K:	knit
P:	purl
RS:	right side
WS:	wrong side
Rnd/rnd:	round
rpt:	repeat
st(s):	stitch(es)
St.St.:	Stocking (Stockinette) stitch

*Pattern Support*

I'm afraid I'm unable to offer pattern support via email for my free patterns. Should you have any questions regarding this pattern please visit the Woolly Wormhead group on Ravelry:  
<http://www.ravelry.com/groups/woolly-wormheads-hats>

*Special Techniques*

Alternate Cable cast-on and Crochet bind-off – tutorials can be downloaded as PDFs from here:  
<http://www.woollywormhead.com/knitting-crochet/>

*How to*

Using Alternate Cable cast-on method, and treating the slip knot as the first stitch cast on (i.e. a purl stitch) cast on 31 [35, 39, 43] sts. The last stitch cast on will also be a purl stitch.

Foundation Row: K1, \*P1, K1; rpt from \* to end

Join in the round, being careful not to twist sts. Place stitch marker to indicate start of round.

*Body*

Rnd 1: P1, \*K1, P1; rpt from \* to end

Rnd 2: K1, \*P1, K1; rpt from \* to end

These 2 rounds create Moss (Seed) Stitch in the round. The pattern is worked across an odd number of stitches as knitting in the round is akin to knitting in a spiral; this then keeps the pattern continuous (a knit stitch always follows a purl stitch, and vice versa)

Repeat these 2 rounds until work measures 6 [7, 8, 9] in/15.25 [17.75, 20.25, 22.75] cm.

*Crown*

Fold work in half so that WS are together and perform Crochet bind-off to close the top.

*Finishing*

Weave in all ends. A gentle wash and blocking is recommended; avoid over-stretching the Hat.

*About Aran, and Kidney charities*

Since late December 2013, Aran (my son, featured in the photos) has been battling acute kidney disease since developing a complication after contracting impetigo then bronchial pneumonia. The pneumonia was the easy bit; the post streptococcal glomerulonephritis sent him into renal failure.

Thankfully, with care and brilliant doctors, he recovered from renal failure without major intervention, yet less than a month later strep-throat, that most common of childhood illnesses, hospitalised him again. A further two months on he was diagnosed with HSP, another kidney threatening complication, and we've been on kidney-watch ever since.

He is recovering remarkably well, and thankfully the consultants tell us that they feel his chances long term are good, but they cannot rule out chronic kidney disease for life. The more doctors we've seen and the more tests he's had, the less we know about these uncommon conditions; the odds of developing one complication are slim; developing both is very rare.

This Hat was knit whilst we were in hospital the first time, and it was the Hat Aran wore when we were first allowed off ward briefly for a walk and some fresh air. I published this pattern on Aran's 7<sup>th</sup> birthday, 14 months after developing post-strep GN, and would like to ask that if possible you kindly donate to your local kidney charity. Research into kidney disease, it's causes & potential cures is a cause that's understandably very close to our hearts.

Kidney Research UK  
<http://www.kidneyresearchuk.org/>

National Kidney Foundation (US)  
<https://www.kidney.org/>

Thank you :)



# Woolly Wormhead



Woolly Wormhead is a Hat Architect.

With an instinctive flair for unusual construction and a passion for innovation, Woolly Wormhead is a designer whose patterns are trusted and celebrated by knitters all over the world. As a designer, Woolly is driven by a need to create and develop her understanding of 3D form. Communicating her ideas and sharing her specialised knowledge with her audiences is key to Woolly's success as a designer. Woolly's high quality pattern writing ensures perfect results, teaches new skills and encourages us all to become Hat architects.

Visit [www.woollywormhead.com](http://www.woollywormhead.com) for further details.